

REAL ESTATE

COMFORTABLE SEASIDE ELEGANCE

COMMUNITY CLASSIFIEDS



PAGE B1

COHASSET MARINER

Friday, April 3, 2015

Cohasset.WickedLocal.com

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WHAT'S INSIDE

SCHOOLS, A4

NEWS

Town is late to the table

Flood maps make premiums soar

By Mary Ford mford@wickedlocal.com

Velocity zones and the Biggert-Waters Act of 2012

Cohasset's north and south. all in Plymouth County, have been fighting huge increases in flood insurance - Cohasset has seemed relatively immune.

While its neighbors to homes and properties in town could be facing man, lives in Sandy Cove can always appeal, it is just huge hikes in insurance that is affected by the new tougher that is all." premiums.

The question is: can the town join the fight?

Well that's all changed. Atlantic Ave., told the Board the Federal Emergency ing the cost to conduct an have not really been part of The proverbial flood- of Selectmen on Tuesday Management Agency that the Cohasset lexicon over gates have opened and that the time to appeal in has compiled the new flood

flood maps.

are in stone as far as FEMA

a substantial number of Norfolk County has closed. maps. But Dormitzer added Dormitzer, a former select- that all hope is not lost. "You

To that end selectmen "The maps are firm and have charged town facilities manager Brian Joyce Ralph Dormitzer, 111 goes," Dormitzer said about with the task of determin-

SEE FLOOD, A5

FACULTY BASKETBALL

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ENGAGEMENT

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GIMME SHELTER

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ROAD RACE



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DEALING WITH DRUGS

Pills put him in prison

Working to rebuild his life, inmate shares story of crime and addiction

By Seth Jacobson

sjacobson@wickedlocal.com

The following is a profile of an inmate at the Plymouth County House of Corrections. His last name was not used for privacy reasons.

ichael will be the first to admit that it was opiates that put him in jail.

This is unacceptable to me," Michael said, gesturing to his prison surroundings. "I shouldn't have let this happen."

Michael, 35, has been incarcerated since 2013. He committed a number of larcenies to feed his drug habit and ended up on the wrong side of the law. At one point, Michael

was released from prison but he ended up back in jail after slipping back into his old ways once on the outside.

Now, a resident of the jail's substance abuse unit, Michael said he is rebuilding his life and "working

"The frustrating thing about all this is that I'm a mechanic - I could always fix anything, anything that is except myself."

Michael, an inmate at the Plymouth County House of Corrections

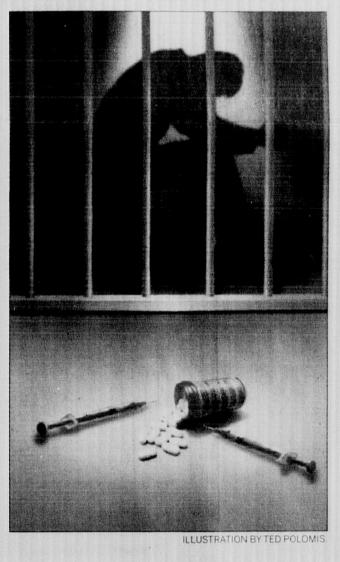
on himself."

But he says opiate addiction is cycle that is extremely tough to break.

"When I was a young guy, I started drinking alcohol," Michael said. "I don't know what it was when I drank, I felt right. A few years back, around 2007, I broke my leg and the doctor prescribed Vicodin. When I tried those, drinking took a back seat - I was like 'where have you been all my life?' And I figured that it was OK because a doctor gave them to me. They were

legal." Michael said the doctor gave him a large number

SEE PRISON, B13



FORUM REPORT

Water Dept.

Weighing options for dousing debt

By Amanda C. Thompson

At last fall's Special Town Meeting, voters weren't ready to approve new water fees without more information and requested that the Water Department conduct a rate study. Now, that study has been completed. Woodard and Curran Vice President Toby Fedder presented the results at a forum held in the Paul Pratt Library on Monday night.

The intent of the study, as stated in a letter report to Water Commissioner Leonora Jenkins, was to "identify the actual costs the utility incurs" when providing services to customers, to ensure that all customers are being billed equitably, and to evaluate the Department's revenue model to maintain the utility's financial viability.

The Woodard and Curran study outlined a set of recommended rates and practices based on their findings, which the Board

SEE DEBT, A14

BUSINESS

Cohasset dog boutique delivers

Local family serves man's best friend

By Anya Gruber correspondent

Fetch Boutique, you will be greeted by an energetic, floppy-eared little dog named Zack who will nudge you with his nose. After being shown in by Zack, who also happens to be Fetch Boutique's mascot featured in the logo, you will meet the two equally friendly

As soon as you walk into

Inside the shop is a collection of dog toys and collars

Montgomery.

(though less furry) owners

of Fetch, Joanne and Monty

in cheery, bright colors, as well as treats, food and even dog birthday cakes, complete with frosting and sprinkles. However, the shop's main goal is to provide high-quality, vitamin-rich food for dogs and cats. Joanne and Monty are avid dog people, though, and concentrate on providing products specifically for dogs.

The Montgomery family moved to Cohasset three years ago and opened Fetch in November, after lamenting the fact that Cohasset had few convenient places to buy high-quality pet food. They decided to open Fetch after serendipitously meeting the landlord of the then-vacant storefront. "Next thing we knew, we had a

store," said Joanne, laughing.

Though they carry a huge variety of items, the main focus of Fetch is to provide pets with good-quality food. "It's a nutritional thing," said Monty, and described healthy food with little filler as "like a steak." Fetch carries high-quality food that is best for dogs and helps keep them healthy. Monty commented that he's met many dogs whose fur became much more lustrous and healthy once they started eating food with higher-quality ingredients.

Many of the packages of food proclaim that they are "grain-free." Monty said,

SEE DOGS, A9



Monty and Joanne Montgomery stand in their store, Fetch, with their dog, Zachary B. Farnesworth the III or "Zack". WICKED LOCAL STAFF PHOTO/

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7/23

Cinderella

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RT 18 TO RT 139W (Left at sign for Ames Nowell State Park)



The Mariner caught up with Cohasset's newest police officer, Rudy Helbock, this week. If you see Officer Helbock around town, be sure to tell him that you spotted him in Picture This! COURTESY PHOTO

Rudy Helbock

Name: Rudy Helbock. Occupation: Cohasset

Best day of my life: Graduating from the Massachusetts State Police Municipal Academy (February 13th 2015).

Best vacation: Any time I can visit Shelter Island, N.Y.

Favorite season: Spring.

Favorite holiday: Flag Day (the day after my birthday).

Favorite junk food: Buffalo

Favorite book: "The Killer Angels," by Michael Shaara,

Favorite movie: "Animal House.

Favorite TV show:

Favorite music: Rock

Pet peeve: People letting their dogs off of their leashes in public.

Fun Fact: I've worked for three police departments in two states. I was a Traffic Control Officer in Shelter

Island, N.Y. for five summers and a Police Aide in Eastchester. NY in college before coming to Cohasset PD. Goal: To serve the people of Cohasset as well as possible

Person I'd like to meet: Ronald Reagan.

Biggest worry: Being as good a Police Officer as my Grandfather and Uncle who were both successful NYPD Officers.

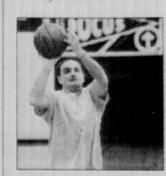
Best part of Cohasset: The CPD, a great team to

ONLY ONLINE

.com COHASSET

PHOTOS

Faculty basketball fun



VIDEO

Dishing it out at Memphis Joe's in Weymouth

BLOG: WILD ABOUT BIRDS

Pam French, owner of Wild Birds Unlimited, has the word on birds.

HOW TWEET IT IS

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STORIES

MOST POPULAR

- National Register for cemeteries
- Group to plan Cohasset's
- 250th birthday in 2020 ■ DRUGS: The rough road
- to recovery ■ New Cohasset police
- officer has Cohasset roots ■ Taking aim at affordable
- housing track record in

COHASSET ELDER AFFIARS

Cohasset Cafe at Willcutt Commons

The following programs will take place at 3 North Main St. Call Cohasset Elder Affairs at 781-383-9112 if interested in attending events and activities or for more information.

Note: Beginning March 24, Cohasset Elder Affairs events and activities scheduled for Tuesdays and Thursdays will be held at Willcutt Commons, 91 Sohier St. Other events and activities will remain at 3 North Main S. unless otherwise stated. Cohasset Café.

Mondays, 9 to 11 a.m. Join others for coffee,

Thursday

3:04

9.3

1.800. DoodyCalls (366.3922)

Melectric contract to the contract of the cont

3:38

conversation and breakfast May 6, 1 to 2:30 p.m. treats. Coordinated by the Friends of Cohasset Elder Affairs, at Willcutt Commons. 91 Sohier St.

Veterans Services Hours: Vinnie Fountaine. Cohasset Veteran's Service Officer will be available to provide assistance related to state veteran's benefits, VA benefits, housing, schooling or other veteran's programs. Stop by on Tuesdays from 1 to 4 . p.m. or contact Vinnie by phone at 781-635-4407.

Sohier Street. **Powerful Tools for Care**givers: April 1 through

At Willcutt Commons, 91

This educational series is designed to help caregivers reduce stress, balance their lives and locate resources. Sponsored by Cohasset Elder Affairs and Duxbury Council on Aging, the sixweek class will take place on successive Wednesdays at Cohasset Elder Affairs, 3 North Main St., Cohasset. Register no later than March 25 by calling Nancy Lafauce, Cohasset Elder Affairs, at 781-383-9112 or Donna Ciappina, Duxbury Council on Aging, at 781-934-5774,

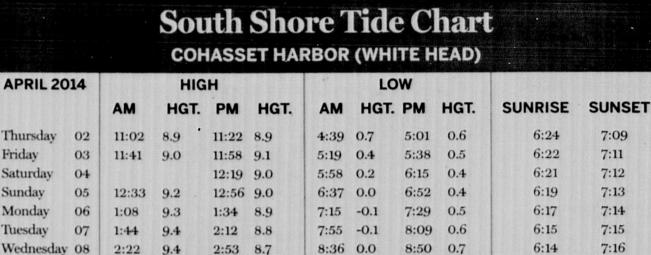
ext. 105. **New Program Gentle** Yoga: Tuesdays, beginning,

April 7, at 9:30 a.m. Beginner friendly, gentle yoga class. Feel younger with each breath. Dress comfortably and bring your own mat. Cost is \$5 per class. Class will be held at Willcutt Commons, 91 Sohier St.,

Luncheon Program: Hahn Homehealthcare. Wednesday, April 8, 11 a.m., Interactive discussion on maintaining your independence, touching on topics such as diet, honesty with your doctors and yourself, hobbies to keep your brain stimulated, and knowing when to ask for help. Lunch to follow at Willcutt Commons, 91 Sohier St.



at 781-433-7965

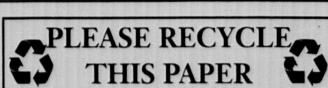


Please be aware that all tide charts are really just predictions and assume average weather conditions. Usually, onshore winds or low barometric pressure will produce higher tides than predicted and vice-versa.

9:21 0.1

9:36





6:12

7:17

Tuesday, April 7, 6:30 PM SUPPER with the AUTHORS

Buttonwood Books and Toys hosts

SUPPER with the AUTHORS featuring

HALLIE EPHRON, Night Night Sleep Tight and

HOLLY ROBINSON, Haven Lake

at Buttonwood Books and Toys, Cohasset Light Supper arranged through FRESH FEAST of Cohasset

Reservations required and tickets are \$12.00 each

Buttonwood Books and Toys, 781-383-2665 Shaw's Plaza, Rte. 3A, Cohasset

POLICE BEAT

Car ends up on tracks in heavy fog

By Mary Ford mford@wickedlocal.com

Stuck on tracks

Police said a 42-yearold man from Hyde Park. who was unfamiliar with the area, drove off N. Main Street in heavy fog in his 2011 Nissan Altima on Thursday (March 26) around 7:22 p.m. and onto the railroad tracks by the grade crossing. He was headed south toward the village when the mishap occurred.

Police immediately notified MBTA operations which stopped the train that was bearing down on that location. The car, which was half on the tracks and half on the rocks, had to be towed back onto the road.

Youth complaint

Police received three calls last week about young teenagers "skiing" on the new railings at Willcutt Commons (new Senior Center) off Sohier

Police said they finally

caught up with teens who were doing tricks on the long railings and told them to stop.

Snow bank

Police assisted a motorist on Tuesday (March 24) around 4:42 p.m. on Chief Justice Cushing Highway (Route 3A) while she waited for a tow from AAA to pull her 1997 Toyota Avalon off the new bank near the train station. Police said the 46-year-old Scituate woman slid on some ice, went into the snow bank and had to be pulled out. The car was not damaged.

Fundraiser

A concerned caller notified police after receiving a call from a professional fundraiser claiming to be collecting money for a State Police agency to make sure it was not a scam. Police investigated and the fundraiser was legitimate.

However, they stress that the Cohasset Police Association does not use professional fundraisers and only contacts potential donors by mail. Police suggest folks don't give money when a professional fundraiser is involved unless they know how much is going to that business and how much is going to the charity.

Suspended license

An officer on patrol near Pond Street and Chief Justice Cushing Highway (Route 3A) on Thursday (March 26) around 10 a.m. saw a 2002 Subaru Impreza that was headed north travel right through the red light. The officer stopped the car and identified the operator as a 24-year-old E. Boston man.

Investigation through the Registry of Motor Vehicles revealed the man's license had been suspended for more than three surchargeable events in one year. His car was towed and he was issued a criminal citation to appear in Quincy District Court for operating after license suspension and failure to

stop for a red light, police said.

Heavy fog

Police said an 84-yearold Hull woman hit the traffic island at Hull and East streets in Hingham in heavy fog on Thursday (March 26) around 7:30 p.m. and blew both tires. She drove to the Corner Stop at West Corner where her disabled car was blocking the entrance to the restaurant. Cohasset notified Hingham police about the accident at the traffic island and her car had to be towed.

Jewelry missing

A 64-year-old Cohasset man told police last Friday that he had discovered about \$23,000 in men's jewelry including a diamond ring, gold chains and gold bracelets missing from his home. The last time he had checked on the jewelry was on Feb. 27. There was no sign of forced entry and the matter is under investigation.

probation included no

Internet, as well as moni-

toring by a GPS bracelet.

He was also required to

undergo an evaluation for

Wynn was also arrested in

2008 in Naugatuk, Conn.,

in a child sex sting by a

He also pleaded guilty to

those charges and was given

a 10-year prison term with

two years committed, the

Bryant University and is a

former police dispatcher,

constable and volunteer

firefighter in Norton. He

was also briefly the town's

assistant treasurer and

collector, the newspaper

Wynn is a graduate of

sex offenders.

newspaper said.

reported.

FIRE DEPT.

Facts about burning permits

Burning Season will close on Friday, May 1.

Residents must obtain a permit to burn during their permit number each day they wish to burn when

The Fire Department uses a web-based system (cohassetma.org)

the registration form and submit the \$10 fee via credit card. Once payment has been received the system will generate a permit number to use for the entire 2015 Open Air Burning Season.

burn need to check the Town website (cohassetma. org) and select Check to see if burning is allowed and activate one's permit This selection will say if for the day and will allow residences to register their permit number for the day,

BUILDING PERMITS

The following building permits were issued recently at Town Hall:

Berg, 36 Cedar Acres Lane, replace damaged 2 x 3's in small area, \$1,050; Millerd, 555 Jerusalem Road, solar PV array on roof, \$44,148; Comeau, 120 Nichols Road, fireplace insert, \$1,500; D'Argento, 309 South Main St., fix water damage/move door/ add bath/reconfigure laundry area, \$30,000; Youth Baseball, 169 North Main St., install dugouts at two Little League fields, \$10,000; Magner, 34/Lot 3 Black Rock Road, new single family dwelling, \$415,000; Kelly, 26 Border St., garage addition with bedroom above, \$200,000.

Crummey, 394 Atlantic Avenue, seven replacement windows, \$17,314; Cohasset Center for Nursing, 1 CJC Highway, install smoke detector and magnetic door holder in basement, \$2,578; DeLima, 55 Summer St., install rooftop solar array into rafters, \$48,000; Carpenter, 87 Chittenden Lane, finish unfinished space on second floor into playroom, \$15,403; Ryan, 35 Aaron River Road, add roof over front porch/replace siding and trim, \$25,000; New Cook Partners, 98 Chittenden Lane, new single family dwelling, \$420,000; Dionisio, 365 Beechwood St., remove and replace interior wall and two windows, \$13,573.

AJ Realty Trust, 75 Church St., new single family dwelling, \$300,000; Wilson, 76 Jerusalem

Road, remodel master bath, \$35,000; Old Harbor Catering, 130 King St., hood system for restaurant, \$3,000; Selha, 67 Ripley Road, kitchen remodel, \$20,000; Selha, 67 Ripley Road, expand master bedroom/add master bath/ remodel existing bath/ kitchen cabinets, \$80,000; Ronan Residential, 45 Pleasant St., demo and rebuild single family home, \$290,000; Kennedy, 5 Norman Todd Lane, pellet stove insert, \$750; McLoughlin, 44 Reservoir Road, replace one window, two patio doors, \$5,210; Morlina, 102 Beechwood

St., wood stove, \$5,357. Pisarra, 38 Lantern Lane, wood stove, \$5,883; Chmura, 63 Windy Hill, convert deck into closet, \$10,000; Siegel, 170 Bates Lane, 35 sq asphalt shingles, \$17,100; Sestito, 650-658 CJC Highway, repair termite and insect damage/new roof and windows, \$7,800; Connell Greenbush, 132 CJC Highway, tenant Fit Out: Elite Workstation, \$250,000; Carpenter, 87 Chittenden Lane, add ducts to existing system, \$500; Reardon, 167 Pond St., two replacement windows, \$900; Tangney, 38 Howe Road, 15 sq. sidewalling, \$18,350; Molony, 25 Fairoaks Lane, insulate basement/frame three walls and two closets, \$14,811; McInerney, 144 Atlantic Avenue, remodel kitchen/ add 1/2 bath, \$100,000; Wade, 73 Whitehead Road, remodel pool house/frame porch roof/add bath & bar to pool house, \$65,000.

POLICE No bail for man accused

of trying to lure girl into car A newspaper deliveryman accused of trying to lure a 10-year-old girl into his car has been ordered held without bail until a judge can determine whether he

poses a danger to the public. Michael X. Wynn, 44, of 44 Elm St., Apartment 11, North Attleboro, was arraigned Monday in Quincy District Court on charges of enticement of a 44 Elm St., Apartment 11, child and accosting/annov- North Attleboro. ing a person of the opposite

Judge Mark S. Coven ordered Wynn held without bail pending the outcome of a dangerousness hearing on April 8. Wynn is a Level II sex offender who delivered the Patriot Ledger as an independent contractor.

Wynn's arrest came less than 24 hours after Cohasset police sent out a community alert warning that a man had tried to lure a 10-year-old girl into his car as she was walking near the middle-high school.

Police said the girl, who was brought into the police station Thursday afternoon (March 26) by her mother, told officers that the man had crept up behind her in a reddish-colored sedan and opened the passenger-side door, saying, "You need a ride, sweetheart?"

Police said the girl immediately slammed the door shut and ran to her house, where she told her mother what happened.

Wynn is registered as a Level 2 sex offender in North Attleboro. Police originally charged Wynn for failing to register in Cohasset. Sex offenders are required to register in the



Michael X. Wynn, 44, of

communities where they live, work or attend school.

Acting Cohasset Police Chief Bill Quigley said Wynn is on probation for a 2010 conviction for downloading child pornography to his computer. He was wearing a monitoring device at the time of his arrest, Quigley said.

Quigley explained Cohasset police added the charge of "accosting a person of the opposite" sex to the complaint.

"The reason for the amended charges was that the Sex Offender Registry Board Database that police departments use to access offender data did not list Wynn as working in Cohas-

He explained that Saturday afternoon (March 28). Detective Lieutenant Greg Lennon got a call from a sergeant detective from North Attleboro Police (where Wynn registered), and he said that Wynn's paper sex offender registry form disclosed that he was working in Cohasset.

That information never made it to the electronic SORB database that we

based the charge of failing that the terms of the to register on. We immediately disclosed to the court unsupervised contact with that the information on minors, no access to the the SORB system was not an accurate representation of what Wynn disclosed to North Attleboro PD.

"Cohasset PD was never advised that this person was working in our town," Quig-

GateHouse Media, the Connecticut state trooper publisher of the Ledger, posing as a 14-year-old girl. has declined to comment on Wynn's arrest but issued a statement Monday (March 30) saying it was cooperating with police.

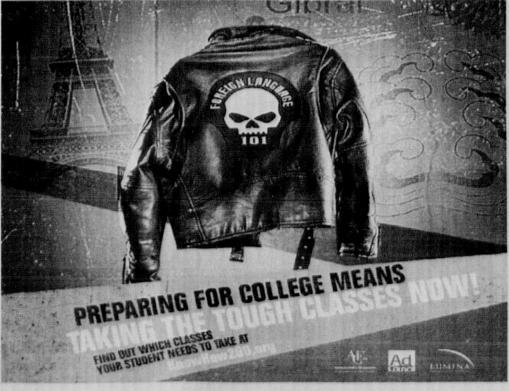
In a letter delivered to Cohasset subscribers Monday, the company said that for the next several weeks, district managers, who are full-time employees of The Patriot Ledger, would deliver newspapers in the town. Cohasset subscribers were also provided with a telephone number to call if they had questions or concerns.

In the 2010 case, the Sun Chronicle of Attleboro reported that Wynn had downloaded three videos and 128 images of children under 18 engaging in sex with adult men or in sexual poses. A prosecutor told the court that some of the images included children as young as 8 engaging in sex,

the newspaper reported. Judge Daniel O'Shea sentenced Wynn to serve 18 months in jail on a maximum 2 1/2-year jail term, with the balanced suspended for 5 years. He was also credited with the five months he spent in jail awaiting trial.

The newspaper reported





STAFF PHOTOS BY CHRIS BERNSTEIN



Deer Hill parent Rafael Reyes (center left) tips a rebound away from the Osgood offense.

The Osgood vs. Deer
Hill Basketball
Showdown, sponsored by the Cohasset PSO,
was played Friday night to
a packed Cohasset High
School gym. The faculty
and parents on both teams
fought hard to bring home
the trophy. Principal Jennifer deChiara cheered on
a spirited Deer Hill team
that never gave up, while
Principal Bob LeCount
led the Osgood squad to
victory.

The kids even got into the action with the JJ's Half Time Free Throw Competition, sponsored by JJ's Dairy Hut. Everyone who took a shot got a free ice cream!

Money raised from the event goes to support the Cohasset PSO and our schools. The PSO would like to thank all the local businesses that supported and donated items for the event. Thank you to all who came as spectators, volunteers and players!



Enthusiastic fans cheer on their teams during the annual faculty basketball game.



Brooke Figieuredo, 6, (L) and Arwen Rippetoe, 6, (R) cheering on the Deer Hill faculty.



At the start of this years Faculty Basketball Fundraiser, the Deer Hill 5th grade chorus sings the National Anthem, L-R, Maddy Milanoski, Marjah Sanon, Lisel Nee, Phoebe Fusco, Bridget Kondrat, Elaine Wixted, Perri Fusco, Miranda Schmidt, Nola Gallagher, Julia Willette, and Maggie Young.



Osgood 2nd grader Conrad Babka is first in line, stepping up for the free throw competition.



Cheering on Deer Hill faculty on the booming sidelines, L-R, Cassidy Joslin, Emme Hoen, Natalie Simone, and Hannah Mullaly.



Deer Hill students cheer on their Phys. Ed. teacher Michael Weydt as he takes to the

UPDATE

Route 3 toll plan hits speed bumps

By Erin Tiernan etiernan@wickedlocal.com

Sara Tondorf.

Three hours. That's how long a 30-mile commute from the South Shore can take, thanks to traffic on Route 3, said commuter

make it to Newton from her Scituate home in about 90 minutes, but she said that drive often doubles depending on the day or time of vear.

Getting around Route 3's well-known congestion problem means widening the roads, which costs money. With transportation dollars flowing at a similar pace to the highway's traffic. state officials are pushing for a plan that would introduce toll to help pay for extra lanes on the South Shore's main highway.

The state Department 26) of Transportation wants to add two additional lanes of travel along a 17-mile stretch of Route 3 from Exit 12 up

through the Braintree split. Cantwell said. Drivers would pay to ride in these "express" lanes, while existing lanes would remain toll free, according to plans.

But, commuters and state officials are worried the express lanes could just funnel congestion up toward On a good day, she can Route 128 and Route 93, rather than fix the problem altogether.

> Route 3 is constantly backed up in the morning and then again southbound in the afternoon," Tondorf said. "This would cause perpetual delays from all other highways, which are also terrible during commuting

State Rep. Jim Cantwell (D-Marshfield) echoed Tondorf's concerns at an informational session with DOT engineers and project managers at Hingham Town Hall last Thursday (March

"If they save a few minutes on Route 3, it's not going to help if they end up backed up at the Braintree split,"

DOT Chief Financial Officer Dana Levenson said studies conducted over the next two to four years would develop a plan that improves traffic flow across the entire region.

With an estimated price tag upwards of \$800 million, Levanson said the only way to pay for the project would be by entering into a "public-private partnership."

Private investors would foot the bill, and keep the revenue generated by the added toll lanes, he said. As part of the project, about \$150 million of planned maintenance would be addressed. Levenson said. Route 3 would be repaved, abutting animal habitat would be restored and 27 main and secondary road bridges - many of which are more than 50 years old would be rebuilt.

"Frankly, it's the only way we can afford it," Levenson told a collection of about 50 South Shore residents and local officials during would enter in Braintree. an informational meeting Thursday.

Levenson said he could not predict the cost of tolls, but said they would likely be based on a "dynamic tolling model," which would adjust rates based on the time of day and the number of cars on the road.

'We don't vet know what it will cost the driver," he said.

The DOT is considering a couple of options for what the toll lanes would look like. Both concepts include two lanes that would be added to the Route 3 median.

One plan would create separated northbound and southbound toll lanes that would be open, at a price, to commuters 24 hours per day. A second option would add two lanes that would change direction twice daily with peak travel hours. Northbound drivers would gain access to the express lane at Exits 13, 14, and 15, while southbound drivers

In both cases the highway's existing lanes would remain free and the long-standing practice of breakdown lane travel would be eliminated.

The state initially opened breakdown lanes to travel during peak travel hours to combat congestion, but as a temporary solution, said Darren Conboy, of Jacobs Engineering, one of the plan's architects.

With more than 162,000 commuters traveling the most congested areas of Route 3 daily, a 30-mile commute has in many cases turned into three-hour commitment.

"It's hard to say whether it's over capacity, but it just doesn't operate at a good level of service, especially during peak hours," he said. "And, we're finding that those peak hours are getting longer and longer."

Although congestion could be relieved with added lanes, there are still a lot of unknowns to consider.

Conboy said.

Other areas of concern include impacts to public transportation investments on the South Shore, wetlands areas, and entering into a private agreement with public ?

It will take at least two to four years of studies before contractors are ready to break ground, Levenson said, adding that construc-, tion would take another four

The next step for state officials is to get the Route 3 project onto its Long-Range Transportation Plan this spring. Once that is done, environmental permits and studies can begin this summer to vet the options.

"Nothing has been decided other than that there will be a toll facility." Levenson said. "There will always be a free option, a general purpose lane that will remain toll

Follow Erin Tiernan @ Erin Tiernan.

FLOOD From Page A1

analysis of all the affected areas in town with the aim of submitting an appeal to FEMA. The cost of such an analysis could run about \$160,000.

Those marching orders followed an hour-long update Tuesday night from Joyce coupled with commentary and illustrations from civil engineer, heads at a nice proposal John Cavanaro, and Sean Cunning, who is in the insurance business.

Joyce initially presented a plan to hire consultants to conduct a two-phased study starting with the harbor and village business district that are both affected by exorbitant new rates for about \$39,000. Then if FEMA agreed to look at those areas for possible revisions to faulty assumptions, the rest of affected properties in flood zones would be reviewed and submitted for map changes. The review by the consultant would take about 3 months followed by an estimated 6 months for FEMA to conduct an evaluation.

Woodard & Curran of Dedham recommended the two-phased approach as the most cost effective way to proceed. They used that approach successfully

in Quincy, Joyce said. However, the two-step plan prompted Eric Eisenhauer of Hobart Lane, who was in the audience, to take the floor and make an impassioned speech. Eisenhauer and his wife wanted a house with an ocean view but not be threatened by the ocean when they moved to town six years ago. Under the new maps, their house, which has never had a water issue, is now in a high velocity zone with

Glossary:

Biggert-Waters Flood Insurance Reform Act of 2012: Extends the National Flood Insurance Program (NFIP) while requiring significant program reform. FEMA: Federal Emergency Management Agency FIRM: Flood Insurance Rate

LOMR: Letter of Map Revision (would be sent to FEMA to appeal current flood maps)

V or VE zone: Velocity Zone A or AE zone: Standing water zone X zone: 500-year storm

Interesting numbers:

- As of November 2014 there were 162 flood insurance policies active in Cohasset
- Annual premiums on residential properties could increase by 18 percent
- Annual premiums on commercial properties or second homes could increase by 25 percent.

"We're the last town on the South Shore to get moving. We are 'Johnny-come-latelys.' Quincy is finished, Hingham is finished, Marshfield and Scituate are well into the program - and we are just getting a quote to try and put together a program."

Eric Eisenhauer, Hobart Lane

annual flood insurance premiums running upwards of \$11,000, he said.

Eisenhauer described the planned phased-in approach as minimalist. "We are all shaking our which deals in a limited way with a really big issue," he said. "We are talking about millions of dollars in reduced tax valuation for this town."

Eisenhauer also put front

and center what was on the minds of selectmen and others in the audience.

We're the last town on

the South Shore to get moving," he said. "We are 'Johnny-come-latelys.' Quincy is finished, Hingham is finished. Marshfield and Scituate are well into the program - and we are just getting a quote to try and put together a

program. "This is a joke my friends.

We've lost it, it has fallen through the cracks and now I think we have to move faster to catch up."

Cunning pointed out the new flood insurance rates are squashing home sales in the area. He explained that FEMA is \$25 billion in the hole from trying to make up for claims over the years. He said they are including more people in flood zones and not using great data to determine the

expanding zones.

Cunning said when the house at 99 Atlantic Ave. was going on the market the new annual flood insurance premium was \$49,000 for \$250,000 in coverage. Thanks to the Homeowners Flood Insurance Affordability Act of 2014 for homes built before 1974, the premium dropped to about \$7,000.

During Cavanaro's presentation he showed illustrations of how high the Cohasset Harbor Inn and Atlantica would have to be raised on pilings to comply with the new regulations, triggered if those businesses Check the Town of Cohasor renovation that equals issue.

50 percent or more of the building's value. Atlantica's new "ground" floor would be at the midpoint of the current roofline.

Selectman Kevin McCarthy expressed frustration that Cohasset was just now addressing the problem.

"I have been reading about this for months and for us to be so far behind is not a good thing," he said. "Communities all around us have been in the newspapers. We are behind the eight ball and should not have been. I am disappointed in that."

embarked on expansion set website for more on this

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Proud of CHS and volunteerism that grew out of pantry project

hile I always begin this column commenting on the weather, because of the fact I enjoy snow flurries as much as sunshine, this past weekend has begun to wash away the snow that has piled up on our streets during this historic winter. However, with the melting of the snow comes the uncovering of the monstrous potholes that litter the South Shore and test the strength of the cars coming out of the student parking lot.

After months of preparation for all involved as well as support from CHS, Pantry Palooza was executed as planned this past Saturday. While the event itself was extremely successful in raising awareness for the pantry itself, it was extremely helpful in producing huge donations. Some may be tired of hearing about this fundraiser so often; however, I along with other CHS students find it a worthy topic of discussion. Also, if you donated and got raffle tickets, don't forget to check "View From the Front Porch" article to see if you have the winning ticket! Some great prizes were donated to the event by stores around town.

I could not have been prouder to call CHS my high school this past week with all the volunteerism that grew out of this pantry project. Alexandra Lanier, Caroline Van



Etten, Sophie Wolfe, Madigan and Callahan O'Neill were instrumental in both the collection and transportation of these goods. Because of the selflessness of some valued Cohasset students, the food pantry is brimming with essential goods

to help families in need

around our community.

Spring sports are in full swing this school week as the snow melts. While other opponents in the area are still digging out the various fields and courts for their respective teams, Alumni Field and the Milliken Courts are ready for the victories the 2015 Skippers will bring.

After the move of Col-

lege Night for the junior class to April 7th, senior class members who have survived the college application process will offer younger students advice in the procedure. Also, parents of juniors will have their own meeting in an adjacent room to speak about how to choose "the list" and when to visit schools. Seniors on the student panel will speak to the trial and error methods used when applying to various colleges.

PLEASE RECYCLE & THIS NEWSPAPER

Because of the selflessness of some valued Cohasset students, the food pantry is brimming with essential goods to help families in need around our

community.

While the juniors are just beginning the college process, seniors have finished up hearing from schools this past week and thus begun the daunting task of choosing a place of higher education. Although the guidance department may turn their focus away from the elder CHS scholars, us seniors are feeling the stress of choosing a college in the same magnitude that we felt while actually applying. Keep seniors in your thoughts as prestigious universities across the nation gain CHS students' enrollment.

Overall this week has been not only an exhausting one but also that of great productivity and thus makes the long nights and days planning various events, worth it.

-Ashley Curran is a senior at Cohasset High School and columnist for the Cohasset Mariner.

AROUND TOWN

Talent show is coming up

Spring!

Ti Cohasset...April has arrived and with Lit, I think we have finally(almost sure) that we can say that April Showers have replaced the snow of the winter we had! Warming up bit by bit, then some dips but we can deal with that and...Passover and of course this weekend brings a hippity, hoppity friend, colorful eggs and the celebration of Easter to so many as well. Enjoy it all and get ready for our true beginning of Spring...hooray!

Pantry Palooza

As you all know by now, the first Pantry Palooza has finished and wow, did it exceed our expectations in so many ways! First of all, thank you so much to the just under 200 amazing people who came out on Saturday to bring donations of all kinds to benefit the Cohasset Food Pantry. We did not know what the response would be like and this just touched us all. I was involved in 3 events on that day as well as work and my heart was of course at the Palooza all day long. I stayed in touch throughout the day and the most emotional part of my day was when I had the pleasure of speaking with an 82-yearold beautiful woman who talked with me about the "value" of life in giving, sharing and caring vs. money, making and earning when

we talked about the Palooza. With tears in her eyes and a hug, she gave \$40 to me and said, "Please feed someone who needs it because I am someone who gives, who loves and who cares and I had some days when I needed food...no one helped me." Such powerful words! I was also blown away as well by the work and dedication of the young people in our community especially the



JENNIFER PIEPENBRINK

leader of the pack, Ashley Curran. Her inspiration and strength was amazing in so many ways.

Thank you to all involved and because of the team efforts, the Cohasset Food Pantry is so much better for it. These efforts need to continue of course throughout the year but it takes a village...143!

Talent show!

All are invited to a festive Time & Talent Auction hosted by Cohasset's Second Congregational Church on Saturday, April 11th from 7 to 10 p.m. This fun evening features free food and drink and over 50 auction items including private pitching lessons with Ken Greer. professional photography by Margot Cheel, golfing at Cohasset Golf Club, Music Circus tickets, Red Sox tickets, guitar lessons & more!

This event is free and open to the public. All are welcome! Call SCC's office at 383-0345 to RSVP for this great and happy evening.

FOODraiser

Here is another amazing event that is being held to help benefit the Cohasset Food Pantry. Cohasset Family Chiropractic presents the second annual Family Fun FOODraiser featuring "The Magic of David Hall, Magic and Comedy Fun for All Ages!" (magicofdavidhall.com). Taking place on Sat, April 11 from 3-3:45 pm at Willcutt Commons (Senior Center). 91 Sohier St. Entry is FREE

with a donation of non-perishable groceries to benefit the Cohasset Food Pantry. One bag per person or 2 bags per family is suggested.

Come and enjoy the show and together we'll pack the pantry! For more information please call781-923-1226, Visit: CohassetFamilyChiro.com or emaildrlisa@cohassetfamilychiro.com.

Balanced Athlete

Balanced Athlete with Kim Spear on Sunday, April 12th is being held from 2:30-4:30 pm. This is perfect for athletes triathletes and marathon runners in training, or looking for recovery. Balanced Athlete is a specific method designed to strengthen. synchronize and stabilize your body. Become a more efficient and sophisticated athlete. 'Balanced Athlete' is a method developed by Johnny Gillespi: a presenter at the National Strength and Conditioning Association and a regular contributor to Runners World. Please call 339.337.3660 for info or to register at the Balance Studio.

A huge thank you goes out to Boy Scout Troop 28 for helping with the shoveling at 60 Elm a couple of weeks ago and before for the many hours of shoveling they put in. The Rosen brothers, Nick, Josh and Jeff along with their friends John Clay, Jack Donohue, Chris Hanke, Brittany Gumpbel, Jessica Livingston, Kristen Timothy, HarryTimothy, Hank Waters are a special bunch indeed and a special thanks goes out to you Mrs. Rosen (Lisa) for Gathering the troops! Many hands make light work. Thank you.

-Send your news by 5 p.m. Tuesday to aroundtowncohasset@yahoo.com

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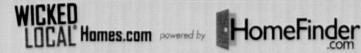
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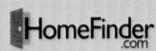
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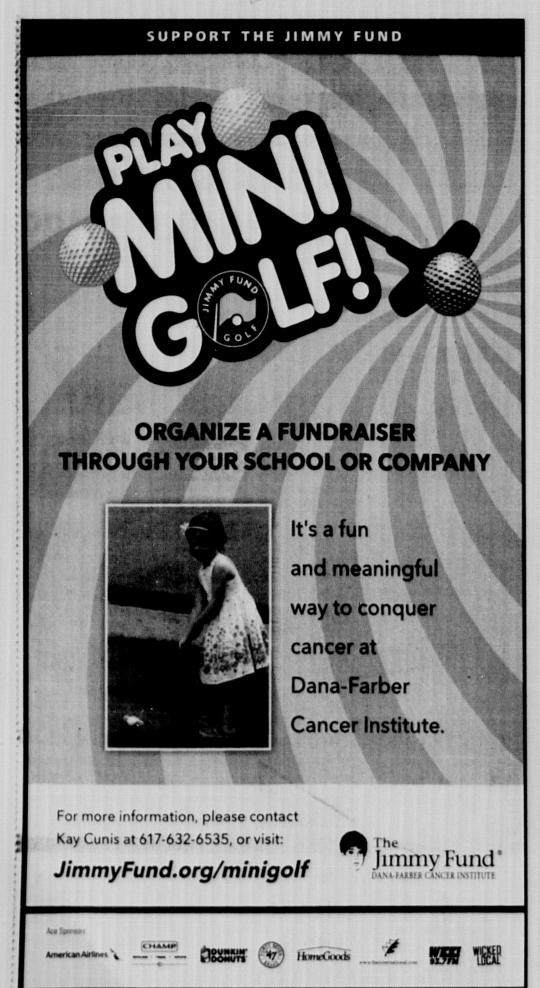
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ST. STEPHEN'S

I hear the bells! seminar offered

St. Stephen's Church has a 57-bell carillon in their tower. You may have heard these bells ringing out over the town, with their clear, bell like tones wafting over the breeze on a warm afternoon, or ringing Christmas music as you prepare for the holidays in December.

You may not know that these bells were installed in the tower of St. Stephen's Church in 1924, and that they have played for presidents, senators, and townspeople, bringing their joyful sound to our town every year since then.

These are the same bells that have been played in a Summer Recital Series sponsored by the church every year for the past 92 years, featuring carillonneurs from around the world. You will want to listen for that again this summer.

St. Stephen's Church is sponsoring a seminar called "I hear the bells!" for three Wednesday evenings April 15, 22 and 29 from 7 to 8 p.m. to introduce the curious to the bells and how they are played. In this three-week series vou will learn about the history of the carillon at St. Stephen's, and around the world. Basic playing techniques for everyone to try, both on the practice clavier and on the bells will also be offered.

offered.

The carillon is a unique and fascinating instrument, and we hope you will take advantage of this opportunity to learn more about them. The class will meet at St. Stephen's

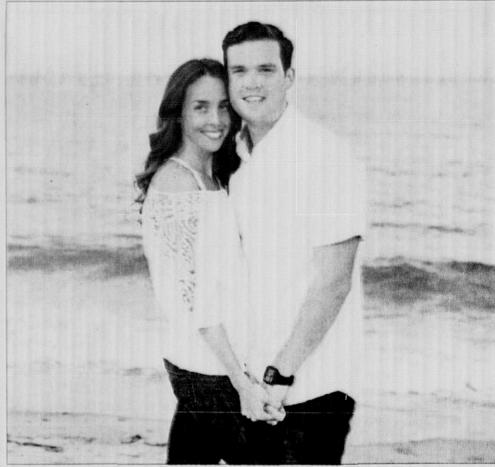


In this three-week series you will learn about the history of the carillon at St. Stephen's and around the world.

Church in the Carillon studio, located on the second floor near Walton Rogers Hall. All levels of interest are encouraged to take part, and you can join us for as many days as you are able. Meet in the carillon studio, at the top of the stairs near the restrooms.

The class will be taught by Margaret Angelini, who discovered the carillon by opening the window of her dorm room on her second day at the Wellesley College campus, and promptly fell in love with the sound of the bells. After a short period of study she went on to lead the student Guild of Carillonneurs until graduation, and stayed on as the teacher for the group for the next 30 years. Under the mentorship of Sally Slade Warner, former Carillonneur at St. Stephen's Church, she became active as a performer in the New England area, and as a member of the Guild of Carillonneurs of North America she has helped her students perform in New Jersey, Philadelphia and in Ottawa, Ontario.

ENGAGEMENT



Sheelah Kathleen Scott and Derek George Flodin are planning a July wedding.

Scott — Flodin

John and Jacqueline Scott of Cohasset along with Ann Stanford of Hingham announce the engagement of their daughter Sheelah Kathleen Scott to Derek George Flodin.

The bride-to-be is a 2007 graduate of

Cohasset High School. Sheelah attended Northeastern University and is employed by Wayfair LLC.

Her fiancé is the son of Cathy and Michael Rizzari of Wilmington, and the late George Flodin. Scott is a graduate of Malden Catholic and Franklin Pierce University and is employed by Observe IT.

The wedding is planned on July 5, 2015 at the Willowdale Estate in Topsfield, followed by a honeymoon in St. Lucia.

SAVE THE DATE

Family Fun FOODraiser benefit

Cohasset Family Chiropractic presents the second annual Family Fun FOODraiser featuring The Magic of David Hall Magic and Comedy Fun for All Ages from 3 to 3:45 p.m. Saturday, April 11 at Willcutt Commons

(Senior Center), 91 Sohier St., Cohasset

Entry is free with a donation of non-perishable groceries to benefit the Cohasset Food Pantry. One bag per person or two bags per family is suggested. Enjoy the show and pack the pantry.

'For more information call 781-923-1226, visit: CohassetFamilyChiro. com; magicofdavidhall. com or email drlisa@ cohassetfamilychiro.com.

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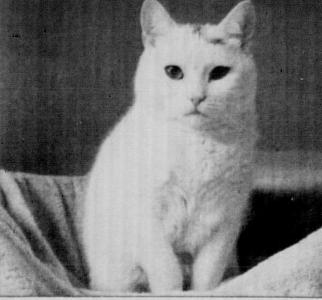
GIMME SHELTER

Sammy is too cute for words

By Tammy Hatch

Meet Sammy, a recently surrendered, round faced, adorable guy with celebrity resemblance to Truman Capote. Small in stature with an impish grin, huge green eyes and cute little pink nose Sammy is quick to say hello and make your

Sammy is a cuddle bug and when he's shown attention reciprocates with lots of kisses, head butts and non-stop purring. Sammy wants and deserves love and affection and will give it right back to one lucky owner.



Sammy is small in stature with an impish grin, huge green eyes and cute little pink nose. COURTESY PHOTO

Looking for something to do this weekend? Come on in during our open hours and meet Sammy and the other resident cats awaiting adoption to their forever home.

HSAR is located at 50 L Street in Hull. We are open to the public Monday nights 6:30 to 7:30 p.m. and Saturdays 2 to 3 p.m. Special appointments can also be made by calling

our Adoption Coordinator, Judy, at 781-534-4902. Visit us at www.hsar.org or "Like us on Facebook.

Hull Seaside would like to give a special thank you to the Fitts Mill of Scituate for their continued generous support.

Tammy Hatch is a Volunteer and Board Member at Hull Seaside Animal Rescue.

HISTORICAL SOCIETY

Boundary markers are subject of talk

Cohasset Historical Society will resume its Wednesday Evening Lecture series at 7:30 p.m., on Wednesday, April 8, at the Pratt Building, 106 South Main St. The guest speaker for the evening will be Rebecca Bates-McArthur talking about Early Boundary Markers of New England. Bates-McArthur is a member of the Historical Society and will be a guest speaker at the Back Roads of the South Shore History Symposium Landmarks and Legends on April 11.

When the English settlers came ashore in New England, they brought with them their tradition of designating the boundaries of their property and their towns. As towns were formed and the population grew it was necessary to

physically map and mark these lines of demarcation.

Bates-McArthur will explore the different means of establishing boundaries including natural divisions caused by waterways and structures, such as stone monoliths, cairns and stone walls, added to the landscape. Few of these stone markers from the 17th, 18th and 19th centuries remain, but some are still available for inspection.

The boundary marker between Cohasset and Scituate is thought to be the oldest in New England and perhaps the second oldest in the country.

Join the Society for this most interesting evening. There is no charge for the program, but donations are cheerfully accepted. Light refreshment will be available.

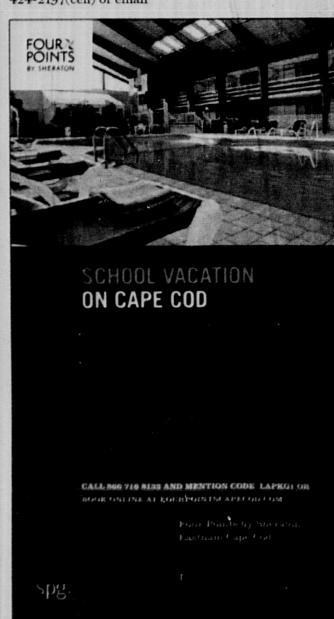
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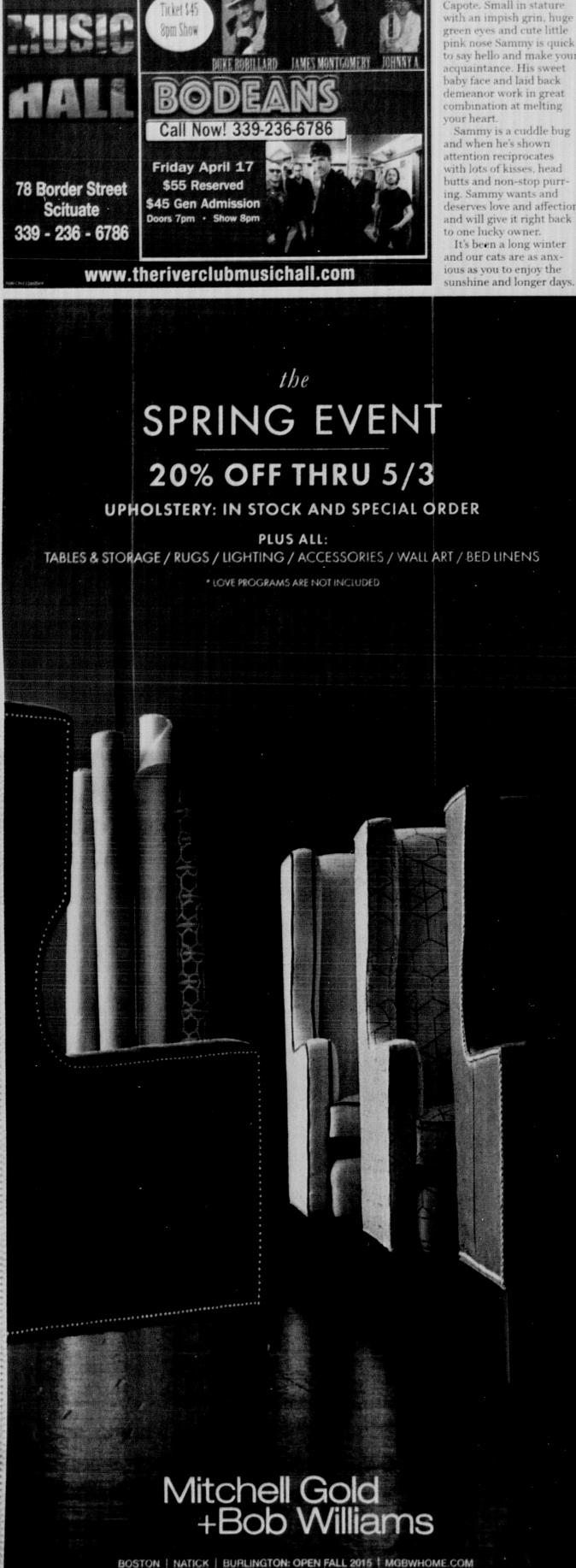
Skipper Pageant DVDs available

DVDs of the 2015 Mr. Skipper Pageant from March 13 are available to purchase for \$20 each. To order a copy, call Shaun Galvin at 781-424-2197(cell) or email

a request to galvin.sm@ hotmail.com.

Requests can also be mailed with a check for \$20 per DVD to Shaun Galvin, P.O. Box 526, Hingham, MA 02043. Checks should be made payable to Shaun Galvin.





From Page A1

"grain can be bad," and pointed out that grain isn't inherently bad for animals, but that it takes up space in the food where there could be better, more nutritious ingredients.

He also noted that "every pet has different nutritional needs." Not every dog food formula works for every pet and one has to "interview the dog," according to Monty, to figure out what is best for that particular pet.

Joanne and Monte's son, Craig, also occasionally helps out in the store. "My son is the dog person, I'm the people person," remarked Monty. Joanne added, "And I'm both." Monty referred to Joanne as the "ambassador" of the bunch, who can often be found in the front of the store at the cash register.

"Service is important to



Monty Montgomery pets their dog, Zachary B. Farnesworth the III, held by his wife, Joanne. The Montgomery family are pet lovers and have opened up Fetch, which is catered to pet lovers as well.

us - if you need something, we'll do it for you," said Monty. After realizing how it was difficult for many

people to leave their house to get dog food in the snowstorms this winter, the Joanne and Monty said they felt it would be beneficial to have a "dog food delivery business." Not only will they deliver pet food straight to the door. Joanne and Monty live just down the road from Fetch and will open the store after hours if a customer calls saying they need

But Monty provides customers with a second, more unexpected service - music suggestions and mix tapes. As a part-time DJ, he has an extensive knowledge of music and puts together finely curated mix tapes and plays them on "CD Sundays."

People treat their dogs like furry children, quipped Joanne. She and Monty have numerous plans meant to bring



Joanne Montgomery rearranges the leashes on a display while working at their pet boutique store, Fetch, in Cohasset Village.

together the dog-loving community of Cohasset, including hosting a "Yappy Hour" in conjunction with the nearby Cohasset Dog Wash. Joanne and Monty said that, when it comes

down to it, they've accomplished much of what they wanted from opening

"We opened the store to meet people," said Monty, "and people are really nice."





DIRECTIONS - Rt. 3A to Downer Ave. Left onto Condito Rd., past Harbor House to end of cul de sac.

GROUP FOR CAREGIVERS WEDNESDAY, APRIL 15 · 6-7 PM

Join us for an informative support group led by Laurie Tranchell, director of the Memory Care Neighborhood at Allerton House in Hingham.

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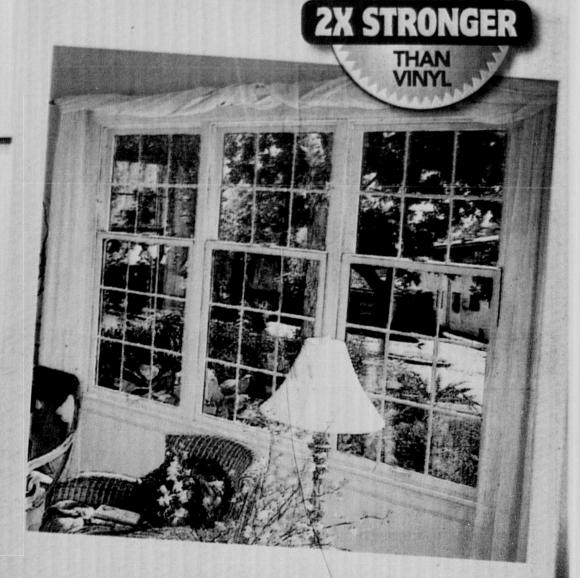
WINDOW REPLACEMENT an Andersen Company

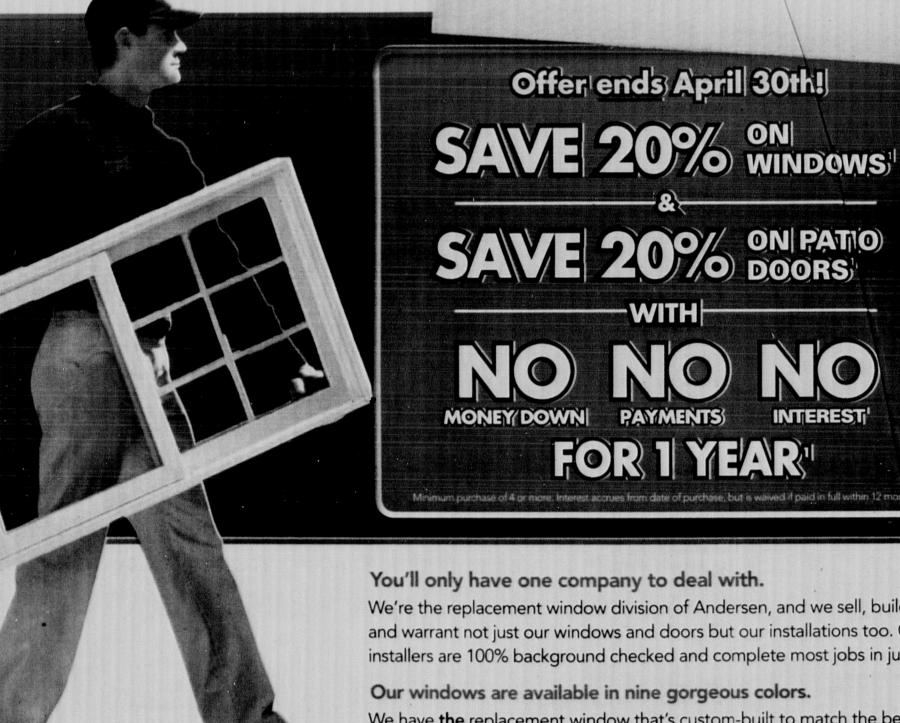
Choosing the proper window material is everything.

Even in moderate temperature swings, poorquality vinyl windows can warp, lose whatever energy efficiency they once had, and invite drafts and leaks.

Significant home improvements are supposed to last, but can you imagine the expense and frustration of replacing your windows a second time, after just a couple of years?

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We're the replacement window division of Andersen, and we sell, build, install and warrant not just our windows and doors but our installations too. Our installers are 100% background checked and complete most jobs in just one day.

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With the most awarded journalists in New England, our publications and network of websites, brings quality local news home to our readers, advertisers and visitors every day.

Quality local journalism is here to stay, and Wicked Local is here to deliver it. We're proud to offer our readers more than 100 local newspapers and more than 160 local websites throughout Eastern Massachusetts.

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GENERAL EXCELLENCE

The Patriot Ledger - Second Place

The Enterprise - Third Place

Old Colony Memorial - Third Place

The MetroWest Daily News - Third Place

Wellesley Townsman - Third Place

BOB WALLACK COMMUNITY

JOURNALISM AWARD Steve Damish

The Enterprise

ROOKIE OF THE YEAR

Joe Markman The Enterprise

Jordan Mayblum The Wellesley Townsman

Arlington Advocate

Infographics

Ami Olson Campbell

Belmont Citizen-Herald

News Video First Place James Jesson

Beverly Citizen

Spot News Photo Third Place Kirk R. Williamson

Bridgewater Independent

Human Interest Feature Story First Place Rebecca Hyman

General News Story

First Place Rebecca Hyman **Humor Columnist**

Second Place Alice Coyle

Brookline Tab

Feature Photo First Place Kate Flock MultiMedia Coverage

John Hilliard Science/Technology Reporting

Second Place Ignacio Laguarda

Health Reporting Third Place

Jim Morrison

Burlington Union History Reporting

Second Place Chris Warren

Cambridge Chronicle

Social Issues Feature Story Erin Baldassari

Second Place

Sports Photo Kate Flock Second Place

Cape Codder

Environmental Reporting Doreen Leggett First Place

Editorials

First Place Donna Tunney Arts & Entertainment Section

Donna Tunney First Place

Carver Reporter

Health Reporting Third Place Kathryn Gallerani

Cohasset Mariner

Pictorial Photo

First Place Robin Chan **Business/Economic Reporting**

Second Place Erin Dale Editorial/Commentary Page Third Place

Local Election Coverage

Staff Third Place

Concord Journal

Commentary Second Place Kathie Ragsdale

Human Interest Feature Story

Kathie Ragsdale Honorable Mention

Danvers Herald

Best Use of Social Media in Breaking News

First Place Staff

Spot News Story Jeff Pope Wiliam Dowd Second Place

Front Page leff Pope Second Place

Dedham Transcript

Business/Economic Reporting First Place

Sports Column First Place

Easton Journal

John Quattrucci Serious Columnist John Quattrucci

First Place **Hanover Mariner**

Humor Columnist Craig Salters

First Place Editorials

First Place Erin Tiernan **Government Reporting** Erin Tiernan Third Place

Ipswich Chronicle

Environmental Reporting First Place

Daniel MacAlpine William Dowd Nancy White

Personality Photo First Place Nicole Goodhue Boyd

Photo Series Nicole Goodhue Boyd Second Place Serious Columnist

Daniel MacAlpine

Mark Gardner

James Jesso John Walker

Third Place

Kingston Mariner

Second Place

Sports Photo

Lexington Minuteman

Spot News Story Staff First Place

Social Issues Feature Story

First Place

Local Election Coverage First Place

Human Interest Feature Story

Ami Olson Campbell Second Place

Lincoln Journal

Feature Video

First Place

Littleton Independent

Sports Video

First Place lames Jesson John Walker

Sports Story

Lindsey O'Donnell Third Place **Mansfield News**

General News Story

Second Place

Sports Column

Heather Gillis Horris Third Place

Marblehead Reporter Editorial/Commentary Page

Second Place Feature Video David Sokol

Second Place Sports Photo

Kirk R. Williamson Third Place

Editorials Kris Olson

Marshfield Mariner

Best Use of Social Media in Breaking News

MultiMedia Coverage

Third Place Lisa Kashinsky

Chris Bernstein

Medford Transcript

Investigative Reporting Nicholas Iovino First Place

Transportation Reporting Alex Ruppenthal Racial or Ethnic Issue Coverage

Nell Escobar Coakley Second Place Science/Technology Reporting Alex Ruppenthal Second Place

Sports Story Second Place Alex Ruppenthal Feature Photo Third Place David Sokol

Needham Times

Health Reporting Third Place Wei-Huan Chen

Personality Photo Third Place **Newton Tab**

Sports Photo First Place Right-to-Know Third Place

Brett Crawford Various-Fisher, Costello

Kate Flock

North Shore Sunday

Reporting on Religious Issues First Place

Norwell Mariner

Environmental Reporting Erin Tiernan Third Place

Norwood Transcript & Bulletin Education Reporting

Second Place Brad Cole Infographics

Second Place Brad Cole Phil Salisbury **Old Colony Memorial**

Arts & Entertainment Reporting Second Place Frank Mand

Business/Economic Reporting Frank Mand Second Place

General Excellence Third Place

Roslindale Transcript Social Issues Feature Story

Third Place Saugus Advertiser

Social Issues Feature Story Second Place Matthew Reid

Sudbury Town Crier Living Page or Section

Taunton Daily Gazette Reporting on Religious Issues

Second Place Mark Larocque Sports Section

Third Place Steven Sanchez

The Enterprise Rookie of the Year Joe Markman

Bob Wallack Community Journalism Award Steve Damish

General News Photo Second Place Marc Vasconcellos

Feature Photo Second Place Marc Vasconcellos

Personality Photo Second Place Marc Vasconcellos

Human Interest Feature Story Second Place Ben Paulin

General Excellence Third Place

Spot News Photo

Third Place Marc Vasconcellos

Health Reporting Joe Markman Honorable Mention

Maria Papadopoulos

The Herald News Science/Technology Reporting

Deborah Allard First Place

Obituaries

Front Page

Headline Writing Will Richmond First Place

Rory Schuler Transportation Reporting Michael Holtzman First Place

Headline Writing Second Place Rory Schuler Serious Columnist Marc M. Dion Third Place

Greg Sullivan Third Place Special Section or Supplement (Editorial) Third Place Linda Murphy Jon Root Deborah Allard

Emely DelSanto Third Place Michael Holtzman Kevin O'Connor

Marc Dion

Jack Foley Reporting on Religious Issues Crime and Courts Reporting

The Hingham Journal **Photo Series** Robin Chan First Place

Honorable Mention

The MetroWest Daily News

Editorials First Place Rick Holmes Editorial/Commentary Page Rick Holmes First Place

First Place Philip Maddocks General Excellence Second Place History Reporting Second Place Chris Bergeron

Humor Columnist

Serious Columnist

Obituaries

Kendall Hatch Human Interest Feature Story Danielle Ameden Third Place

Honorable Mention Rick Holmes The Patriot Ledger **Editorial Cartoon** Joseph O'Mahoney First Place

Editorial/Commentary Page First Place Amy MacKinnon Editorials Amy MacKinnon **Environmental Reporting**

lessica Trufant First Place **Business/Economic Reporting** Patrick Ronan Second Place Arts & Entertainment Reporting

Business Page or Section Second Place Staff General Excellence Second Place

Second Place Chris Burrell Food Page or Section Dana Barbuto Third Place

Government Reporting

Arts & Entertainment Section Third Place The Register

Arts & Entertainment Section Third Place

Second Place

The Sentinel **Obituaries**

Second Place Chris Reagle **Tri-Town Transcript**

Reporting on Religious Issues First Place

Walpole Times

Kathryn O'Brien Linda Greenstein

Keith Ferguson Honorable Mention Brittney McNamara Waltham News Tribune

Human Interest Feature Story

Honorable Mention Eli Sherman **Wareham Courier Humor Columnist**

Frank Mulligan Third Place **Wayland Town Crier** Right-to-Know

Third Place

First Place

Second Place

Second Place

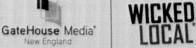
Wellesley Townsman Rookie of the Year Jordan Mayblum **History Reporting** Jordan Mayblum

Living Page or Section Second Place General Excellence Third Place

Reporting on Religious Issues Jordan Mayblum Third Place **West Roxbury Transcript** Crime and Courts Reporting

Westwood Press Feature Photo Seond Place Sam Goresh Winchester Star Personality Photo

Winchester Star Transportation Reporting Third Place Danielle McLean



Ann Ringwood

Julie Cohen

OPINION

HOW TO SUBMIT

Letters must be original and signed. Include the writer's address and phone number for verification. Letters may be edited. Send letters to Mary Ford, 73 South St., Hingham, MA 02043, cohasset@wickedlocal.com, or fax to 781-741-2931.

QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com.

EDITORIAL

We're not done dealing with drugs

n this week's edition you'll find Part 2 of our two-week special report on the opiate crisis - Dealing with Drugs.

Through this in-depth group project we've tried to dig deep and cover a wide-range of issues related to the growing drug problem on the South Shore and throughout the state.

This is not a new problem, but it has become so pervasive and so deadly that we are all forced to sit up and take notice. Drug addiction doesn't discriminate – anyone can fall prey to the disease and most of us know someone, some family impacted by substance abuse.

Last week we looked at addiction and the difficult road those hooked on opiates and other substances must travel to recovery. Meghann Perry and Jodi McDonald shared their ongoing recovery journey, which has inspired them to reach out and give help and hope to others struggling with addiction.

For Kristina Richards and Peter Thompson, helping spread awareness and support prevention programs has become a mission. The Hull mom and father from Braintree both lost their sons

— Kyle and Ryan — to a heroin overdose. Both young men had been through recovery and treatment programs, and both relapsed fatally. Now their parents are determined that something good will come from their personal tragedy. By openly sharing their stories and reaching out to help other families Richards and Thompson hope others won't have to suffer the same loss.

Thompson is founder of Braintree's Community Partnership on Substance Abuse, one of many groups and coalitions that have formed in communities all over the region to help battle opiate abuse and foster prevention and education programs. Other groups working to make a difference include Scituate **FACTS**, Pembroke Titans Against Drugs and The Safe Harbor Cohasset Coalition.

This week we take a look at those on the frontlines of the crisis, the first responders police, paramedics and physicians — responding to the medical calls involving overdoses and giving critical, lifesaving treatment to overdose victims. Equipped with Narcan, police and paramedics can reverse an overdose and point drug abusers toward paths to recovery.

Some are ready to take that journey. Others are not and will end up back in the hospital or incarcerated - like Michael, the inmate we interviewed at the Plymouth County House of Corrections. Michael first got hooked on pain pills, but when his prescription ran out and he could no longer get away with forging them, he made the switch to heroin - a cheaper high to come by. Now in the prison's substance abuse unit, Michael is getting support and trying to rebuild his life so that he can continue his recovery when he's released later this summer.

Through the Old Colony Police Anti-Crime Task Force, local law enforcement officers are teaming up to put a dent in drug-related crime and help get dangerous drugs out of our communities.

And local lawmakers are acting too, pushing for legislation that goes hard on drug dealers and gives help to prevention efforts starting at the doctor's offices where opiates are first prescribed.

Our special report is

rapping up this week, but we know we're not done dealing with drugs. There will be many more stories to write - some of them uplifting and hopeful, others tragic and disturbing. This is a complex, widespread problem, crossing town borders and all socioeconomic lines. We'll continue to shine a light on the issue in the hope that better awareness and continuing efforts by drug abuse prevention groups, law enforcement and lawmakers will help turn the tide on the South Shore.

—Alice Coyle is the managing editor of GateHouse Media's Marshfield, Mass. office. You can reach her at acoyle@wickedlocal. com or follow her on Twitter @accoyleWL.



COMMENTARY

Sublimation is Sublime

By Noel Collins

he dictionary defines "sublime"" as "to pass directly from the solid to the vapor state." The word has other meanings but for the purposes of this submission it is the transition of substantial amounts of snow to vapor that is substantively at issue.

The winter of 2015 submerged our suburban community beneath snow unlike any winter this writer has ever witnessed in Cohasset. But, where has all the snow gone? There have been no torrential rains. There have been no significant warm spells. What has been going on almost around the clock for several weeks is "sublimation."

Mother Nature (apologies to climatologists) has been at work gently converting the snow into vapor and thereby saving us from what could have been (still could be?) a record-breaking stormwater season replete with flooding conditions of historic proportions.

I no longer look at a soft spring rain and wax poetic about natures beauty, instead I estimate

which neighborhood may flood first, if at all. The worst flooding conditions I ever observed in Cohasset occurred during a "25 year" storm event, meaning a storm that can occur every 25 years. That's not a lot of time in historic calculations. However when that storm occurred, in the form of wind and rain, the ground was frozen. All the snow on the ground and all the rain had no where to go - except our basements. (Note to self: Better check basement

In past weeks, as snow accumulated and temperatures remained subfreezing, I watched every forecast for signs of rain. Then I noticed that much of the snow was disappearing into thin air, literally. Heat, mainly from the sun was causing the snow to turn into vapor and then - bye-bye! The ever-constant geothermal heat of the planet combined with the warming rays of our Sun to elegantly move each past snowfall into the atmosphere, qui-

sump pump tonight.)

etly, neatly. Subtly.

We can still expect more snow, and even plenty of rain, that's a given. But, with a little luck we may

enjoy another season free from flooded basements and neighborhoods.

Various water bodies around town, including Treat's Pond, Sanctuary Pond, Lilly Pond, Mealy's Pond, Hunters Pond, and all the brooks and streams remain sources of concern to the Stormwater Advisory Committee not only for their flooding potential but also their capacity to translate contaminants.

On April 7, at 7 p.m.,
The Stormwater Advisory
Committee will meet in
Town Hall and conduct
its Annual Flood Prone
Areas Survey. Please plan
on attending if you care to
inform us of any concerns
or information relative to
flooding in Cohasset. We
will also be looking to discuss all stormwater related
issues anyone may wish to
bring to our attention.

We have room on the Committee for additional members and welcome anyone interested in joining our exciting team of experts (only Jim actually) and dedicated (yes!) members. If you are interested in working with us feel free to come to our meeting or apply directly to the Town managers office or at the Selectmen's office.

On April 7, at 7 p.m., The Stormwater Advisory Committee will meet in Town Hall and conduct its Annual Flood Prone Areas Survey. Please plan on attending if you care to inform us of any concerns or information relative to flooding.

You may need to subordinate some free time to stormwater related issues but if you subscribe to the ethic of "giving back to the town" you may find these issues interesting.

Sublimation, the word, begins with "sub." Way too many words in this submission also begin with "sub." This may only be a subliminal attempt to reinforce the "sublimation" snow story...

-Submitted on behalf of the Cohasset Stormwater Advisory Committee, by Noel Collins, Chairman, with assistance from Jim Fitzgerald, Expert, Fran Collins, History and Rich Anecdotes.

Cohasset Mariner

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LETTER

Readable book on subject of drugs

There seems to be quite a bit of interest regarding drug use, drug addiction, and the war on drugs. By coincidence, I just finished reading one of the most fascinating and readable books on the subject: "Chasing the Scream: The First and Last Days of the War on Drugs" by Johann Hari.

I would encourage anybody to read this revealing book, especially if you're a member of law enforcement or if you have a hand in shaping public policy.

Matthew Grech 16 Carbone Lane

CRADLES TO CRAYONS

Clothing and Shoe Drive

This spring, Cohasset is participating in a clothing and shoe drive for Cradles to Crayons, an organization that collects and donates children's items to people in need. This drive is a part of Project 351, an organization dedicated to uniting young people across the state in service.

They will be collecting new and like-new clothing and shoes, the most needed items being new socks and underclothes, winter coats, and new and gently-used children's shirts and long pants. Sizes newborn through adult medium are appreciated.

Collection boxes will be placed throughout the middle-high school, and donations can be dropped off in the school's main office. Another drop-off box will be in Shaw's supermarket in Cohasset. Donations will be accepted between March 30 and April 9 at both locations.

TOWN CLERK

Register to vote for Town Meeting, Election

The last day to register to vote for the Annual Town Meeting on Saturday May 2, and the Annual Town Election on Saturday, May 9, is Friday, April 10. Registration will take place at the Town Clerk's office from 8:30 a.m. to 8

Any citizen of the United States who is a Massachusetts resident and who will be 18 years old on or before a town meeting or Election Day may register to vote. There is no waiting period to be eligible to register to vote. If people move, they may register to vote as soon as they move into a new home.

Registration is closed for a brief period before each town meeting and election to allow election officials time to prepare the voting lists. If people register during a "closed" period, they will be eligible to vote only in later town meetings or elections.

OPINION

POLITICAL PERCH

Bonhoeffer and why we must fight ISIS

t dawn on April 9, 1945 the Nazis stripped Pastor Dietrich Bonhoeffer naked at the Flossenburg concentration camp, led him into the execution yard and hung him without a trial. Adolph Hitler ordered them to do it. Two weeks later the United States 90th and 97th Infantry Divisions liberated the camp and a month later Nazi Germany capitulated.

Bonhoeffer was a highly regarded academic theologian. Two days after Hitler came to power, in 1933, Bonhoeffer immediately left the safety of his ivory tower and publically opposed the Nazi regime. He recognized the evil of Hitler and the Nazis and felt compelled to act on it. He delivered a radio address opposing Hitler and was cut off in mid-air. In 1933 he raised the first voice advocating church resistance to Hitler's persecution of the Jews, stating that the church must not simply "bandage the victims under the wheel, but jam the spoke of the wheel itself."

Bonhoeffer worked with the German Underground and in the 30s secretly moved from one village to another conducting what came to be known as "seminaries on the run." A man of his stature could have safely left Nazi Germany but instead he chose to stay and resist - even though he was eventually forbidden to publish or speak in public. Bonhoeffer was implicated in various plots against Hitler which, upon discovery, led to his execution.

The Islamic State (ISIS) is the Nazi horror of our time. Both of these powerful visceral movements are essentially assaults on Western civilization. They have no use for modernity, which is characterized by the use of reason, the rule of law and belief in the ongoing progress of mankind. Nor do they respect or acknowledge individual human rights. Their bloody aggression knows

no boundaries. The Teutonic Nazi's were pagan in both their ceremonies, symbols



KEVIN MCCARTHY

and brutality. The Nazi Swastika dates back 3000 years and was used as a symbol of well-being and good fortune in many ancient cultures until forever condemned after being used by the Nazis. ISIS yearns for a bloody apoplectic return to the Caliphate of the 7th century. They offer brutal dictatorship and the fanatically religious Sharia law, which justifies terrorism, oppression, slavery and murder of non-believers.

As bizarre and strange as ISIS seems, it would be a serious mistake not to take seriously its threat to Western Civilization - and the world. In the early 30s, Hitler and the Nazi's seemed comical to many — with Hitler often compared to a clown — until he got into power and then it was too late.

Accordingly, it concerns me that several members of our Massachusetts Congressional delegation have balked at President Obama's request for a three-year authorization to use force against ISIS without regard to particular international boundaries. The President's threeyear request doesn't seem unreasonable to me as ISIS is essentially fighting us and the rest of the civilized world everywhere without regard to international boundaries. Obama wants to take the fight to where the enemy is — and not wait until the enemy lays its bloody hand on our homeland, which may be imminent anyways.

A recent Quinnipiac poll shows that Americans by a margin of two-to-one support deploying U.S. ground troops to fight and destroy ISIS. But our congressional delegation is skeptical and hesitates. One Congressman flat out turned down the President's request the day he issued it - without inquiring into the details

The Islamic
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the Nazi horror of our time.
Both of these
powerful visceral movements are
essentially assaults on Western civilization.

or seeking a dialogue on the matter. Several others want specific details and assurances of success, commenting that this is a matter for Iraqi's alone to handle — while the President states that any on-the-ground combat by U.S. forces would be limited to rescue operations, intelligence gathering and special ops forces missions to take out ISIS leaders. ISIS is fighting us everywhere they can it seems logical to fight them everywhere they

Remarking on why
he fought against and
resisted Hitler and the
Nazis, Pastor Bonhoeffer stated "the ultimate
question for a responsible
man to ask is not how
he is to extricate himself
heroically from the affair,
but how the coming
generation shall continue

to live". If the universal and immediate threat of ISIS is not enough to justify military action against this deadly and growing menace then we should think about the world we leave behind for our children. After all, we enjoy our freedom and liberty today because a generation before us finally took up the fight, against a similar deadly threat to world peace and civilization, as we know it. They left their children safe and free - ill we do the same?

-Kevin McCarthy resides at 155 Fairoaks Lane and can be reached at: mccart9@gmail.com. Kevin is also a member of the Cohasset Board of Selectman (BoS) but his above comments are his own personal views and are not attributable to the BoS.

VIEW FROM THE FRONT PORCH

Pantry Palooza — thanks and prizes

It's a wrap! For the first year, Pantry Palooza is declared a smashing success with over 200 people young and old showing up at Town Hall last Saturday and contributing enough to stock the shelves at the Cohasset Food Pantry.

Until Saturday, I truly had no idea how much work goes into a food drive from the perspective of the Pantry. After all the food is collected, the folks from the Pantry need to check the expiration date of every item and then they sort items all over the place; it's truly a ton of work. The good news is, for the 50-plus boxes of food collected only two boxes were deemed expired or not usable.

That's a great yield. Thanks are in order and lots of them; starting with everyone who came by on Saturday. While I am sure we are forgetting a few people and are more than likely spelling a few names incorrectly, we wanted to publicly thank all the people who took the time to help out. It was rainy, snowy, cold and miserable yet all of these people took the time to show up and donate and they all rock because of it!

So thank you - Andre Basile, Liam Davis, Janet and Ellen Malloy, Wendy and Christina Neubert, Paula Collins, Betty Martin, Betts Murray, Dan Volungis, Mary Ford, Morgan and Amanda Sile, Ginny Awbery, Meaghan, Michael, Thomas and Nolan Barry, Luciano Lavretti, Kathrvn and Mason Wells, Charlie Bodell and his wicked cool Mom, The Kenilev Family, Dave Dugan, Bryan and Jennifer Cashin, Caiden Smith, Lisa Dooley, Claire Haddad, Mark Richardson, Sandy Driscoll. Diana Karcher, Trish Morse, Katharine Dame, Wyatt and Maddie Miller, Barb Buckley, Tana and Paul Carlson, Carly Huey, Barbara Bucklev, Patricia Waters, Joe and Sarah Stanganelli, Andrea Martone, Hellen Gruber, Alana O'Brien, Joanne Montgomery, The Franklin Family, Gwen Fitzgerald, Diane Dooley, Sean Case, Catherine Davis, Abigail and Mark Alves, Lesley Grilli, Allison, Corayson and Riley Corbett, Kathleen Broderick (Thomas's amazing Mom), Jaime, Austen and Amelia Suvak, Johnny Appleton, Taffy Nothnagle, Sally Sisson, Amanda, Brooks and Riley Kennedy, Will Molloy, Blake and Taylor Marshall (By the way, it was Blake's photo in the paper last year that helped inspire the Palooza), Ron Norton, Kara Blanchi, Pat Facey, Diane Campedelli, Colin and Brenda Regan, The Olson Family, Lisa Brown,



JOHN MCSHEFFREY

Brian McCann and his turbo cool sons Luke and Conor, Brooke Conroy, John-Marks Pinard, Jenni and Maddie Milanoski, Sherri Anderson, Katie Walsh and amazing Jane Ninde for your kindness and generosity.

Kudos to Selectmen

Diane Kennedy and Kevin McCarthy for coming by, as well as candidates Paul Schubert and Peter Pescatore who both were quite generous. Multiple people told me that Selectman Martha Gjesteby was away last weekend but that she too made a donation, so thanks to Martha as well.

We'd also like to acknowledge, The schools for helping get the message out, the folks at the Town Hall for all their assistance and the student volunteers who stepped up and help make the Palooza go so smoothly. Sophie Wolfe, Caroline Van Etten, Connor Curran, Andrew McSheffrey, Madigan O'Neill, Callahan O'Neill (and their mother who helped drive and carry goods) and especially Alexandra Lanier who worked tirelessly from start to finish, vou all made a huge difference and I bow to your

greatness!!
Okay, okay now I am bordering on Oscar acceptance speech territory so before the music kicks in and the camera zooms to an audience shot, on to the prizes!!
Thirty-two businesses and individuals donated to the Palooza; that's pretty incredible.

incredible.

Honestly, we cannot say enough great things about all the donors. Small businesses help make our town a community and after the harsh winter they need our support. I'm advocating for an official Shop and Dine Cohasset Day in the near future; anyone with me on this? Somebody organize it and I'll dedicate a column to it. Let me know.

For now I am all
Palooza-ed out, but many
who brought items on
Saturday were already
asking about next year.
Hmmm, I'm open to

As always thanks for reading now back to our regularly scheduled programing.

-John McSheffrey has been part of the Cohasset community since 2007 and can be reached at jjmcs@aol.com

Winning ticket numbers

If you have your tickets, now's the time to grab them bxecause the winning ticket numbers are as follows.

540004 — Mullaney's Harborside, \$20 gift

certificate
540008 — 143Sportswear,
com, hooded sweatshirt
540013 — OSI, \$50 gift

540017 — Kennedy Country Gardens, \$25 gift certificate

540019 — The Corner Stop, \$50 gift certificate 540025 — Down to Earth Designs, creative beach

540037 — Pair of Red Sox tickets (June 12) Orioles 540041 — Cohasset Mariner, One year subscription 540048 — Twist, Gift bag

for a child 540054 — Mullaney's Har borside, \$20 gift certificate 540062 — South Shore Music Circus, pair of Beach Boys tickets

540070 — Cohasset Swim Center, a birthday party (\$100 value) 540083 — The Alves

Family, itunes gift card 540106 — Buttonwoods, \$20 gift certificate 540116 — Mathnasium,

gift certificate 540127 — Citrus Daisy, hand painted sign 540131 — Willow Creative Learning Center, gift certificate for three classes

540144 — Cohasset House of Pizza, \$25 gift certificate 540149 — Mr. Dooleys, \$25 gift card 540164 — South Shore

Music Circus, Pair of Beach Boys tickets 540192 — 143Sportswear. com. hooded sweatshirt 540209 — Victoria's Piz-

zeria, Gift certificate for 2 large pizzas 540220 — Black Rock Country Club, a brand new

golf putter 540227 — JJ's, gift certificate

540228 — Kennedy Country Gardens, \$25 gift certificate 540234 — The Work Sta-

tion, \$300 one-month pass

540242 — 143Sportswear, com, hooded sweatshirt 540251 — Hingham Lumber, \$50 gift certificate 540261 — Twist, Gift bag

for a child 540266 — ARFotography, \$100 gift certificate 540268 — Feng Shui, \$25

gift certificate
540270 — The Good Sport,
\$20 gift card
540271 — ARFotography,
\$100 gift certificate
540288 — Your Nutritional

540288.— Your Nutritional Best, two health coaching sessions 540296 — Cohasset Rotary, baseball cap 540299 — Hingham

Lumber, \$50 gift certificate 540300 — Kennedy Country Gardens, \$25 gift card 540310 — Olympus Grille, \$25 gift card

540317 — Jade Forest, gift certificate 540321 — Scituate Collision, one auto detailing

540321 — Scituate Collision, one auto detailing 540329 — Cohasset Cycle, bike tune up gift card

If you see your ticket number listed, drop an email to John McSheffrey or Jen Piepenbrink and they'll arrange to confirm and get you your winnings. If you didn't win, you might have a second chance. Any prizes not claimed within a month will be given a new ticket number. Check the Mariner Facebook page for periodic updates.

LIBRARY KIDS

Puppet storytime is Tuesday

The following events for children will take place at Paul Pratt Memorial Library, 35 Ripley Road, Cohasset. Call 781-383-1348 for more information or visit www. cohassetlibrary.org.

MAMSTEPH SPECIAL SATURDAY CONCERTS: April 6, 13, and 27 at 10:30 a.m. Funded by the Friends of the Cohasset Library.

MAMASTEPH CONCERT: Mondays, March 23 and 30, at 10:30 a.m. Funded by the Friends of the Cohasset Library. **LEGO CLUB:** Mondays, April 13 and 27, at 4 p.m.

PUPPET STORY TIME WITH LEIGH AND FRIENDS: Tuesdays, April 7 and 21. at 10:30 a.m., in the Story Room. Funded by the Friends of the Cohasset

STORYTIME: Tuesdays, April 14 and 28, at 10:30 a.m., in the Story Room.

Library.

STORY & CRAFT: Wednesdays, April 8, 15, 22 and 29, at 1 p.m. in the Story Room. Each week a different theme will be explored

through literature and craft. Suggested for ages 3 and older.

DROP-IN CRAFTS: Thursdays, from 10:30 a.m. to 1:30 p.m., in the Story

READ TO A DOG PROGRAM IS BACK: Tuesdays. April 7 and 21, from 3:45 to 4:45 p.m. Sophie, the reading therapy dog, will be available to listen to children read. Check in with Mrs. Moody to let her know one is here to see Sophie. First-come first-served

basis.

FIRST AMENDMENT

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

PLEASE RECYCLE THIS NEWSPAPER

LIBRARY CORNER

Author visit on Saturday, April 4

The following events will take place at Paul Pratt Memorial Library, 35 Ripley Road, Cohasset. Call 781-383-1348 for more information or visit the website at www.cohassetlibrary.org.

Author Visit: Julianne and David Mehegan, editors of "Record of a Soldier in the Late War: the Confederate Memoir of John Wesley Bone," will give a talk and presentation at the library from 2 to 3 p.m. Saturday, April 4. A book signing will follow the talk. Books will

be available for purchase. Free.

Poetry Excursion: Rev. Dr. Gordon Postill will give a poetry recitation of William Shakepseare, Mary Oliver, W.H. Auden, and other renowned poets at the library at 6:30 p.m. Thursday, April 9. All are welcome.

Poem in a Pocket Week: Celebrate National Poetry Month with the library. Everyone is encouraged to jot down a favorite poem and carry it in his or her pocket during the week of April 13. Be ready to read or recite your poem at the request of a fellow citizen. Don't have a poem? Drop by the library and choose one from the basket.

Sunday Author Talks:
Originally scheduled for
Feb. 8, author Richard Primack will give a talk about
his book "Walden Warming" at 4 p.m. Sunday,
April 19. A wine and
cheese reception and book
signing will follow the
talk. Sponsored by Dean
& Hamilton Realtors, The
Cook Estate, and A Taste
For Wine & Spirits.

IN BRIEF

Look at water debt, costs

The Water Department owes \$32 million for investments made over the past 20 years. These investments include upgrading older infrastructure in order to deliver water effectively to customers and purchasing land to protect the watershed. On top of such housekeeping items, there are new costs due to new federal and state regulations

In recent years, the Water Department has been forced to pour much of their revenue into debt service. There certainly has not been leftover revenue to build up a retainer fund. "Each year, we have to ask how we can squeak by," said Water Commissioner Leonora Jenkins. This is not a sustainable

"We have actual costs," Jenkins said during the forum. "There are chemical prices that don't go down, testing that is mandated, contractors whose fees will be going back up. You can't just not paint the water tank for five years, because the government will not allow that." If the Department continues putting revenue toward debt service, they will not be able to cover actual

Another issue is that, while the town has faithfully paid fire hydrant fees to Aquarion, which services North Cohasset, they have not been so faithful about paying the Cohasset Water Department for the hydrants they service.

Lastly, at a base level, Cohasset has expenses that other towns simply don't have. While other towns use well water exclusively. Cohasset uses a combination of well-water and surface water. Surface water costs more to treat and requires a treatment plant (located on lower King Street). They also have an earthen dam at the Aaron River Reservoir, as well as fish

By following Woodard and Curran's recommendations, the Water Department would be able to channel capital recovery charges toward debt service, while appropriately allocating revenue from volumetric rates toward service, maintenance, and retained earnings, officials said.

UPDATE

Elder Affairs is 'on the move'

By Mary Ford

mford@wickedlocal.com

department, which oversees the Senior Center, its director and its programs is "on the move" - but cannot completely relocate before the town conducts a procurement process as required by state law.

A Request for Proposals (RFP) was issued last week because of the amount of town funds involved in either renting or leasing the new 8,000-square foot building, dubbed Willcutt Commons, at 91 Sohier St.

"Any transaction with a value of more than \$35,000, whether a lease or a purchase, requires the Town to follow procedures prescribed by the statute," Town Manager Chris Senior said.

Responses to the simultaneously released RFPs - one to lease and one to buy the building - must be received by April 24. Then a recommendation can be made to the May 2 annual Town Meeting where voters will have the say on what direction the town should take.

At last week's Board of Selectmen's meeting Senior provided an update about why an RFP is required under state procurement law along with an overview of the

senior center process. He explained that in 2013 the Social Service League, which is a private non-profit, moved to independently construct a senior center without the involvement of the town with private funding and private procurement for all design and construction contracts. The building was completed in November.

The Social Service League can respond to the RFP as well as other entities such as the South Shore Community Center where Elder Affairs has been housed for decades. The town is currently leasing the of Willcutt as a "great opportunity."

EARLY RETIREMENT (H 5189

the budget without massive involuntary layoffs

community center on a month-tomonth basis.

At November's Special Town Cohasset Elder Affairs, a town Meeting (STM), voters approved spending \$20,000 for a "due diligence analysis" of Willcutt's construction, short and long term energy and operational expenses and the potential utilization of space for Elder Affairs programs and administration. The study is posted on the town's website.

> The November STM also appropriated \$30,000 that Cohasset Elder Affairs could use to rent Willcutt Commons for some programs and related costs for the rest of the fiscal year and until a townwide vote to accept use of Willcutt Commons full-time. Some of the \$30,000 will be returned to the town because the CEA is under budget for use of Willcutt, said Paul C. Kierce, chairman of Cohasset Elder Affairs, which started using the new facility last month on Tuesdays and Thursdays

> Kierce said two days a week plan is a great way to try out the new facility. He explained that Tuesdays and Thursdays work best for the staff and seniors in the programs.

> He said the Senior Center has completely outgrown the 2800 square feet they use at the community center with an annual lease of \$26,500.

> Kierce also explained that new senior center at Willcutt Commons will not be restricted just for use by seniors or for senior programs. Town programs including government meetings can be held there as long as they don't impede the use by seniors. For example, a government meeting could not be held in the middle of a senior lunch - but at night or other weekend hours, it would be OK.

He described approving the use

"It really is time," Kierce said. "The town has done everything for all groups in town except the older citizens of Cohasset."

Marita Carpenter, President of the SSL, said in a phone interview that the intent of the Social Service League from the start has been to turn the building over to the town as a gift.

However, the SSL borrowed money against future contributions and pledges to complete construction of the \$3.7 million facility, and therefore there is a mortgage of \$700,000 on the building. Once the loan is paid off - which the SSL hopes will be within three years or less - the League intends to gift the building to the town as originally planned. In the meantime, the SSL hopes that the Town can make use of the facility under a lease of some sort. The SSL is very flexible as to the terms of such an arrangement, she said. The league's goal is to benefit the Town.

She said the SSL would be quite willing to lease the building for a modest amount with the Town assuming the operating costs of the building.

Carpenter noted that the Willcutt Commons was built as a senior center to provide a home for Cohasset Elder Affairs. She stressed, however, that other town departments would be welcome to use the facility as long as they don't disrupt the elder affairs programs, and that she anticipated that the facility would be very useful to the

Carpenter indicated that the Social Service League would retain a small office and conference room in the building for conducting the league's many charitable community activities, a number of which are coordinated with the activities of Cohasset Elder Affairs.

DEBT

From Page A1

of Selectmen and the Advisory Board will vote on in the coming weeks. The company believes these practices will enable the town to stay on top of capital needs (day-to-day operations and maintenance), as well as address roughly \$32 million worth of debt incurred from water department investments made over the last 20 years.

"The debt service level here is significantly higher than any other community of this size that I have worked with," said Fedder. "Debt service level" simply translates to "the amount the town is required to repay each fiscal year to cover debt." The Water Department is currently addressing the debt service level through capital recovery charges included in quarterly bills to ratepayers.

Fedder's recommended practices would address the debt service level by ensuring that capital recovery charges truly reflect what is owed. Over the next five years, the capital recovery charge billed to the average ratepayer would decrease from \$187 per quarter to \$170 per quarter as the debt service level decreases.

More importantly, the recommended practices would ensure that all customers receiving service from the Water Department are being charged consistently and equitably for services rendered.

At present, there are several hundred properties in Cohasset that are connected to meters through other properties - for instance, two condos in the same building sharing a single water meter - which means that some residents and businesses are contributing significantly less to the Water Department's revenue, in spite of receiving the same services as others.

Fedder's recommendations suggest that these properties be charged \$93.50 per quarter, an amount that reflects the services they are receiving. This would generate almost \$125,000 more per year that the Water Department could use for capital recovery.

Some members of the forum didn't feel this was a fair solution. The water bills for residents of Avalon, for instance, would go up considerably. Many other landlords don't presently charge tenants for water. Should a single person in a single bedroom apartment, who is not allowed to wash cars or water gardens, be billed the same amount as a multiple-income family living in a single family home?

"That's a lot of money to someone in an affordable unit," said one dissenter.

But, said Fedder, "in comparison to other customers, they aren't bearing a fair portion of the expense. This practice will

more accurately assign costs to those who are receiving the benefits and reduce the capital recovery charges to all other system users.

Jenkins added, "We are not forcing people to meter all at once. When you're looking at a couple hundred meters, that doesn't happen overnight."

In addition to charging unmetered residents, the Department also hopes to see the town foot its share of the bill with regard to fire hydrants. While the town has faithfully paid its due hydrant charges to Aquarion, which services parts of North Cohasset, they have not been so faithful about paying the Cohasset Water Department for the hydrants they service.

This has created major deficits in the department. In the coming weeks, the Board of Selectmen and the Advisory Board will also vote on recommended rates for fire service charges, which are paid annually rather than quarterly. The rate study recommends a charge of \$730 per hydrant (whether municipal or private) with other charges for differently sized sprinkler connections.

Fedder's recommended practices would enable the Water Department to build a minimal operating reserve. By properly allocating funds, rather than channeling revenue into debt service, the Water Department would be able to set aside 5-10 percent of their revenue to be used for emergency repairs and projects. This is standard practice in Enterprise Funds but has previously been an impossibility.

If the Selectmen and Advisory Board reject Fedder's proposed rates, including quarterly charges to unmetered residents, the Water Department will have to fall back on a smaller budget. The average ratepayer would see a 4.5 percent increase in their capital recovery charge.

With Fedder's plan in place, individually metered residential service bills would remain the same as they are now for the next two years, including the capital recovery charge of \$187 per quarter for the average household. Rates would then decrease over the following three years as debt service is reduced. Volumetric rates for water service would remain constant throughout the five-year fiscal cycle.

Only certain large fire service customers and customers with multiple units metered through a single meter would pay more.

These practices would position the Water Department to address customer's needs as well as tackle debt service in a manner that is least burdensome to the majority of residents.

"This is progress," said a hopeful member of the forum. We are moving toward internal equity and stabilization. I think this is directionally pretty positive."



Beacon Hill Roll Call

By Bob Katzen

order to qualify, a worker must have minimum of 20 years of service or be at least 55 years of age.

April 15, 2015 and July 15, 2015, and must retire no later than July 31, 2015.

are several new laws that take effect in late March and early April.

bob@beaconhillrollcall.com

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If you have any questions about this week's report, e-mail bob@beaconhillrollcall.com or call 617-720-1562.

Y = Yes; N = No, NV = No Vote (President rarely votes) * Not every item is voted on by both House and Senate

THE HOUSE AND SENATE: Beacon Hill Roll Call records the votes of local representatives on roll calls from the week of March 23-27. There were no roll calls in the Senate last week

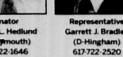
House 152-0, approved and sent to the Senate a bill creating the Employee Retirement Incentive Program that offers early retirement to thousands of state workers in the executive branch. In

The plan allows employers to hire replacements for some of the departing workers but caps the amount the employer can spend at 20 percent of the savings resulting from the early retirements The measure is similar to the one first proposed by Gov. Charlie Baker at the beginning of March. Employees who want to participate in the program must file an application for retirement between

Supporters estimate that 4,500 state workers will take the early retirement, resulting in a savings of \$173 million. They argued this program is the best way to trim the state's payroll and balance

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ert L Hedlu R-Westmouth 617-722-1646

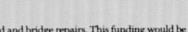












(A "Yes" vote is for the program. \$200 MILLION FOR ROADS AND BRIDGES (H 3187) House 155-0, approved and sent to the Senate a bill allowing the state to borrow \$200 million to grant to local cities and towns for road and bridge repairs. This funding would be on top of the wernor's recently announced Winter Recovery Assistance Program, which provides \$30 million for cities and towns to repair potholes, roads and bridges, and the \$100 million for local roads reeased by Gov. Baker in January

Supporters said the total of \$330 million would help struggling cities and towns with road and bridge repairs which have increased because of the harsh winter storms (A "Yes" vote is for the \$200 million.)

ALSO UP ON BEACON HILL 2024 OLYMPICS LIKELY TO BE ON 2016 BALLOT - Boston 2024, the non-profit group spearheading the effort to bring the 2024 Olympics to Boston, announced it plans to put a question on the 2016 ballot asking voters how they feel about the Olympics possibly coming to Boston. "Boston 2024 believes that the Olympic and Paralympic Games will be good for Boston, and will create thousands of jobs, drive economic development, and serve as a catalyst for the long-term plans of Boston," Boston 2024 Chairman John Fish said. "As we pursue this goal, we are committed to the highest level of transparency and accountability." Fish also pledged that Boston 2024 would not go forward with its bid if the ballot question does not pass or if a majority of voters in the city of Boston do not support it.

with a big bill," said Diehl. He challenged Boston 2024 to not spend more than \$250,000 on the ballot question. "If they truly want the people's opinion, then they should put aside their big money, said Diehl. "You can win a ballot question by just talking to voters without all the expensive commercials." Former 2014 gubernatorial candidate Evan Falchuck is also involved in the Olympics saga. He said his United Independent Party plans to gather signatures to put its own question on the 2016

Meanwhile, Rep. Geoff Diehl (R-Whitman) said that not one of the people involved with Boston 2024 are known for being frugal with taxpayer money. If fear the taxpayers are going to be left

ballot asking voters whether they agree that no taxpayer money should be used for the Olympics if Boston is chosen as the site. Falchuck said he is skeptical of Boston 2024 drafting the wording of a ballot question. "Taxpayers have to be protected," Falchcuk said. "The question for Boston 2024 is this: Do you agree to a vote that says no taxpayer money for the Olympics? If not, what do you The Legislature approved and former Gov. Patrick signed into law many bills at the end of the 2014 session, which ended in January. It takes 90 days for most new laws to become effective. Here

ACCOSTING AND ANNOYING (\$ 2362) - Effective March 24: Changes a current law that makes it illegal to annoy or accost people of the opposite sex with behavior that is deemed offensive and/or disorderly. The new law allows the charges to be brought even if the victim were a person of the same sex. Supporters say the new law changes this antiquated law and is aimed at sex offenders who target children regardless of gender. They cite an incident in Bellingham in which a male offender accosted young boys but the charges were dismissed because under the law, it was only a crime when it was against the opposite sex.

SELL LIQUOR AT CONTINUING CARE COMMUNITIES (S 2407) - Effective April 2: Allows the sale of alcohol at continuing care communities, retirement communities and assisted living Supporters say many of these communities already offer top-notch in-house restaurants but noted that the facility is not allowed to serve liquor. They argue that allowing alcohol is simply an extension that will benefit residents and make profits for the home

CONFINEMENT OF MENTALLY ILL PRISONERS (H 4545) - Effective April 5: Prohibits mentally ill patients from being housed in a segregated unit at a prison for more than 30 days. It provides that these prisoners instead be sent to mental health treatment units. Supporters say the segregation of mentally ill prisoners is counterproductive and often makes the prisoners even worse. They note that a court agreement imposing this same rule expires in

ad argued things will revert back to the old rules of extended confinement in segregation units if this bill is not passed MASSAGE THERAPISTS (H 4551) - Effective April 5: Prohibits unlicensed masseuses in Massachusetts from advertising on the Internet through websites, e-mails or blogs.

Supporters say a loophole in the current law prohibits unlicensed masseuses from advertising in print, including newspapers, magazines and signage, but allows them to advertise on the In-

QUESTION OF THE WEEK

LAST WEEK'S QUESTION:

"Transparency" is something that all candidates say they believe in. If elected or reelected, what steps can you take to ensure that the items on your meeting's agenda are completely clear to folks both at home and at the meeting?

SELECTMAN:

Martha Gjesteby

The Board of Selectmen has been increasingly transparent. Our agendas are now a Website that has been updated over the past year with a new Town Manager.

Our executive sessions are clearly marked as to the subject, with referral to the applicable statues of law.

The background material for the meeting agenda, should be provided with more detailed information before the actual meeting. As to the budget and monthly update, a spreadsheet report is preferred. We have personnel that can easily

prepare the spreadsheet and furthermore, it could be uploaded on our Website.

Also the approved minutes of all boards and committees as well as the BOS, need to be posted on the website. When all Cohasset voters know the results of our action, then we have opportunity for more active citizen participation.

Hopefully the outcome is more informed community participants attending, Town Meeting voting, plus running for elected office, and committees in our town. SELECTMAN:

Peter Pescatore

The foundation of the Open Meeting Law, that all municipal boards provide adequate notice to citizens, is to insure that the decision making process be transparent and available to all who want to participate. Having a timely agenda that clearly describes the topics to be discussed is the key communication tool to encourage citizens to come out and add their voice.

It is imperative that a deliberative body, like the Board of Selectmen, be independent and diverse in their affiliation and life experience with each of the five individuals bringing varying perspectives to create an open, objective and unbiased discussion.

As Chair of the Advisory Committee I have worked hard to ensure that my board appointments focused on bringing people with differing experiences and viewpoints to the table. The result has been open

and frank discussions that inform our citizens.

Distributing all materials on a timely basis is essential to openness. My practice on the Advisory Committee has also been to conduct independent research on topics so I can effectively lead and expand the discussion by highlighting aspects of an issue that may not be apparent in the original materials.

Giving adequate time to hear all arguments of an issue while keeping the discussion focused on the subject at hand; being completely prepared for each item; providing a clear statement in plain language at the outset that puts the issue in context and listening with respect to other peoples perspective - these are practices I've employed to ensure transparency in Advisory meetings. I intend to be equally committed to these practices as a Board of Selectman member.

SELECTMAN:

Paul Schubert

While serving on the Cohasset School Committee over the past six years I have served under four chairmen and also served in that role. One of the important duties of the chairman is establishing the agenda for each meeting.

The problems I have seen are:

1. Timing of drafting the agenda and the need to comply with the Commonwealth's Open Meeting Law.

2. The depth of the information necessary on the agenda; is it too wordy or too terse? This is a balance the chairman must address.

3. The prediction of the time estimated for the discussion can easily be off if a topic generates more discussion than anticipated.

When I chaired the School Committee, I tried

to have a collegial and open discussion with the other members of the committee and the public at large to hear all points of view. As a result the committee could come to a decision, not from the chairman's point of view alone, but by consensus. Consensus is superior when there are difficult or contentious decisions; these are far easier to defend when the committee member's opinions are addressed. Also the public sees the way to convince rather than coerce a board member. It is far better to convince a member than pressure one, because the next time you may need to be open to another one's point of view and be convinced. A collegial board is always better in its decision making.

I will bring this collegial approach to my work on the Board of Selectmen.

NEXT WEEK'S QUESTION

For Selectmen candidates: How can you find the balance between paying attention to the town budget without micromanaging the Town Manager over finances?

Responses should be brief — no more than 275 words — and must be received by 5 p.m., Tuesday. Candidates are asked to be specific and make every word count. Submissions will be cut if they exceed the word limit. (We use the word-count feature on the computer to determine the number of words.)

Candidates should reply by e-mail at mford@wickedlocal.

The Mariner will also publish a weekly Candidates' Corner, which will be limited to a few paragraphs (about 175 words), from any candidate who chooses to submit dates of coffees, fund-raisers, short issue statements and the like

All candidates opposed or unopposed (who have not already done so) are invited to submit photographs and

formal statements announcing their candidacies. The Mariner will not accept letters to the editor from candidates or letters endorsing or attacking particular candidates. The Mariner will publish letters about campaign issues from citizens not seeking election.

If you have questions, or would like to suggest a Question of the Week, call Mary Ford at 781-741-2933 or contact her by e-mail at mford@wickedlocal.com.

COHASSET SEPAC

Noted neuropsychologist comes to Cohasset

ation and How to Use Test speaker from 8:30 to 9 p.m. Results to Monitor Progress and use in the IEP Process" presented by Reva Tankle. Ph.D., Pediatric and Adolescent Neuropsychologist of Neuropsychology & Education Services for Children & Adolescents (NESCA) and sponsored by Cohasset SEPAC will be held from 7 to 9 p.m. Tuesday, April 7, at the Paul Pratt Library in Cohasset. The presentation the results to the development

Understanding a will be at 7 to 8:30 p.m. of accommodations and goals brain injury. In 2004, Dr. Consultant course on "The and adolescents with a wide Neuropsychological Evalu- with open discussion with in an IEP.

> understanding of the essential components of a neuropsychological evaluation and the cognitive areas evaluated. Parents will learn how the scores are obtained and what they mean. Finally, they will learn how to compare test results to see if the student has made progress and how apply

This presentation will her bachelor of arts and provide parents with an master of arts degrees in psychology from York University in Toronto, Canada and her doctor of philosophy from the University of Florida in Gainesville. She came to Boston for a position at the Greenery Rehabilitation Center, and spent many years there as a neuropsychologist working with adults with traumatic

Dr. Reva Tankle received eration for Children with ical Evaluation in the IEP ties. Given her extensive

Needs Advocate. Since then, she has worked with hundreds of families with children with a wide range of disabilities, helping them navigate their way through the process of special education eligibility and accessing necessary services. Dr. Tankle currently teaches

Tankle trained at the Fed- Use of the Neuropsycholog- range of learning disabili-Special Needs as a Parent Process." Although she had experience within the Consultant and Special been a licensed psychologist and practicing neuropsychologist for many years, Dr. Tankle came to NESCA in 2011, for two years of additional specialized training in pediatric and adolescent neuropsychology.

In 2013, she joined the at the Federation's Parent sive evaluations for children ments will be served.

special education system, she is uniquely skilled in providing support and recommendations for the educational process.

For more information, visit www.CohassetSEPAC.

All Cohasset SEPAC NESCA staff as a clinician. speakers are free and open She provides comprehen- to the public and refresh-

CANDIDATES CORNER

By Paul Schubert

Great events are happening in town. The well attended Health and Recreation Fair at the Deer Hill School was a great success with numerous exhibits dealing with a variety of important health, recreational and social issues. The exhibits clearly showed the breadth and depth of the services provided by the town and other agencies that are available to our residents. One of those services is the Cohasset Food Pantry, which benefited from the Pantry-Palooza drive this past Saturday.

Another great event was last Thursday's All Band Night - one of the "crown

jewels" of our schools' arts programs.

My campaign is off to a strong start. Trish Morse is chairing the campaign and John Steinmetz is the treasurer. Donations to the Paul Schubert for Selectman campaign can be sent to P.O. Box 31, Cohasset, MA 02025.

Furthermore, the gracious Varneys hosted a wonderful Kick-off Party. I enjoyed seeing so many of our friends and supporters

For more information, please visit our campaign web site: Schubertforselectman.com. You can also follow us on Facebook @ Paul Schubert for Selectman

ANNOUNCEMENT

Dickstein running for health board

By Harvey L. Dickstein, MD

I am a candidate for the Cohasset Board of Health and feel that my background and experience both qualify me for this position.

I have an M.D. from Tufts University School of Medicine and completed a Surgical Residency at Boston University Medical Center. Until recently,

I was a reserve officer in the U.S. Public Health Service: this included two years of active duty. I was also a Supervisory Medical Officer at the U.S. Food and Drug Administration and had both medical and dental officers reporting to me. My career spans many years as a pharmaceutical executive responsible for Medical Affairs, Clinical

Tout of 4 car soats arout used correctly.

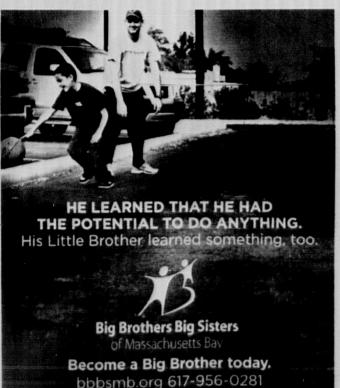
Upsatting isn't it?

Research, Toxicology and Regulatory Affairs. When we lived in West Windsor, N.J., I served on the local Board of Health as well as the Site Plan

Review Advisory Board. We have made Cohasset our home for the past 18 years and I would like the opportunity to serve the community on our Board of Health.



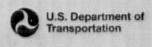
Harvey L. Dickstein, MD, is a candidate for the Board of Health. COURTESY PHOTO



The LATCH system makes it easier to be sure your child's car seat is installed correctly every time. Just clip it to the lower anchors, attach the top tether, and pull the straps tight. To find out more, visit safercar.gov.







SALE DATES: Thurs. Apr. 2-Apr. 8, 2015



Famous Maker Sun Shields or Better Sunglasses Sells nationally \$15-\$50

All Famous Maker Reading Glasses Comp. \$15 to \$25 ea.



STORE HOURS: Mon-Sat 8am-9pm; Sunday 9am-8pm





Suet Cakes

Regency II 10' x 12' Gazebo

Z-Shade 13'x13' Gazebo



6.99 #1 Fancy Grade 2015 Burpee Seeds Rose Bushes











WEED 18 STOP Landscape Fabric 3'x50' 3'x50'



Scotts

Turf Builder

Edgeguard DLX Broadcast Spreade

Oldcastle Organic Garden Soil 1 cu. ft. Al natura & organic to from woostales. fruits, vegetable herts & flowers feeds plants up to 3 months

OR

Scotts² orf Builder Lawn Soil 1 cu. ft.

Your Choice



Coldwater Creek Tops & Bottoms! Short Sleeve Tops Comp. \$30-\$100 Capris or Pants 10



Patio Chair Cushions



Cedar Mulch 2 cu. ft.

Comp. 5199

Vinyl Covers

19999

27"x30"



12.0



Specialty Store Label Tunic Top 100% Po Comp. \$45 \$8



Selection varies by store

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SPORTS

MORE INSIDE

- CEF spotlight, B5 Police/fire log, B6 Pantry Palooza, B7
- Obituary, B7 Puzzles, B14
- Calendar, B15

QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or wwassersug@wickedlocal.com.

SPORTS NOTES Send Your Stuff

William Wassersug is the Sports Editor for the Cohasset Mariner.

Please send your story ideas, stories and photos to wwassersug@ wickedlocal.com and follow him on Twitter @ scifisportsguy

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BASEBALL

Still snowed in

Cohasset nine ready to play as soon as snow melts

By William Wassersug wwassersug@wickedlocal.com

The baseball gods have not been smiling on local baseball teams this year.

they're playing a giant April being set to start. Fools joke on them, as snow teams to play in the gym facilities in the area.

Cohasset baseball team, but

In fact, it seems like it hasn't kept them from

"Yes the snow has been a is still covering a number major obstacle, and we are of local diamonds, forcing constantly checking on the field, but the lack of conand parking lots, with an sistent warm weather has occasional foray to indoor vet to clear all the snow," Cohasset coach Pete Afana-That has happened to the siw said. "We have had some

SEE BASEBALL, B2



Cohasset coach Pete Afanasiw is ready to hit the diamond for the baseball season. The two-time baseball State Champion coach is coming off a Super Bowl winning season with the football team.

LACROSSE

Lax teams up and running

Boys win two. girls drop opener

By William Wassersug

While the winter has claimed the early part of the baseball season, and potential away games on the lacrosse field, the Cohasset boys and girls teams have been able to get to work.

The girls opened their season with a 21-7 loss to Notre Dame Academy, one

of the top ranked teams in the state.

The girls were able to stay within range Friday, trailing just 10-6 at the half, but the second half belonged

That was the only game the girls played, as Monday's scheduled tilt at Hanover was postponed. Hanover's field wasn't ready for play yet, despite an innovative strategy by the lacrosse teams that had them use

SEE LACROSSE, B2

YOUTH SOCCER

South Shore Select U14 Oklahoma bound

Squad earns trip to Nationals with big showing at Vegas tourney

Cohasset senior Caty Gilman tries to work around the Notre Dame Academy defense

during Cohasset's season opener Friday. The Skippers lost 21-7. WICKED LOCAL

The Scituate Mariner

Las Vegas, Nevada this past week and earned their place at the 2015 US Youth Soccer National Championships in

Tulsa, Oklahoma. This will be the second year in a row Select, featuring players from Hanover, Scituate (Kaelin Logue, an eighth-grader at Gates Middle School and and Emma Hynes) Cohasset (Annie Pyne, Maeve Humphrey) to name a few, has won the opportunity to win US Soccer's ultimate prize.

This years berth came by way of US soccer's National League, which pits the best teams in the country against each other over two weekends.

39th Annual

ROAD RACE

Cohasset

Road Race

by the Sea

The 39th Annual Cohas-

set Road Race by the Sea, hosted by the Cohasset

Rotary Club, took place on

Sunday in Cohasset and was

a success, as it always is. For

The trip to Las Vegas Ruprecht and Olivia John-2-1-1 and was in third place

The team knew they would likely have to win all three games in Las Vegas including games over both the first and second place teams to win the bracket and earn a berth at the championships for the second straight year.

On Friday, the squad played the Premier Strikers from Maryland, a team they tied in the regional championships last June and came

away with a 3-0 victory. Kaelin Logue posted the shutout in goal for Select. The team got first half goals from Brooke Cavino and Kira Maguire while Izzy

came after the team played son were offensive forces in The South Shore Select four games in North Caro- a tough 85 degree heat. A U14 elite team traveled to lina in December, finishing second half tally from Julia Varraso on a pretty 30-foot shot sealed the victory for Select.

Saturday was a very tough test as Select faced off against Cup Gold of Cincinnati. Cup Gold had not allowed a goal in the previous five games and a win would give them the division title. Select fell behind early in the contest on a pretty set play by Cup Gold off a free kick.

The score remained 1-0 until late in the first half when Lindsey Maslow overlapped Eve Montgomery and took the defender with her allowing Montgomery

SEE SOCCER, B2

"Jeff Powers has been a horse for us all season. He had an injury earlier in the season. Took him a while to get back up to speed, but when he did, he was a gamechanger, both offense and defense. He's great."

Cohasset hockey coach Phil Mahoney



Cohasset's Jeff Powers

VICKED LOCAL PHOTO/WILLIAM WASSERSUG

Powers was a force for Cohasset both offensively and defensively as the Skippers battled to the MIAA Division 3 South Sectional semifinal.

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more photos, see Page B3. **GET ON THE**



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The start of the 39th annual Cohasset Rotary Club Road Race by the Sea 10K on Sunday March 29. WICKED

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YOUTH BASKETBALL

Celebrating a championship

Seventh Grade girls celebrate OCL title

By William Wassersug

The Cohasset Seventh Grade Basketball team won the Old Colony League title last week and then had a fun get-together to celebrate their championship. Here's a look at the fun.



The Cohasset Seventh Grade Girls Basketball Team recently won the Old Colony League Championship. The team is, from left: Coach Jared Curry, Page Hewitt, Briana Picot, Brooke Conroy, Maddie Grudinskas, Maggie Hoffman, Molly Greer, Deveney Curry, Carlie Ford and coach Ken Greer. Not pictured are Coach Paul Farren and Bella Farren





HOCKEY

Whalers take National Stage

Local team excels at National Championships

The USA Hockey Nationals Championships were held March 26-30 at Amherst, N.Y. with two local teams, the U16 and U18 Cape Cod Whalers earning berths. These two teams field a host of South Shore players. The U16's are coached by Norwell resident Tony Amonte and Scituate resident Rick

The Nationals is a great experience for these young men. They work so very hard to get here.

They play a 35 game half season, return to their respective high school teams with daily practices, compete in another 35+ game schedule and now have the opportunity to compete on a national stage against the likes of Shattuck, Honeybaked, Colorado and Chicago Mission.

Excitement is in the air

cheering families and the state championship watchful scouts. Nationals run and now culminating pose the ultimate oppor- with exceptional play on a tunity to get some looks national stage, these boys from USHL, OHL, DI and have taken a big step for-DIII scouts. Headlining ward in their young hockey the Whalers is Hanover resident Monte Graham, (Thayer, BC commit) of Nationals, you yearn and Norwell resident Ty to come back," com-Amonte (Thayer). The mented Coan. "Our 2015 scouts were abuzz over the play of uncommitted Casey Carreau (Thayer) and Hanover resident, Colin ers on the New England McCabe (Thaver).

Whalers had a 2-1 shootout victory over Team Wisconsin (2014 National Champion) as well as 2-1 shootout win over the Carolina Hurricanes. The squad's lone loss came against Colorado, 4-2. as an at large invite. Scitu-Typically two wins in pool ate resident Jack Donato play suffice to move onto is a top line forward while the quarterfinals. Unfortunately the victories, coming in shootouts, left the squad one point shy.

much more about the journey," noted Coach Coan. Avalanche 2-1.

with the stands filled with "All the practices, games,

Once you get a taste team roster has two USA National Development Camp invitees and 8 playtop prospects list, so we In pool play the U16 will have an opportunity. For now it's onto coaching the Thayer golf team."

In related news... The U18 Cape Cod Whalers also participated in the USA Hockey National Championships Hingham resident Luke McInnis (BC commit), headlines the D for these Whalers. This unit earned "A National win would a bronze medal, losing have been nice but it's so tightly contested semifinal game against NJ

corner for the equalizer.

lead of the day.

the game from there, Kelly McNeil, Sam Smith, Fiona Kane and Annie Pyne shut down the Cup Gold attack and Select held on for the 2-1 win.

South Shore Select began the final day with a chance to finish in first place,

start to list names of players and who will be playing what positions, because we did graduate nine seniors last year of which eight started, so we have a lot of open spots that will be competed for."

Two players who will get playing time are Brett Dooley and Nick Hall.

"Brett Dooley, our senior captain, three-year starter and South Shore League All-Star will be back and my most established player," Afanasiw said. "He will be joined by jJunior captain Nick Hall. Otherwise, we have a number of younger and/or first year varsity players that all will be fighting it out for a position and playing time, but there is a lot of talent from which to

petition to break into the pick. There are players who "The team looks to be look like they could break very competitive yet again through on a team that will this season," Afanasiw said. look to pitching and defense "We have a solid core of as strong points.

"It looks like the strength we aim high." ing. At this stage in the of the team will be its

season, I wouldn't want to pitching and defense," Afanasiw said. "We have two sophomores (Xander Schubert and Michael Cohen) who got a lot of good varsity experience last year on the mound and will be the top two pitchers coming into the season. Nick Hall will also get a lot of innings on the hill this spring when we do get outside. Defensively all of the boys show a tremendous amount of skill and athleticism and should be very solid."

Afanasiw has high hopes for his team, with good reason. In recent years he has coached two teams to baseball State Championships and was also head coach of Cohasset's 2014 Division 6 Super Bowl championship team.

"Our goals for the season are annual ones," he said. One- qualify for the tournament, two - win the league, three - win the state championship. They don't always come to fruition, but

LACROSSE

From Page B1

black tarps to melt snow, and their scheuled game against Abington Wednesday was also postponed.

The defending State

started in style with an 11-10 overtime win at Newton North, followed by a 12-4win at Bridgewater-Raynham.

The game was close after the first quarter, with the game tied 1-1.

Dan Axelson scored Champion boys team the first Skipper goal of

the season. and Cohasset scored the next five goals to take a 6-1 lead into the half.

Cole Kissick, Cole Joslin, Jeff Powers and Will Thomas (shorthanded) also scored for the Skippers, who improved to 2-0 with the victory.

starting lineup.

BASEBALL

to live pitching.".

very good gym and turf

practice sessions, and we'll

be ready to take the field on

opening day whenever that

is, the only real concern will

be getting the hitters used

After finishing last year

with a 13-9 record that

included a 12-5 win over

Bristol-Plymouth in a

playoff opener, and an 8-2

record down the stretch and

into the playoffs, the Skip-

pers look solid again this

year, although it will be with

Cohasset graduated nine

seniors last year, eight of

them starters. With the

season still temporarily in

limbo, there is still com-

seniors and juniors return-

a much different roster.

From Page B1

From Page B1

to dribble just outside the goal box and launch a shot into the upper right hand

the second half and scored again on a nice give-andgo between Brooke Jones and Kira Maguire. Maguire blasted a shot past the goalie to give Select it's first halftime.

top-two entirely.

The girls made sure not to leave its fate to the other games and recorded a 2-0 victory to win the Red Divi-

sion crown. Brooke Cavino gave Select came out on fire in Select an early lead when she found the back of the net in the 14th minute. Kate McNeil was outstanding in goal and made sure the lead held up through

Select played tight Defense was the name of defense in the second half led by midfielders Lexi Grazioso, Maeve Humphrey and Emma Hynes. The girls used some great team play late in the second half to get its second goal

and seal the victory. Cavino took the ball down the right side before squaring a pass to Kira Maguire, who slid the ball to Hannah Vogt who finished the play inside the right post.

It feels pretty amazing. I couldn't be prouder of my girls," said South Shore coach Liz Lima. "I couldn't be happier with the National League and the competition. We came down here and played the best. To leave on top is a feeling I can't describe."

Cavino echoed her the US National Team).

second place or out of the coaches sentiments and then said "We all work so hard in practice and we have these talks and think about how much we can accomplish; and then we

go out and do it!". Hopefully what happened in Vegas will not stay there but continue in Tulsa and this team from the South Shore can have more talks about taking the trophy that eluded them last summer back to Massachusetts in July.

The team is: Kaelin Logue- Scituate, Kate McNeil-Marshfield, Samantha Smith- Hansen, Annie Pyne- Cohasset, Brooke Jones- Rockland, Maeve Humphrey- Cohasset, Meaghan McDonough-Rockland, Isabelle Ruprecht- Kingston, Kelly McNeil- Marshfield, Emma Hynes- Scituate, Eve Montgomery- Abington, Hannah Vogt- Halifax, Lexi Grazioso- Hansen, Julia Varraso- Hanover, Lindsey Maslow- Hanover, Brooke Cavino- Bridgewater, Kira Maguire- Hingham, Fiona Kane- Easton, Olivia Johnson- Whitman, Head Coach- Liz Lima, assistant Coach- Driton Mustafoski. Not Present- Alyssa Fleming (who is training with

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WICKED LOCAL STAFF PHOTOS BY ALYSSA STONE

39th Annual Cohasset Road Race by the Sea

The 39th Annual Cohas- Jonathan Joyce. Scituate's

Sunday with solid success.

set Road Race by the Sea, Jesse Kropelnicki was next, sallo led the way for the sponsored by the Cohas- with Cohasset's top runner, women, finishing 12th set Rotary Club was held Mark Maggi finishing fifth. overall.

Cohasset's J. Patrick Peabody's Dan Vassallo Kennedy was seventh, and was Sarah O'Shea (55th). was the first to cross the Cohasset's Dave Dugan line, followed by Hull's scored a 13th-place run.

Peabody's Katrina Vas-

The top Cohasset woman For complete results, visit www.coolrunning.com



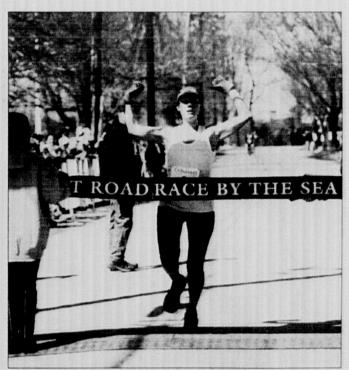
Molly Kiernan, Grace Kiernan, Jake Donatelli, and Jack Heald hold their arms out to the runners for a high-five before the finish line at the 39th Cohasset Road Race by the Sea 10K on Sunday March 29, 2015.



The start of the 39th annual Cohasset Rotary Club Road Race by the Sea 10K on Sunday March 29, 2015.



Rose Wu, 23. from Cambridge, high-fives children on the sidelines before finishing with a time of 59:03 at the 39th annual Cohasset Road Race by the Sea 10K.



Katrina Vassallo, 26, from Peabody, is the first female to finish the 39th annual Cohasset Rotary Club's Road Race by the Sea 10K with a winning time of 38:46 or a 6:15 minute mile. Katrina was the second female to finish in last year's race.



Wayne Dusso, #482 from Charlestown, stretches before his fifth year racing at the annual Cohasset Rotary Club's Road Race by the Sea 10K on Sunday March 29, 2015.



Dan Vassallo, 29, from Peabody, wins the 39th annual Cohasset Rotary Club's Road Race by the Sea 10K for the second year in a row with a finishing time of 31:29 or a 5:04 minute mile.



This year's 39th annual Cohasset Rotary Club Road Race by the Sea 10K is in honor of Andy Hailer, who passed last year of cancer. His grandchildren. Katie (11) and Meghan Hailer (9), from Scituate, held the ribbon for the first male and female runners, with their mother, Elaine Hailer.



My Team Triumph's Jake DeStefano and Sharon Lawler before the start of the 39th annual Cohasset Rotary Club's Road Race by the Sea 10K.

OF THE WORKFORCE PLANSTO LOOK FOR A NEW THIS YEAR. THEOTHER JUST DOESN'T KNOW THEYPE LOOKING YET.

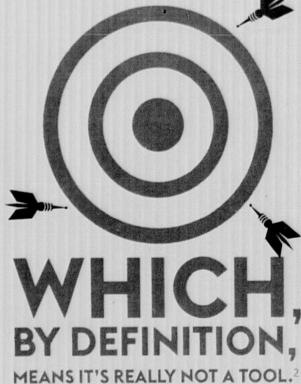
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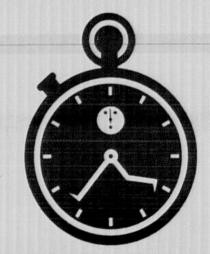
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CEF SPOTLIGHT

Deer Hill teachers embrace digital learning

By Katie Dugan Special to the Mariner

In the spring and fall grant cycles, the Cohasset Education Foundation (CEF) funded two grants at the Deer Hill School for professional development and instructional technology totaling \$15,000. During the fall, a group of six teachers from 3rd to 5th grade worked as a team to develop lesson plans incorporating technology into writing instruction to support both the writing process and the writing products. This spring another group of four classroom teachers formed a professional learning community focused on digital learning best practices. This group of teachers also attended a MassCue & EdTech conference called "Leading Future Learning", which was funded by the district.

The Digital Literacies - Writing grant has prompted a number of Deer Hill classrooms to explore and share digital tools to expand the Empowering Writers curriculum. At least one class in each grade is currently using digital portfolios for student work. This is either an "e-notebook" in a class website or class Google drive.

Cheryl Chapman, one of the teachers involved in the CEF grant said, "There are many benefits to this use of instructional technology including ease of editing and revising, ease of receiving teacher feedback and ability to see student work as a collection over time."

Many classes have also established blogs where students access a class web page and post a response to a prompt and reply to other students' written responses. Blogs give students an authentic

'Catch the Wave' April 10

The Cohasset Education Foundation is hosting its annual spring gala from 7 to 11 p.m. Friday. April 10, at Atlantica. Come "Catch the Wave" and celebrate the arrival of spring with friends and neighbors.

Join others for a fun, casual evening celebrating and benefitting the Cohasset Public Schools. Ticket prices for the CEF Spring Gala start at \$75 per person and are a tax-deductible donation. Ticket price includes signature drink and light fare.

Buy your tickets online at www.cohasseteducation.org.

reason to write and a peer audience for their writing, in many cases leading to better quality writing. Mrs. Kelliher's fifth grade class regularly uses blogs for performance tasks in social students and for classroom reading discussions. Every Friday, the class focuses on improving their writing skills by blogging in small groups about several books the class is jointly reading.

The Leading Future Learning grant has allowed a small group of Deer Hill teachers to form a professional learning community (PLC). With the help of Cassie O'Brien (technology teacher), Cheryl Chapman (fifth grader teacher), Margaret Holland (3rd grade teacher) and Kelly Unangst (3rd grade teacher), these lead teachers have been using iPads funded by the CEF grant to model center station and project based learning in their classrooms.

In several classrooms at Deer Hill, students can now use instructional technology to demonstrate learning through the use of various digital tools. The Leading Future Learning members are also working on creating a wiki to share digital learning best practices with other teachers at Deer Hill and evaluate and identify digital learning tools that enhance grade level appropriate learning. The instructional technology tools that the group plans on evaluating during the spring include: Google Apps, Google Drive, publishing and creative web 2.0 tools such as Glogster, Padlet, Popplet, Storymaker, Timeline Maker and Explain Everything.

Currently all 18 classrooms at Deer Hill share
one iPad cart and computer lab time, a broader
digital learning plan
envisioned by the Superintendent and district
administrators will hopefully soon allow students
and teachers access
to additional instructional technology in the
classrooms.

Since July 2014, a Digital Learning Committee has been working to develop a strategic technology plan for the school district. The committee made a series of recommendations regarding Cohasset's digital learning plan to the School Committee and Superintendent at the end of January and presented a request for investment to the Capital Budget Committee, Advisory Committee and Board of Selectmen in March.

For more information regarding the Cohasset Education Foundation please visit: cohasseteducation.org. The mission of the CEF is to work in partnership with our schools and the community at large to promote excellence in Cohasset's public education. The CEF will continue to provide the incremental resources for



Jack Pyne, Joey Kupperstein and Jackson Soderburg work collaboratively to post comments on Ms. Kelliher's classroom reading blog. COURTESY PHOTOS



Kasey Devaney, Bridget Kondrat, and Emily Williams trade comments with classmates on the book "A Snicker of Magic."

programs and materials that are not covered by the Cohasset School District's operating budget. The CEF invests broadly in the following grant categories: 21st century classroom, expansion of the core curriculum, after-school enrichment, college preparation and professional development.



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COHASSET POLICE/FIRE LOG

Saturday, March 21

6:45 p.m.: Elm St., suspi ous activity. A beeping noise is coming from the apartment downstairs. Fire alarm has been reset 9:03 p.m.: Chief Justice Cushing Highway, traffic

9:15 p.m.: Chief Justice Cushing Highway, motor 9:23 p.m.: Chief Justice Cushing Highway, motor

9:29 p.m.: Chief Justice Cushing Highway, motor

9:48 p.m.: Chief Justice Cushing Highway, motor vehicle stop; citation issued.

Sunday, March 22

8:05 a.m.: Highland Avenue,

8:17 a.m.: S. Main St., parking complaint. A car is parked in front of restaurant since Friday. Scituate Police notified and will be sending an officer to the residence, vehicle has been tagged.

9:36 a.m.: King St., Sunnse. medical aid 11:47 a.m.: Forest Avenue, motor vehicle stop; citation

issued 11:53 a.m.: Highland St., St. Stephen's Church, fire investigation. Smoke is coming out of the tower. No problems, clear. 2:51 p.m.: 911 accident. Called 911 to inquire if the police department found shredded money. Son arrived and states caller may have been having a hallucination and will be taking care of him.

5:53 p.m.: Chief Justice Cushing Highway, motor vehicle stop; citation issued. 6:03 p.m.: Ripley Road,

animal call. Caller reports a grey and white pit bull is loose in the neighborhood. Spoke with resident, dog is not a pit bull and this is an ongoing

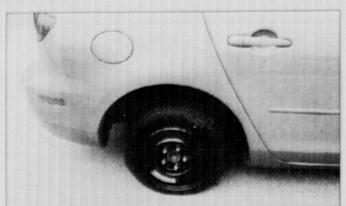
Monday, March 23

7:06 a.m.: Bancroft and Norfolk roads, directed patrol. 7:16 a.m.: S. Main and Summer streets, directed

8:34 a.m.: Highland Ave., St. tigation. Call direct to Police Department Headquarters reports small amount of smoke from the church. 8:34 a.m.: King St., Sunrise.

medical aid. 8:51 a.m.: N. Main St. and Ripley Road, traffic enforcement. Green traffic signal on Ripley Road facing North Main Street is out and needs a new

9:52 a.m.: Highland Ave., St. Stephen Church, fire investigation. 911 caller concerned about the smoke from the church. No hazards, no fire,



TRAFFIC SAFETY TIP OF THE WEEK: Potholes have contributed to some flat tires this season and caused some people to drive with their smaller spare tire. Most cars have smaller temporary tires known as donuts. They are smaller to more easily store in a car and because they are lighter, they are easier to lift. But this smaller size means they lack durability and stability of a full-size tire. They should not be used on a long-term basis. Most have maximum speeds of 55 mph and are limited to only distances from 50 to 75 miles. COURTESY

same issue as before. 10:59 a.m.: N. Main St., motor vehicle stop; citation issued.

11:19 a.m.: King St., Sunrise, medical aid. 11:38 a.m.: Pond and Spring

streets, motor vehicle stop; citation issued. 12:13 p.m.: Chief Justice Cushing Hwy., erratic motor

vehicle operation. Has been following white Mercury for 4 miles and it is cutting people off and he is bouncing off snow banks. Headed toward Shaw's, stopped at the lights, entering Scituate: call transferred to Scituate Police Department. 12:34 p.m.: King St., Sunrise.

12:38 p.m.: Forest Ave., motor vehicle stop; citation

12:47 p.m.: Ripley Road, Pat's Hairstyling, parking complaint. White pickup truck blocking the loading zone; violation

2:15 p.m.: Sohier St., Deer Hill School, crossing guard duty. 2:19 p.m.: Chief Justice Cushing Hwy. and Pond St., motor vehicle stop; verbal warning. Red light violation. 2:32 p.m.: Chief Justice Cushing Hwy., Cohasset

Pediatrics, medical aid. 3:57 p.m.: Hull St., Corner Stop, well being check. Male in the parking lot in a maroon Buick, caller states he has been there for an hour. Heading toward Glastonbury Abbey on Hull Street, appeared as if the male was passed out. Reports showing nothing from the Abbey to West Corner; nothing showing in the area of North Main Street all the way to East

4:24 p.m.: Beach St., animal call. Golden retriever missing, has collar, no tags. Dog returned home.

5:34 p.m.: Ripley Road, Paul Pratt Library, threats. Desk reports a male party at the library would like to speak with an officer about threats. Requesting the Fire Department for evaluation of the male party. Male no longer wishes to

speak with the officers. 6:28 p.m.: Bayberry Lane, CO alarm. Very low readings. venting home, gas to the fireplace shut off.

Tuesday, March 24

6:54 a.m.: Forest Ave., directed patrol 7:05 a.m.: S. Main and Summer streets, directed

9:53 a.m.: Forest Ave., animal call. Bird looks to be dying on his front lawn. 11:32 a.m.: Norfolk Road,

parking complaint. Truck parked on sidewalk, vehicle has been issued a citation. 12:15 p.m.: Elm St., Police Headquarters. Norfolk County Deputy Sheriff in town, admin-

istrative warrants. 1:08 p.m.: Chief Justice Cushing Hwy., disabled motor vehicle. Request for Scituate Collision to pull out of a snow bank, vehicle is in a bad spot. Vehicle has been removed. 1:41 p.m.: Depot Court, Mr.

Dooley's, medical aid. Elderly male fell on the sidewalk. 3:01 p.m.: Pond St., Cohasset Jr./Sr. High School, motor vehicle stop in the driveway, citation.

4:04 p.m.: Chief Justice Cushing Hwy., erratic motor vehicle operation. Heading north on 3A, caller believes female in a white Yukon crossing the yellow line and yelling at other drivers. Hingham notified. Checked from Sohier Street to Hingham line with nothing found

4:26 p.m.: Sohier St., Senior Center, youth complaint. Caller reports kids are skiing in the rails at Senior Center. Speaking with three youths who will be stopping. They will clean up area and be leaving

4:42 p.m.: Chief Justice Cushing Hwy., MBTA Cohasset Station, motor vehicle stop; citation issued. Car has hit a snow bank, front end of vehicle is up on the snow bank, on southbound side of 3A.

Scituate Collision en route. Vehicle removed from snow

7:28 p.m.: King St., animal call. Deer in her yard missing a leg, concerned for wildlife predator. The deer is no longer in the area. Caller has been advised, will call back if it returns

9:54 p.m.: Chief Justice Cushing Hwy. and King St., motor vehicle stop; citation

Wednesday, March 25

6:56 a.m.: King and Pond streets, traffic contro 7:04 a.m.: Cushing Road, firected patro

chool, assisting with traffic 8:24 a.m.: Jerusalem Road, fraud. Caller received a call from the State Police stating they needed money for injured officers, they would like to come pick up a check. Party suffered no financial loss. Headquarters reports that he confirmed that this was a legitimate call from the Mass Fraternal Order of Police.

9:35 a.m.: Medical aid. Osgood and Deer Hill schools notified of situation and also notified that situation has been diffused.

2:38 p.m.: Chief Justice Cushing Hwy., outside fire. Lots of smoke in the area. Proper permit.

2:41 p.m.: Windy Hill Road, lock out. Caller reports locked out her residence 4:11 p.m.: Avalon Drive, medi-

5:49 p.m.: Buttonwood Lane and Pond St., motor vehicle stop; citation issued. 6:07 p.m.: N. Main St., motor

vehicle stop; verbal warning. 6:10 p.m.: Forest Ave., dispute. Caller has a no trespass order against his neighbor and he keeps walking on their property and looking into their cars. Civil matter, they have been advised to stay away from each other until the conclusion of court.

Thursday, March 26

6:46 a.m.: Doane St., suspicious vehicle. Silver Mercedes parked in front of her house with no one inside. Possibly a disabled motor vehicle, not impeding traffic.

Cushing Hwy. and Pond St., traffic enforcement. Tire in middle of road. 8:59 a.m.: S. Main St., motor

vehicle stop; citation issued. 9:11 a.m.: Sohier St., motor vehicle stop: citation issued. 9:30 a.m.: Border St., motor vehicle stop; citation issued. 9:39 a.m.: Border St., motor vehicle stop; citation issued. 9:41 a.m.: Ripley Road and Sohier St., motor vehicle stop; citation issued. 10:08 a.m.: Chief Justice Cushing Hwy., motor vehicle

stop: citation issued. Vehicle towed for suspended operator. Scituate Collision notified.

12:04 p.m.: Atlantic Ave., warrant arrest. Attempting to serve a warrant. Subject not home at this time.

12:15 p.m.: King St., warrant arrest. Attempting to serve a warrant.

12:18 p.m.: Schofield Road,

1:36 p.m.: S. Main and Summer streets, motor vehicle stop; verbal warning. 1:39 p.m.: Elm St., warrant arrest. Unable to serve

1:49 p.m.: Atlantic Ave., Sandy Beach bathhouse, open door. Passerby told him the bathhouse door is open. Talking to a dog walker who is down there every day and she 8:10 a.m.: Sohier St., Deer Hill stated it was old damage.

2:24 p.m.: Sohier St., motor vehicle stop; citation issued. 3:03 p.m.: Beechwood St. and Heritage Lane, motor vehicle stop; citation issued. 4:46 p.m.: Sohier St., Senior Center, youth complaint. Youths are skiing in the rails at

the Senior Center and taking pictures. Spoke with the group, they were leaving upon arrival. Old railing, not new construction, no damage to property. 5:30 p.m.: Suspicious person. Juvenile child approached by unknown subject this afternoon while walking. Fifth-grade female was walking in house when an older model salmoncolored car, possibly a Honda or BMW sedan, with unknown Massachusetts registration, broken headlight, stopped and asked if she needed a ride. Female closed door and entered the house. White male, described as being middle aged, slim and tall. Black hair

watch cap and black clothing. 6:02 p.m.: Forest Ave. and Jerusalem Road, outside water leak. A fourth of the way up the hill water gushing from the middle of the road. May be a blocked sewer

and unshaven, wearing black

7:23 p.m.: N. Main St., MBTA Cohasset Station, back entrance, disabled motor vehicle. Small black vehicle stuck on the tracks right across the street from the golf course. Second caller is driver, everyone is out of the vehicle. Hingham blocking traffic on East Street. Train has been stopped. Spoke with MBTA dispatch and they have two trains stopped and awaiting removal of the vehicle. Motor vehicle assisted and being driven away, units clear, train has been started again. National Grid notified for pole street light out, outage causing motor vehicle difficulties at the train crossing.

7:29 p.m.: Hull St., Corner Stop, disabled motor vehicle. Green Outback is disabled at the entrance. Car is blocking all the cars at the business. Scituate Collision will respond after N. Main Street call. Car stuck at traffic island East at Hull Street in Hingham. Requesting Hingham officer for motor vehicle crash report. Damage to island

appears to be old. 8:53 p.m.: Spring St., medical

9:23 p.m.: Windy Hill Road, lockout Locked herself out of her house.

10:56 p.m.: Border St., Atlantica, disabled motor vehicle. Black Honda Civic parked on side of road between restaurant and hotel; battery died.

Friday, March 27

6:55 a.m.: N. Main St., property found. Caller reports at about midnight she heard people talking outside, and now there is a kid's bicycle sitting across from her house. Officers notified, will have day shift check the area. Blue/ white 16-inch girls mountain bike that is damaged. Headquarters to notify DPW to pick

9:09 a.m.: S. Main St., Cohasset Village, motor vehicle stop; verbal warning

10:14 a.m.: Chief Justice Cushing Hwy., erratic motor vehicle operation. Scituate Police Department is reporting an erratic operator northbound on 3A headed toward Cohasset. Vehicle is a blue Ford Taurus. Operator was looking at her GPS while she was driving.

10:52 a.m.: Beechwood St., motor vehicle stop; citation

11:06 a.m.: S. Main St., motor vehicle stop: citation issued. 11:16 a.m.: Riverview Drive, past break. Caller reports his house was broken into, states jewelry was taken out of the iewelry box.

12:39 p.m.: Clay Spring Road, traffic enforcement. National Grid tucks, no detail: traffic hazard. Spoke to Verizon and they are just finishing

12:55 p.m.: Pond St., Cohasset Jr./Sr. High School. community policing

1:46 p.m.: N. Main St., inside

water leak. Water coming out of the house. Sump pump draining water, no issue. 2:56 p.m.: S. Main St., motor vehicle stop. Gray Toyota Venza with no plate. Verbal warning, this is a plate transfer

4:44 p.m.: S. Main St., HAJJ Auto Care, police information. Cruiser with blown right front tire. Scituate Collision en route. 4:48 p.m.: Cushing Road, animal call. Two Labs, black/ white, running up and down

5:14 p.m.: S. Main St., Police Department investigation.

area. Is concerned for the dogs

the road on Cushing Road

Served in hand. 5:37 p.m.: Chief Justice Cushing Hwy., road rage. A purplish Honda Odyssey came up behind her, then next to her, velled I will kill you, is now in front of her. Just came up from 228/3A intersection. Caller turned off, vehicle continued up 3A. Area checked negative. cruisers will check the area.

Legal Notices

BURKE ESTATE LEGAL NOTICE Commonwealth of Massachusetts The Trial Court Probate and Family Court Norfolk Division 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Docket No. NO15P0428EA INFORMAL PROBATE PUBLICATION NOTICE

Estate of: John Francis Burke

Date of Death: January 15, 2015

To all persons interested in the above-captioned estate, by Petition of Petitioner Laurie A. Kennedy of Hull MA and Petitioner Marianne B. Tembe of Virginia Beach VA a Will has been admitted to informal probate.

Laurie A. Kennedy of Hull MA and Marianne B. Tembe of Virginia Beach VA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any

matter relating to the estate, including distribution of assets and expenses administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

AD #13257665 Cohasset Mariner 4/3/15 COOK ESTATE

LEGAL NOTICE Commonwealth of Massachusetts The Trial Court Probate and Family Cour Norfolk Division 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Docket No. PL15P0555EA

INFORMAL PROBATE PUBLICATION NOTICE

Estate of: Kenneth B Cook

Also Known As: Kenneth B. Cook

Date of Death: January 5,

To all persons interested in the above-captioned estate, by petition of Petitioner Peter L Cook of Chelsea MA and Sarah Hardwick of Seattle WA a Will has been admitted to informal probate.

Peter L Cook of Chelsea MA and Sarah Hardwick of Seattle WA have been

informally appointed as the Personal Representatives of the estate to serve without surety on the bond. The estate is being admin-

istered under informal pro-

cedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be

AD#13259796 Cohasset Mariner 4/3/15 WADSWORTH ESTATE LEGAL NOTICE

from the

obtained

Petitioner.

Commonwealth of Massachusetts The Trial Court Probate and Family Cour Norfolk Division 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Docket No. 15P0535EA

INFORMAL PROBATE PUBLICATION NOTICE

Estate of: David H Wadsworth

Wadsworth Date of Death: January 24,

Also Known As: David H.

To all persons interested in the above-captioned estate, by petition of Petitioner Edward N Wadsworth of Cohasset MA.

Edward N Wadsworth of Cohasset MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the admin-istration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribu-tion of assets and expenses administration. Interested parties are entitled to petition the Court to institute formal proceed-

ings and to obtain orders

terminating or restricting

the powers of Personal

Representatives appointed

under informal procedure. A copy of the Petition and Will, if any, can be obtained from Petitioner.

AD#13259808 Cohasset Mariner 4/3/15

SEL/RFPS LEGAL NOTICE

The Town of Cohasset, act-

ing by and through its Chief Procurement Officer, issues a Request for Proposals (RFP) for the acquisition of space for a senior center and other municipal uses. RFP documents may be obtained by contacting: Town Manager, Cohasset Town Hall, 41 Highland Avenue, Cohasset, MA 02025. Phone (718) 383-4100, x109; and at www.cohas-setma.org. RFP documents available 3/25/15 at Noon until 4/15/15 at Noon. Submission deadline is 4/24/15 at 2:00 pm. The specific property requirements are described in the

AD#13255634 Cohasset Mariner 3/27,

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Legal Notices SEL/RFPS

LEGAL NOTICE

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AD#13255633 Cohasset Mariner 3/27,



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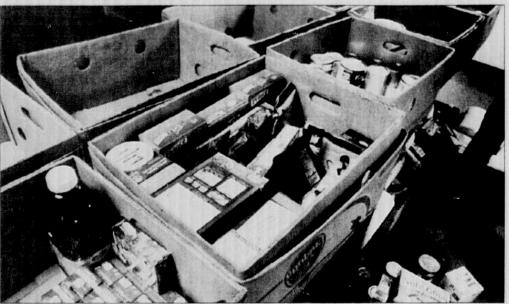


Sandy Driscoll carries bags of food into Town Hall to be donated to the Cohasset Food Pantry during the Pantry Palooza food drive Saturday, March 28.

Pantry Palooza!

First-ever event helps stock the shelves. For more see, John McSheffrey's column on A13.

PHOTOS BY MIKE SPRINGER



Donated food for the Cohasset Food Pantry during the Pantry Palooza food drive.



Volunteer Alexandra Lanier, a junior at Cohasset High School, organizes donated food for the Cohasset Food Pantry during the Pantry Palooza food drive.



Volunteers Connor Curran, left, a sophomore at Cohasset High School, and Alexandra Lanier, a junior, record expiration dates on donated food.



Joe Stanganelli, left, signs up for a raffle drawing after donating food for the Cohasset Food Pantry during the Pantry Palooza food drive Saturday, March 28 at Cohasset Town Hall. Working at the check-in table are, from left, Cohasset High School student volunteers Connor Curran, a sophomore, his sister Ashley Curran, a senior, and event organizer John McSheffrey.



Student volunteer Ashley Curran, left, a senior at Cohasset High School, tears off raffle tickets as Sophie Wolfe, a junior, looks on during the Pantry Palooza.

SAVE THE DATE

Children living in shadow of Alzheimer's

Children Living in the Shadow of Alzheimer's Disease is a four-part program for 8 to 12-yearold children who love someone with Alzheimer's disease or a related form of dementia.

The program is being offered by Sunrise of

Cohasset beginning Thursday, May 7 and pre-registration is required. For schedule and additional information, contact Bonnie Haley, LSW at 617-686-6173 or adjustingoursails@com-

OBITUARIES

Obituaries appearing in this section are paid for and written by families, often through the services of a funeral director.

Donna L. Montgomery

COHASSET - Donna L. (Hyland) Montgomery, of Cohasset passed away March 17, 2015 after a long illness.

The beloved wife of Timothy J.A. Montgomery, Donnaleaves her two children, Amanda Hyland Herzog of Cohasset and Tyler J. Montgomery and his wife Jenny of Hull: her twin brother Dr. David C. Hyland of College Station, Texas; her four Media Group, a Boston-based treasured grandchildren, and many members of a loving and close knit extended family.

Donna was born in Medford, MA and raised in Weymouth. Her flair for fashion and design became apparent in high school when she became a event and holiday a magical cover girl for Seventeen magazine. Her subsequent modeling career included serving on the Marsha Jordan fashion and with her keen intellect and board and assignments for the Copley 7 agency all while working for Ann Taylor stores. Recognizing Donna's business acumen, as well as her beauty, Boston's legendary style icon mother and grandmother. Marilyn Riseman hired Donna to manage her cutting edge Newbury Street boutique, Apogee. Marriage to Mr. Montgomery followed and the couple moved to Cohasset. During at 23 North Main Street on the those early years,

Donna was an active participant in her husband's career at Club, at 78 Border Street in Scigroundbreaking Boston radio station WBCN. The couple accepted a new challenge in please visit www.mcnamarathe late 1980's creating Con-sparrell.com. necticut radio station Kiss 95.7. Living in Avon, Conn., Donna at The Hartford Art School, the Wadsworth Atheneum, as well



Cohasset in 1998 where she and Tim eventually formed New

Montgomery Venture theatrical services, travel and publishing company.

Donna loved travel and often personally escorted group tours to Italy and France. She was a gifted cook and decorator who always made every time for family and friends. Her warmth made everyone feel welcome. She loved to read curiosity followed politics and world affairs passionately.

But in the end this beautiful, generous, talented woman was a loving and devoted wife.

Relatives and friends are invited to celebrate Donna at a memorial service on Saturday, April 11, 2015 at 11 a.m. at Cohasset's First Parish Church Cohasset Common. A reception will follow at The River

For an online guest book,



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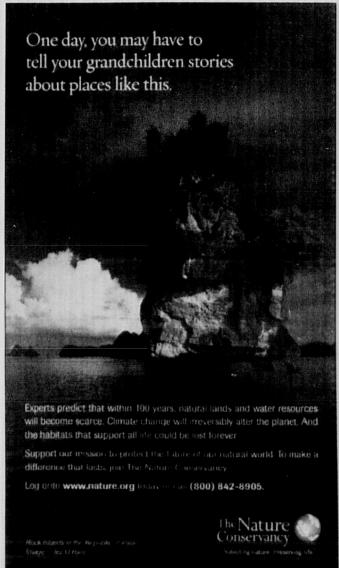
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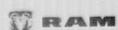
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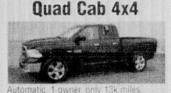
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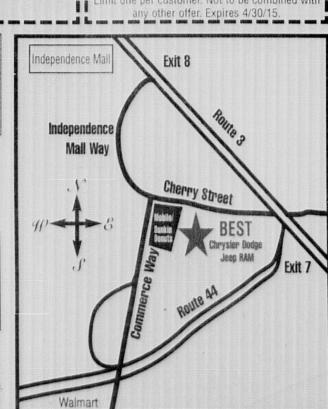
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DEALING WITH DRUGS

ON THE FRONTLINES

Responding to the opioid epidemic

Police, paramedics and physicians treating more overdose victims

By Erin Tiernan

or 22 years paramedic George Doucette has been on the frontlines of the South Shore's opiate problem.

As a Norwell firefighter and paramedic with a private ambulance company, he's watched the instances of overdoses and opiate-related death balloon over the years, to the point where he sees drug overdoses almost everyday, sometimes multiple times per day.

Armed with Narcan - an opioid reversal drug that can bring heroin and opiate users back from the brink of death -Doucette can help stop an overdose, but he cannot treat addiction.

"Narcan made overdosing not as lethal as it used to be," Doucette said.

Hospitals and ambulances have been carrying Narcan for decades, and after a trend of increasing overdose deaths, the state Department of Public Health started making

"Narcan allows us to deal with the problem immediately and in the near term, but there really needs to be a much larger regional, systemic and national approach to the opioid issue."

Dr. Jason Tracy. Chairman of Emergency Medicine at South Shore Hospital

nalaxone available to law enforcement officers and average citizens. More than 3,800 overdoses have been reversed as a direct result of this pro-

"It is a true epidemic," said Dr. Jason Tracy, chairman of emergency medicine at South Shore Hospital. "My concern is that it is not fully appreciated by the lay community at this point and unless you have truly been affected by it personally, you may not see the entire impact of it."

That impact spans socioeconomic boundaries, crosses age groups, infiltrates every race, and every religion.

"Addiction doesn't care about your zip code," Doucette

Fighting addiction with nalaxone isn't an answer to the problem, medical professionals agree. It's a Band

"It can reverse an opiate overdose and I can take you to the hospital, but I can't force you into rehab." Doucette said

That's the problem with nalaxone: it's one-dimensional. While it may save a life, it also rips the heroin or other opiates from an addict's receptors, sending them into withdrawal. With minimal money and resources available for treatment and addiction services, addicts are pushed back onto the street, where before long many are back in the emergency room.

"I've had addicts tell me they know it's OK if they overdose because someone will find them," Doucette said. "It's so prevalent, we've enabled them," Doucette said.

The problem

There were at least 973 opioid-related deaths in Massachusetts in 2013. Plymouth County accounted for 85 of those deaths - a 117 percent increase since 2010, according to the state Department of Public Health. With 456 others for which the cause of death has not been assigned, the department expects the number of opioid-related deaths to rise. Statewide more than 4,000 people were hospitalized due to overdoses that year.

To save lives, local legislators pushed through a good Samaritan clause to the state's Controlled Substances Act and as of Dec.1, 2013, people who call 911 to report an overdose and those who are treated for overdose cannot be arrested on drug charges.

"The intent is to get more people to call for help so that we could make an impact on these opiate deaths," Hanover Police Chief Walter Sweeney said.

Since then, a myriad of South Shore police departments have been outfitted with Narcan and trained in the nasal administration of the drug.

Police, often the first responders to medical emergencies, now have the tools to help heroin and other opiate addicts during an overdose, rather than wait for an ambulance to arrive.

Seconds and minutes count when someone overdoses because as certain receptors in the brain are overwhelmed, it leads to repressed breathing and often without medical attention, death.

"It's a good thing because it is saving lot of people that might not make it depending on medical response time," Nihan said. "When the minutes are counting and ticking away, it can be the difference between life and death. With no medical intervention, they are going to die."

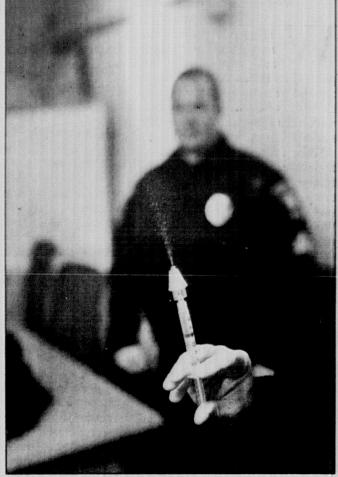
Nalaxone floods the brain with a competing chemical that, within minutes, clears the receptors of opioids, effectively reversing the over-

What's more, the drug is virtually harmless. There are no negative consequences to administering the drug to someone who is not overdosing.

"It's a no brainer," Nihan said.

Through police and citizen groups working to make Narcan readily available to the public thousands of lives have been saved, but it's hard to discern the impact that Narcan is having on the endemic heroin and opiate problem gripping the South Shore and the state of Massachu-

"It's hard to say whether there has been a decrease in



Hanover police Safety Officer, Sgt. John Owens, looks on as Patrolman Shaun Doyle demonstrates the Narcan nasal spray.

the percentage of deaths because of the use of Narcan," Tracy said. "We're certainly in the midst of a crisis. We see patients everyday who have been reversed with Narcan out of overdose, but it is hard to say if that is helping to decrease death because deaths have increased overall."

The need for follow up

Last summer Doucette was on duty at his second job with a private ambulance company on the South Shore. His ambulance was contracted by a local community to respond to 911 calls and within the span of a single shift, Doucette administered Narcan to the same man three times.

Unfortunately, this is not uncommon, he said.

"Narcan is not a solution to the problem," he said. South Shore Hospital is proactive in providing the training needed to outfit local police departments with Narcan, traveling to communities within its coverage area regularly, but most medical professionals agree that addiction will not be derailed without comprehensive substance abuse prevention and treatment programs. The issue is lack of resources.

"Narcan allows us to deal with the problem immediately and in the near term, but there really needs to be a much larger regional, systernic and national approach to the opioid issue," Tracy

"These under-resourced services are, from my perspective, the only approach to try to curtail this epidemic," he added.

You can reach editor Erin Tiernan at etiernan@wicked local.com

DRUG OVERDOSE

What now?

Hanover police Officer Shawn Doyle checks the con-

tents of his patrol car's medical pack, including the

shell, waterproof case, and an Automated External

Defribrilator. WICKED LOCAL STAFF PHOTOS/CHRIS BERNSTEIN

Narcan nasal sprays, contained in a bright yellow, hard

Police helping put addicts on path to treatment

By Lisa Kashinsky

lkashinsky@wickedlocal.com

ne night last summer, Marshfield Police responded to a call for a woman having difficulty breathing.

She was transported to the hospital for a suspected drug overdose, treated, and released with informational pamphlets on addiction and treatment, Marshfield Lt. Det. Steven Marcolini said.

A known heroin user, the 28year-old died less than a month later of a suspected drug overdose.

Overdose calls are routine for police departments battling opiate addiction throughout the South Shore, Marshfield Police Chief Phillip Tavares said.

"We're getting these people that overdose, either they go for treatment or they don't. We've had people overdose later in the day or the next day, and we're going back again," he said.

But there is only so much police can do to steer those who overdose on the path to recovery.

Even if a person decides to seek treatment for opiate addiction, local hospital officials said beds might not be available in treatment facilities, causing the cycle of overdoses and hospital stays to continue.

That's why police departments and hospitals are devising programs to help families understand what options are available for their loved ones.

"Unless they get the proper treatment, they're going to continue to use even if they have a neardeath experience," Tavares said.

Scene of the overdose

Often first on scene when a call for a potential overdose comes in, police typically have two avenues for immediate response.

In some towns police departments can carry and administer nasal naloxone, known by its brand name, Narcan - a drug that temporarily reverses the effects of opiate overdoses.

In towns where police do not yet carry Narcan, including Scituate, officers can begin CPR on scene while awaiting the arrival of the firefighters, who do carry the drug, Scituate Det. Sgt. Paul Norton

Once emergency medical personnel arrive on scene the overdose victim is revived, if possible, and is typically taken to a local hospital.

After the ambulance pulls away, though, police departments are limited in what they can do to help victims and their families beyond talking to family members on scene about addiction and various treatment options, Tavares said.

One option police officers have in getting people help is a civil commitment for substance abuse through the court system, something Norton called a "last-ditch effort" for families.

Under a civil commitment, a person can be held for up to 90 days and can receive inpatient substance abuse treatment during that time.

"That will give the medical people the opportunity to evaluate them, detox them, treat them, and give them the life coping skills and after-care plans for a successful future," Tavares said.

SEE HELPING, NEXT PAGE

Temporary lifesaver

By Kristi Funderburk

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What is Narcan?

Narcan is the brand name for naloxone which serves as a temporary antidote for an opiate overdose, said Marshfield Police Sgt. Brian Tingley. There's a nasal spray and an intravenous way to administer it.

"Narcan is a stopgap. It's a way to temporarily stop the effects of the overdose and get a person enough time to get to a hospital to receive the treatment they need," Tingley

How does it work?

When someone goes into an opiate overdose, the opiate sits on top of the receptor we use to breathe. During an opiate overdose, you're not breathing," said Warren Nicoli, prevention specialist at Manet Community Health

Is it the best solution? There are steps every person

should take before administering Narcan, Nicoli said First, you should rub the victim's sternum, which works as a stimulant, he said. If the victim doesn't respond, they are overdosing. The next step is to call 911 and report someone is not breathing to make sure help is on its way. Nicoli said. Then begin rescue breathing - giving one breath every five sec-

"It may take two to three times. People who are in an overdose. their heart is beating, but they're not breathing," he said. Finally, failing everything else, you should administer the Narcan.

How do I use it?

onds mouth to mouth.

Narcan administration is simple. but the kit has to be prepared before use. Tingley said. There are three pieces to the nasal type of Narcan -a syringe, a vial and an atomizer, which turns the liquid into a spray.

First remove the purple and yel-



Hanover Police Officer Shawn Doyle holds the Narcan nasal sprays that are now standard issue for many police departments.

low caps. Then connect the medication to the syringe using the grooves inside each. The atomizer is attached the same way on the opposite end. One dose is one vial and you administer it into the nose half a vial at a time. Insert the first half into either nostril and change over to the other nostril to administer the second half, he

What happens next?

Narcan knocks that opiate molecule off the receptor allowing it to start functioning normally which allows you start breathing and your heart rate to come up, Tingley said. Getting the person to a hospital is key, even the Narcan is successful. You should stay with the victim until help arrives and make sure they are in a rescue position on their side lessening the chance the victim will choke on

Does it always work?

It could take multiple doses to work, depending on the drugs that made the victim overdose. Nicoli said. If the first dose doesn't work, wait two to three minutes and try

again. You can administer an unlimited amount of doses and Narcan does not have any negative effects on people who don't need it. Narcan is only effective on opiates, such as heroin or methadone + not cocaine or alcohol. If someone used a mixture of drugs, Narcan only serves as an antidote for opiates.

Where can you get it? Narcan is available with a prescrip-

tion from some local pharmacies and the following have standing orders where you can purchase a kit (two doses) without a prescription: Walgreens, Cushing Plaza Shopping Center, 767 Chief Justice Cushing Highway, Cohasset 781-383-1772 Nantasket Pharmacy, 480 Nantasket Ave. Hull. 781-925-1270: Oldens Pharmacy, 101 Pleasant St., South Weymouth. 781-337-0187. The cost is about \$85 full retail, but could be less depending on your insurance, Nicoli said. You can also call Manet Community Health Center for a kit 857-939-4108. Each kit is good for about 18 months before it expires, Nicoli said.

DEALING WITH DRUGS

DRUG DISPOSAL

Prescription for trouble

Collection kiosks help keep cabinets clear of old pain medications

By Mary Ford mford@wickedlocal.com

hile senior citizens are as vulnerable to getting "hooked" on painkillers like OxyContin as anyone else – the big risk involving the elderly is when their prescription medications become inadvertently available to others, officials say.

"When we get the opportunity to debrief a person that has succumbed to opiate addiction, we ask them, how did you get started?" said Cohasset Acting Police Chief William Quigley. "I can remember more than one person answering that question with a reply that included, 'from pain-pills that I got from my grandparents' medicine cabinet."

Under federal law, communities across the country are required to offer their residents a method to collect and dispose of unused or expired prescription medication in a safe and legal manner.

To that end, police departments across the state, including those in Plymouth and Norfolk counties, officer free anonymous disposal receptacles for unused or expired medications – the receptacles are available and accessible 24-hoursa-day

"I encourage all seniors to take advantage of this service," said Timothy Cruz, Plymouth County District Attorney.

"Often times, seniors don't realize the street value on ordinary "If you are a grandparent or elderly person that has visitors and kids over the house, keep your pain medications under lock-and-key. Handle that medication as if it was poison, because that's exactly what it is to a person that it wasn't prescribed to."

Cohasset Acting Police Chief William Quigley

prescription medication that they may keep in their homes," Cruz said. "Keeping these medications after they are no longer needed could create an unnecessary risk of theft."

Police departments take the collected drugs to Covanta Energy in Haverhill or Rochester for free disposal through that company's Rx for Safety Program. The incinerated drugs are converted into energy. As of October 2013, more than 1 million pounds of prescription medications had been incinerated at Covanta, according to the Plymouth County DA's office.

Even with current prescriptions – helping the elderly keep track of their medications is critical.

According to the Norfolk County District Attorney's Office, the then executive director of the Stoughton Housing Authority stands accused of stealing prescription drugs from an elderly resident at the housing authority in December.

The alleged victim filled a prescription for 120 opiate pain pills allowing for as many as 3 pills a day but the alleged victim normally took only one before bedtime. After taking just two doses, a relative of the alleged victim counted the remaining pills finding only 61, not the anticipated 118.

The family installed a video surveillance system that led to an investigation and subsequent arrest of the executive director of the housing authority who pled not guilty after being charged with several felonies including theft of a controlled substance.

According to published reports, the 90-year-old woman lived in the Housing Authority's Capen Street Elderly Housing where all residents of the building must provide a list to the Authority of all their prescription medications. The executive director had that list.

Norfolk County District Attorney Michael Morrissey said too many opiate addictions grow out of pills taken from home medicine cabinets by family or visitors.

"Seniors can do a great service by bringing pills they no longer need to their police station for safe disposal," he said.

Morrissey said according to

professionals in the health field, as many as 75 percent of those who become addicted to heroin and pain pills had their first exposure to opiates from a pill taken out of the medicine cabinet of a family member or friend.

He said that prescription drugs are being diverted for abuse, often without the owner knowing it, from visitors or workers entering the home and taking them. "Every unneeded opiate we can collect and destroy is one less chance that will happen," Morrissey said.

Cohasset was one of the first town's in Norfolk County to accept the grant from the Norfolk County DA's office to help pay for a drug-collection kiosk back in 2011.

Acting Chief Quigley said it is so important to get medicine and pills that are no longer being used out of the house and to keep all current prescriptions in a secure location.



Residents are encouraged to drop their unused or expired prescription drugs at free disposal receptacles at local police stations. COURTEST PHOTO

"If you are a grandparent or elderly person that has visitors and kids over the house, keep your pain medications under lock-and-key," he said "Handle that medication as if it was poison, because that's exactly what it is to a person that it wasn't prescribed to.

"By being responsible with your medication storage, you may save a loved one or young person a lifetime of trouble," he said.

You can reach editor Mary Ford at mford@wickedlocal.com.

Drop drugs off at these police stations

Norfolk County

Drop drugs at these police stations: Braintree, Bellingham,

Brookline, Canton, Cohasset, Dedham, Dover, Foxboro, Franklin, Holbrook, Medfield, Medway, Milton, Needham, Norfolk, Norwood, Quincy, Randolph, Sharon, Stoughton, Walpole, Wellesley, Westwood, Weymouth and Wrentham. Plymouth County

Drop drugs at these police sta-

tions:
Abington, Bridgewater, Carver,
Duxbury, East Bridgewater,
Halifax, Hanover, Hanson,
Hingham, Hull, Lakeville, Marion,
Marshfield, Mattapoisett,
Norwell, Pembroke, Plymouth,
Rochester, Rockland, Scituate,
Wareham, West Bridgewater,
and Whitman.



Often first on the scene of a overdose, police trained to administer Narcan are helping save many drug users' lives and point out paths to treatment and recovery for victims and their families.

HELPING

Continued from previous page

Steps toward treatment

As police try to work with families at the scene of an overdose, emergency room doctors take over the treatment process.

The majority of Scituate's overdose cases end up at South Shore Hospital in Weymouth, Norton said. Marshfield's are split mostly between South Shore Hospital and Beth Israel Deaconess Hospital-Plymouth, Tavares said.

Jason Tracy, emergency department chairman at South Shore Hospital, said the hospital receives overdose patients on a daily basis.

He said there are four types of patients that typically come in on overdoses—those who intentionally overdose, those who unintentionally overdose and are willing to seek treatment, those who unintentionally overdose and deny treatment, and those where an overdose leads to a medical condition that makes them ill in another medical sense.

Overdose patients are first stabilized and then monitored until the effects of the drugs have diminished, said Liudi Jagminas, chief of emergency medicine at BID-Plymouth. Narcan can take about four hours to wear off, though the effects of heroin can linger beyond that, he said.

Once a patient has recovered enough to be "clinically sober," they have the option to meet with a social worker or case manager. But, Jagminas said, the hospital is "unable to hold them against their will."

The situation is similar at South Shore Hospital, where patients are given information about opiate addiction and a list of treatment programs, Tracy said.

"At this point in the current system, it's a matter of calling each one of those programs to see if there's availability of resources that matches up with the patient's needs," Tracy said.

But he added, "It's quite frequent that by a combination of bed availability and their current insurance status, that we're not able to find a program for somebody."

ogram for somebody.

Voluntary detox beds in Massa-

chusetts are scarce, Jagminas said, and funding for programs continues to get cut.

"It's a matter of resources and there's not community resources," he said. "So unfortunately, you see this revolving door. They come in, they get revived, hang out for four hours, we try to get them into detox, they refuse, and they end up back here again."

Working with families

Both police and hospital officials agree more needs to be done to combat the opiate epidemic and get people into treatment.

"People who present to us with an overdose, that's unfortunately at the end of the line," Tracy said.

In Marshfield, Tavares hopes to implement a program where, after an overdose, a police officer and a trained clinician would do a follow-up visit with the victim's family to help point them in the right direction for help.

That's similar to the program Sc-

That's similar to the program Scituate Police Chief Michael Stewart is looking to implement with his department in April, along with having his officers begin to carry Narcan.

Through that program, a Scituate police officer and a "recovery coach" from a treatment center would conduct a follow-up visit to the home of an overdose victim and speak to "anyone who is willing to listen," whether it's the victim, or the victim's family or friends, Stewart said

"If the victim wants immediate services he or she can leave with the officer and coach to begin rehabilitation efforts," Stewart said. "Accepting services on the part of the victim or family is completely voluntary. It is not an arrest, protective custody, or court partition."

Along with helping victims and their families, Norton and Tavares both said they wanted to see comprehensive drug education programs in schools.

"We're always going to continue to enforce the laws, but we know we're never going to eradicate the world of drugs," Tavares said. "We need to educate people in how to live in a society with drugs but to stay off them and stay away from them."

Follow reporter Lisa Kashinsky on Twitter @MarshfieldLisa

A force to be reckoned with

Regional enforcement team puts a dent in South Shore drug problem

By Mark Burridge aburridge@wickedlocal.com

ith the growing drug crisis forcing police detectives to work faster and harder to try to stem the tide of opiate abuse, the creation of the Old Colony Police Anti-Crime Task Force (OCPAC) is giving the officers a much needed advantage.

The task force has opened the lines of communication between 17 communities on the South Shore. Now, when a robbery, a break-in, a drug crime, or one of several other criminal acts occurs, police officers from one town will reach out to their counterparts in other towns to see if they've had similar activity.

"Most smaller towns only have one or two detectives, if that," said Pembroke Police Sgt. Ted Cain. "When we can link towns together, we can put four, or eight, or 10 people on one case."

Cain said in a druglinked crime, it can be hard to get traction when only one town is investigating. But, he said with the pooled resources of the task force the investigation is much more effective. He said it also makes sense because crime doesn't follow town lines.

"If there's crime in Marshfield, it spills over into Pembroke, or Duxbury or Hanson, or another town," he said. Marshfield Police Chief

Marshfield Police Chief Phil Tavares was involved in 2008 when OCPAC was founded. He currently runs the group.

"We recognized the need for a multi-agency approach," he said. "We pool our resources and share information."

share information."
He said after the coalition was made official in 2008, a few advantages were added. A member of the District Attorney's office is on call and ready to help. Also, police have fewer hurdles with jurisdiction issue when it

comes to a court case.

Russ Eonis is the Assistant District Attorney assigned to the task force.

He said its work is important because it helps gather the region together collaboratively to solve problems.

"Generally, with these kinds of collaborative efforts, the sum is greater than the parts," he said. Eonis said he is a liaison

than the parts," he said. Eonis said he is a liaison to the task force, and is



Marshfield Police Chief Phil Tavares (L) and Capt. Mike McDonough (R) head up the Old Colony Police Anti-Crime Task Force. Tavares and McDonough are pictured with evidence samples of opiates seized by the task force, including Heroin and illegal steroids. WICKED LOCAL PHOTOS/ CHRIS BERNSTEIN



Marshfield Police Chief Phil Tavares (R) and Capt. Mike McDonough (L) hold up a map of the Old Colony Police Anti-Crime Task Force region, which has recently expanded to 17 towns.

available to talk whenever there is a legal question, or if a search warrant or subpoena is needed. He said the DA's office doesn't handle all of the criminal cases, but he is a point person available.

"It's within the spirit of mutual aid," he said.

OCPAC includes the towns of Hull, Hingham, Scituate, Norwell, Rockland, Abington, Whitman, Hanover, Marshfield, Hanson, Pembroke, Duxbury, Halifax, Plympton, Kingston, Carver and Marion.

Tavares said cases are always underway within the group, and he said the task force has solved so many since its inception it is hard to pick out just one. But one of the most recent, was solved on March 17.

According to Marshfield Police, at about 7 a.m. Hanson Police executed a search warrant on Main Street in Hanson. As a result of the search warrant, a Hanson man was arrested for possession with intent to distribute a class D substance and possession with intent to distribute a class C substance.

class C substance.

The search warrant was the result of a two-month long investigation by Detective Paul O'Brien and members of the task force. As a result of the search warrant, police recovered approximately three quarters of a pound of marijuana, approximately 32 grams of hashish oil, 23 Xanax tablets, and 2 grams of Molly. Scales, a ledger, packaging materials, and

more than \$5,000 in cash were also seized in the

Tavares said the task force has won numerous honors including the 2012 Francis A. Grodin Award and the 2013 Matthew Seifer Award, both for outstanding achievement in the field of drug enforcement.

In addition, Tavares said the group has never received a complaint in any member town.

"It's been nothing but a major success," he said.

Captain Mike McDonough of the Marshfield police said not only are all resources pooled through the use of the task force, but it also helps pool expertise. He said one town might be better at solving one kind of crime, so through OCPAC, they are called and they help the

other town.

He said before the task force, communities were going about trying to solve cases on their own far too often.

"It's a day to day sharing of information," he said.

Tavares said because the task force is able to track activity through multiple towns, police are getting better at knowing where to look. Especially when it comes to break-

"Many times we've caught people in the act [of breaking into a house]. We've caught them redhanded," he said. "Ninetynine percent are fueled by

opiate needs."

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LEGISLATION

DEALING WITH DRUGS

Lawmakers act to stem opioid crisis

By Ed Baker ebaker@wickedlocal.com

piate addiction has reached a crisis level on the South Shore and it is keeping police busy throughout the region, according to State. Sen. Robert Hedlund, R-Weymouth

"In my district the problem varies from town to town," Hedlund said. "It is hitting higher income towns and not just in Weymouth. It is not a lower median income issue. It is a rampant problem,"

Opiate drugs like Percocet, vicodin and oxycontin are substances generally pre-scribed by doctors for patients who experience severe pain, but the substances like heroin are derived from the opium plant and highly ad-

There were 81 opiate overdose deaths during 2013 in Norfolk County according to the state Department of Pub-

The DPH also reported there were 85 opiate overdose deaths in Plymouth County

during the same period. Hedlund said extending jail terms for people who illegally sell opiate drugs along

addicted individuals is an important approach to turn the tide of addiction.

"I want to see a full court press on this issue and what I mean by that is tougher sanctions for drug dealers and more restrictions to make it harder for these drugs from getting into the hands of people that don't require them,"

Hedlund said he has filed a bill requiring varying jail terms for people who illegally sell opiate drugs.

"It would apply stiffer penalties across the board," Hedlund said. "We are trying to get the attention of my colleagues that don't have an awareness of the significance of the problem. For some drug dealers we proposed a life sentence. We don't expect that part to pass, but we put it in there for discussion pur-

State Rep. James Cantwell, D-Marshfield, a former Norfolk County assistant district attorney said opiate addiction is a health crisis and not a criminal justice matter.

"I am looking at methods of prevention so people know that even if certain drugs are prescribed to them they

with enhanced counseling to can ask for less addictive medications," Cantwell said. "We are working with South Shore Hospital and the doctors to talk about opiate concerns and how they can help patients without them becoming addicted to opiate

Cantwell said over the years he has supported legislation to prevent opiate addiction like the Act to Increase Opportunities for Long-Term Substance Abuse Recovery.

The bill approved by former Gov. Deval Patrick in August 2014 promotes insurance coverage for inpatient treatment, abuse-deterrent drugs, addiction counselors for patients, and provides authority to the DPH to temporarily restrict dangerous drugs and improves the state's prescription monitoring pro-

"This is a public health emergency and it requires a multi-disciplinary process," Cantwell said. "We need to do early intervention to prevent the abuse of opiates and we need greater education for doctors about writing prescriptions for opiates.

He said the state's prescription drug monitoring law allows pharmacies to prevent people from "doctor shopping" or going to multiple pharmacies to obtain opi-

"We are doing a great deal to tackle this opiate addiction crisis," Cantwell said.

He said changing the mindset of people toward opiate addiction as a health matter has been ongoing for him during the past year-and-a-

Hedlund said a solution to preventing addiction to opiate drugs might be to restrict administration of the drugs to a patient in an outpatient facility or doctor's of-

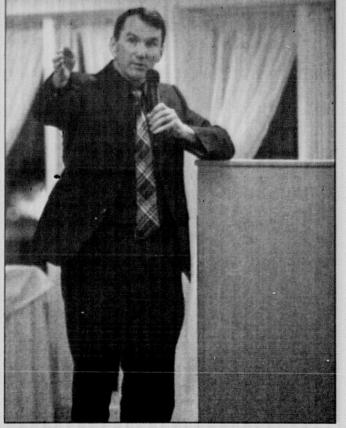
"At the very least we need to improve our efforts to make opiate drugs tamper resistant and allow them to be administered by a doctor," he said. "That is where the focus has to be right now. We are losing the battle."

U.S. Sen. Edward Markey, D-MA, recently proposed the federal Opioid Overdose Reduction Act to protect police, firefighters, and anyone who is trained to administer Narcan from civil suits when they help a victim of an opiate overdose.

"Sen. Markey introduced the bill in April 2014,"said Markey spokeswoman Giselle Barry said. "He did so while he conducted roundtable discussions throughout Massachusetts. He talked with police chiefs, fire chiefs and mayors and one of the main things they said is we need support to stem the overdose

Joanne Peterson, founder and director of Learn to Cope, a state group that provides support for family members of those addicted to opiate drugs said she supports Markev's bill.

"We have seen 40 lives saved within our group since 2011," Peterson said. "When you have a family member who has a son, spouse or daughter who is struggling with opiate addition and wait-



State Rep. Jim Cantwell speaks at the Scituate Citizen of the Year event honoring Scituate FACTS founder Annmarie Galvin. Cantwell has been very involved and active in the battle against opioid abuse on the South Shore backing legislation to help prevent addiction.

ing for a bed at a treatment center, narcan can be a matter of life and death."

Hedlund said he has mixed views on whether protection from civil liability should be extended to people who administer narcan to an over-

"I don't want to hinder law enforcement from tackling the opiate problem more aggressively," Hedlund said. 'I'm concerned the Good Samaritan law might do that. I feel we have to focus on getting the high potency pain killers and opiates out of the hands of people that don't require them.'

Rhonda Mann, communications director for Health and Human Services Director Mary Lou Sudders said Gov. Charlie Baker recently started a 16-member Opiod Addiction Working Group involving doctors, law enforcement, and state health official to pursue a statewide strategy for combating addition to opiate drugs.

We have had groups like the Massachusetts Hospital Association come in and make recommendations on how doctors prescribe opiate drugs," Mann said.

Mann said the working group wants to get measurable results in dealing with opiate abuse from the meetings to provide Baker with a strategy for tackling addiction problems in Massachusetts.

"We have had people come in and give presentations to the panel and it asked pointed questions about measuring success," Mann said. "They were asked questions like what is their goal and what was their funding like. We wanted to learn best practices from everybody."

Mann said the task force has to make its recommendations to Baker in early May for him to decide on an action plan.

"We were told that our recommendations are to be made on what will work and not be pie in the sky stuff," she said. "One of the primary issues Gov. Baker ran for office was figure out how to curb these death rates."

Hedlund said he supports the efforts of the working group and hopes it leads to positive action.

We have had a lot of studies and roundtable discussions on the issues and it is time for action," Hedlund said. "I hope the working group works quickly.'

You can reach Ed Baker at ebaker@wickedlocal.com.

EDUCATION

Getting to kids early key to prevention

By Stuart Green sgreen@wickedlocal.com

t's not necessarily the experimental years the high school period that educators try to focus on when they talk to kids about drugs. A 17-year-old may have already traveled down a dangerous road.

It's the years before that, when students are at the elementary and intermediate school level that it's time to get the conversation started.

"We try to stop it before it starts," said Hingham Police Officer Rob Ramsey. "We talk about prescription drugs, heroin in the sixth grade.

Ramsey is the go-to safety officer who teaches students through the worldwide DARE (Drug Abuse Resistance Education) program, which helps youngsters make smart decisions about drugs, gangs and violence. The officer-led program, founded in 1983, is implemented in 75 percent of the country's schools and in more than 43 countries.

But what strategies can adults use to help an impressionable youngster stay off opioids like heroin?

"Education is the big one," Ramsey said. "Statistics show that the more kids know about it, the more they will make the right choice when the time comes.

The method to get that message across can vary from town to town. Many communities have started their own programs and coali-

"Education is the big one. Statistics show that the more kids know about it, the more they will make the right choice when the time comes."

Legislative aide Ben Thomas, State Rep. Jim Cantwell, D-Marshfield, US Senator

FACTS (Families, Adolescents and Communities Together against Substances)

Conference in Washington, D.C., held in February.

Ed Markey, and Annmarie Galvin, founder of the drug awareness coalition Scituate

pose for a photo during the Community Anti-Drug Coalitions of America's National

Hingham Police Officer Rob

tions to help youngsters

In 2004, a small group of Stoughton community members started OASIS (Organizing Against Substances In Stoughton).

"When OASIS started, opioids were very much in the news and we had a couple of incidents in Stoughton, which is why the coalition was formed," said Stephanie Patton, OASIS prevention coordinator. "The coalition was formed around the opioid issue.

Through the years, however, as the heroin problem ebbed and flowed, the group changed its main emphasis to other substance abuse problems - including alcohol, marijuana and unintended use of prescription medications. But the way OASIS views drugs is to cut off the root at its source.

"The only way to prevent overdoses in the long term is to get in front of it with other drug use (prevention)," Patton said.

OASIS now is run by the Stoughton Youth Com-

make the right choices.



Hingham Police Officer Rob Ramsey educates students about opiate use through the DARE program. COURTESY PHOTO

mission, a Town of Stoughton program.

One of the newest groups in the region has a similar philosophy. Holbrook Cares was formed in May 2014 "to help families fight the uprising epidemic of substance abuse and help build a healthy community," according to its statement.

"Holbrook is not alone is seeing the effects of substance use and addiction," stated Jennifer Hohl of Holbrook Cares. " This is a national epidemic, especially so in southeastern Massachusetts. I am happy that a coalition has formed to address this issue in whatever way we can.'

The group holds monthly meetings, with some speakers or trainers to provide information and education on addiction and substance abuse prevention. A recent event at the end of March included a free opioid overdose prevention night, held in collaboration with Avon ACES and the COPE Center. Naloxone Rescue Kits were made available at the meet-

Those kits are designed to revive someone who overdoses on heroin, a health factor that many young people overlook.

You can easily overdose on it," Ramsey said. "A lot of kids don't realize it."

In fact, over a 10-day period in March, a suspected 22 deaths in Massachusetts were due to heroin overdos-

The face of those users has shifted - from poor and perhaps minority to white,

upper-class and more female. And the method also is different.

You needed needles in the old days," Ramsey said. "Today the heroin is so strong and so pure, kids are snorting it. Then they switch to injecting."

One thing that has not changed is the role of parents in their children's lives.

"We do work to encourage parents to always talk to their kids - rules in the house and being clear what is not OK in this house," Patton said. "Sometimes a parent thinks that (their children) know, and they've never really said it. One time is not enough.

"Kids are really listening to you and research shows that the parent is the most important person in their kids' lives, believe it or not." But other role models -

like celebrities - also can have an influence. Youngsters can hero-worship, say a musician who sings about the drug culture. But Ramsey points out to his classes that they don't necessarily live out the behaviors they sing about onstage, but rather write edgy songs just to make a buck.

There are kids out there who experiment with bad behavior," he said. "Other kids won't go anywhere near it. I aim for that big middle group. Maybe they will, maybe they won't. Hopefully, they'll delay that choice until they're older and use common sense."

You can reach editor Stuart Green at sgreen@wicked DEALING WITH DRUGS

The cost of addiction

Heroin cheaper than prescription opiates

By Erin Dale edale@wickedlocal.com

As communities grapple with a rising heroin epidemic, officials try to trace the problem back to "gateway drugs," whether these are available over-the-counter, only by a doctor's prescription, or are other illegal narcotics.

With 32 narcotic-related unattended deaths (in which the deceased were found dead on arrival) in Norfolk County in a one-month span from December 2014 to January 2015 - local officials are looking at all possible links.

In 60 percent of those recent deaths, the prescription Gabapentin - an anti-depressant used to treat seizures or nerve pain - was present, according to Christine Murphy, co-chair of Safe Habor Cohasset, a community opioid coalition formed by Cohasset's Social Service League. Pairing heroin with Gabapentin makes users "get higher," she said.

Reports further indicated that of those 32 deaths, 10 of the victims were young between the ages of 18 and 25, and had died shortly after leaving jail or rehab.

"They had lost their tolerance" for heroin, said Murphy.

Like other community groups formed to address drug abuse, the Safe Harbor coalition is looking to the source of heroin addiction - starting with the community's youth.

"The drugs of choice with the high schoolers are marijuana and Ritalin," said Murphy. Two very different drugs - one an illegal stimulant, depressant and hallucinogen, the other a prescription for Attention Deficit Disorder - seem to lead to only more drug abuse.

That and binge-drinking are major concerns of people like Murphy, whose personal history led her to get involved in fighting drug abuse in her community. Her ex-husband died from a heroin overdose.

Chief among the concerns in the war on opioids is that not only are they highly addictive and deadly - but are readily available, and on the cheap.

Even without a prescription, OxyContin can be purchased for a mere \$1 per milligram, up to 80 milligrams, said Murphy.

According to the National Council on Alcoholism and Drug Dependence (NCADD), while most prescription pain pills cost between \$20 and \$60, heroin can be obtained for as little as \$3 to \$10 per bag.

But for many, addiction doesn't start by buying drugs on the street, but by abusing what's already in their own medicine cabinets with doctors prescribing the drugs that get patients addicted and craving harder substances.

"For a lot of kids with sports injuries in high school, this is how they start," said Murphy.

The National Institution on Drug Abuse (NIDA) has also identified a correlation between prescription opioids

and heroin abuse.

According to the National Council on Alcoholism and Drug Dependence (NCADD), while most prescription pain pills cost between \$20 and \$60, heroin can be obtained for as little as \$3 to \$10 per bag.



A police officer blocks out identifying marks around an evidence sample of heroin, which is cheaper to get than prescription drugs like OxyContin and Vicodin. WICKED

suggests that abusers of prescription opioids are shifting to heroin as prescription drugs become less available or harder to abuse," Nora D. Volkow, M.D. reported to the Senate Caucus on International Narcotics Control in May 2014. "The emergence of chemical tolerance toward prescribed opioids, perhaps combined in a smaller number of cases with an increasing difficulty in obtaining these medications illegally, may in some instances explain the transition to abuse of heroin, which is cheaper and in some communities easier to obtain

than prescription opioids." Murphy is concerned with prescription drug abuse in her own neighborhood. Cohasset, she said, is "the highest prescribing in Norfolk County for stimulants."

According to the Norfolk County District Attorney's office, between 60 and 70 percent of heroin addicts started out by taking prescription medications.

The Safe Harbor co-chair believes education is key, even for doctors who "should know better" and strive to "do no harm."

"Doctors prescribe this because they were never trained well and are always given the scoop by the pharmaceutical industry that these things aren't addictive and will give [patients] 40 OxyContin and tell them to take two pills four times a day for eight days when they really don't need it," said Murphy.

With that in mind, officials including the Norfolk County District Attorney Michael Morrissey are partnering with pharmacies to provide better oversight of those who are being prescribed opiatesand how much.

Called the Prescription Drug Monitoring Program (PMP), the initiative has been designed to prevent "doctor shopping," the act of patients getting prescriptions for the same substance by multiple doctors. This is Growing evidence also referred to as "multiple

"Growing evidence suggests that abusers of prescription opioids are shifting to heroin as prescription drugs become less available or harder to abuse."

Nora D. Volkow, M.D.

provider episodes" or MPE, according to Dave Traub of the DA's office.

Utilization of the PMP can assist in identifying potential prescription drug misuse, abuse, and diversion, while helping to ensure that patients who need these medications have access to them, according to a Feb. 2015 Mass. Dept. of Public Health (DPH) report.

Representatives from he DA's office and local police chiefs have been working with all 120 pharmacies located in Norfolk County since the program launched last fall.

Traub said that at this point, all of the county's pharmacies have been visited and given materials to post, including items "on safe storage use and disposal of drugs, which is now posted in a lot of the pharmacies around Norfolk County."

The program also consists. of an online database with patients' names and a list of their prescriptions, and when these were last filled. According to the DPH, the PMP database contains all prescription data from 1992

forward. While not mandated for all pharmacies, Murphy noted that Rite-Aid and Walgreens monitor prescriptions "100 percent of the time."

The mission of the PMP is for "all pharmacies to sign up and use it," said Traub.

Data from the National Institute on Drug Abuse can be found on www.drugabuse.gov.



Drug take-back kiosks have been installed in many police departments to offer safe disposal of unused or expired prescriptions. COURTESY PHOTO

of pills, and he was able to refill the prescription a number of times.

But his doctor eventually saw the effects of the drugs on Michael.

"He actually called me out on it." Michael said. "And he told me I couldn't get any more."

So Michael started forging prescriptions for Vicodin, and began selling them as well.

Eventually the pills were not enough, Michael said. adding he did get caught forging the prescriptions. And the cost of buying pills on the street is high - one pill can cost upwards of \$30, he said.

Heroin is a lot cheaper, Michael said. So he started snorting that drug, and soon moved on to shooting it into his body with a hypodermic needle.

To keep up with the heroin habit, the larcenies soon began. Michael was stealing CDs from grocery stores and selling them back to stores like Newbury Comics, for money to buy heroin. That was one of his many schemes, he

"Addicts are geniuses we can think of any number of ways to make some quick money," Michael said. "And the threat of going to jail never worked for me. That didn't matter."

The drive to get more drugs trumped any fear or concern that he'd end up in prison.

"When you're an addict and vou can't get drugs, you get dopesick," he said. "And being dopesick is the worst thing ever. You feel like you're going to die. I would have done anything to get what I needed so I didn't feel like garbage. That was my motivation

 to not feel like garbage." Michael's lifestyle had caught up with him when he ended up in the Plymouth County jail in 2013.

"When you're an addict and you can't get drugs, you get 'dopesick.' And being dopesick is the worst thing ever. You feel like you're going to die. I would've done anything to get what I needed so I didn't feel like garbage. That was my motivation - to not feel like garbage."

Michael, an inmate at the Plymouth County House of Corrections

Released in 2014, jail right away.

I don't know what happened when I got out." Michael said. "I wasn't I was at the time, but I meetings. wasn't."

But since then, he has been a model inmate trying to fix his own life and at the inmates through tough

get out sometime in late summer or early fall.

frustrating thing about all pills. this is that I'm a mechanic I could always fix anything, anything, that is, except myself. But this is my time now. I know what I have to do, and I have a huge base of people to help me with my recovery on the outside. I need to stay away from all the negative

Adrienne Towerv is the manager at the prison.

When Michael first got here, you could tell there was something about him after a while, I started telling the other inmates, 'If you have questions, ask Michael. Guys just look up to him.

Towery explained the prison's substance abuse program is a 62-bed. four-month program for sentenced male inmates is a four-phased program comes to awareness." based on a cognitivebehavioral curriculum."

The program focuses on principles like denial,

relapse prevention, coping Michael wound up back in skills, re-integration to society, thinking errors, step work and requires inmates to take part in Narcotics Anonymous ready to be out. I thought and Alcoholics Anonymous

There are 1,500 inmates in this jail though," Towery said. "And there are only 62 beds in the substance same time helping fellow abuse program. So we can't get to everyone."

Michael said although Michael is slated to he thinks very highly of the program, there needs to be more awareness on "I'm going to be ready the outside when it comes this time," he said. "The to opiate abuse, especially

'Those pills don't come with a warning label," Michael said. "I just wish somebody would have told me more about them before I started taking them. Because without them, I'm pretty sure I wouldn't be in here. And like I said, for me, this is unacceptable."

Plymouth County Shersubstance abuse program iff Joseph D. McDonald, Jr. said the jail's substance abuse program is very important in a day and age where opiate abuse is spiraling out of control.

"I hope it's as bad as it's going to get right now, but that might be too optimistic," McDonald said of the widespread problem of opiate addiction.

"The longer we don't do anything about it, the harder it will be to eradiwho have a history of alco- cate the problem, and the hol and/or drug abuse. "It jail is ground zero when it

> Seth Jacobson can be reached at siacobson@ wickedlocal.com.



DAY VS OVERNIGHT?

QUESTIONS TO HELP DECIDE WHICH IS RIGHT FOR YOUR CHILD Information, American Camp Association, New England Overnight campers should be

Which is better: day camp or overnight camp? The as a few. Here they are

other. Some families find that a embination of day and overnigh amp experiences is optimal. The question is really. What is What IS day camp? Day Camps

ally serve children ages 3-15 ing the daytime. The length lay, school day, and extended

sometimes families provide it Day camps can be found in a variety of locations ranging from private land to school campuses, from reservations

overnight camp? Overnight Campers sleep away from horr for the length of the session. Day camps serve the youngest

travel home at the end of the day to rest and refresh! Day camp

interesting programming in day camp settings. Families typically choose day camps that are close to home, to work, or somewhere That's way it's easy to search by miles radius around a zip code and by state in the ACA's new Find A Camp Tool online.

nights—just one or two will do! Overnight campers range in age voungest to eighteen at the oldest

tant question to ask at the very beginning of a camp search. Some children do attend both but typically families identify the day camp and the overnight

each prospective camper in the Find A Camp tool. The first question they will ask you is Day or Overnight? Provided by the American

Camp Association. New England, a 501 (c) 3 rganization that serves familie and camp professionals as the region's leading source for "all things summer camp." For help finding a camp or for additional in CT. MA, ME. NH, RI & VT. or call (781) 541-6080.

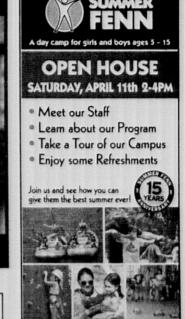


Belmont Hill School Summer Programs



www.belmonthill.org/summer-programs

All camps operated in Massachusetts must comply with regulations of the Massachusetts Department of Public Health and be licensed by the board of health of the city or town in which they are located.



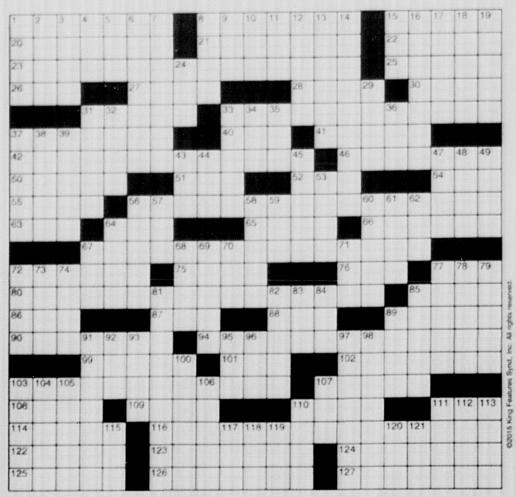
www.summerfenn.org

978-318-3614

To Advertise in this Directory Call Brian at 781-433-7945

PUZZLES

Crossword - Out of the Ordinary



ACROSS

1 It may begin Here lies 8 Like fables with morals

15 Sprayed like a firefighter 20 Composer Saint-Saens

21 Maui tourist 22 Wash away 23 Like overty

punishment 25 Consolidate 26 Suffix with

prophet 27 Calc prereq 28 Hosiery hitch 30 Transmission option 31 Coil of varn

33 1985 hit for Sheila E. 37 Female graduates 40 Middle: Abbr.

41 Cello bow rub-on 42 Monkey of

footstool 50 Country singer Travis 51 Inits. on a navy vessel 52 Neighbor of

54 Apple pie -"Macbeth" mode 55 Just makes

with "out" 56 1965 Marvin Gave hit 63 Dial-up alternative. for short

65 Cube Rubik 66 Feeble 67 Noncircular paths around

75 Big name in dog food 76 108-card game

80 1967 hit for

the Doors 85 Infrequent 86 "Star Trek" rank: Abbr 87 Pilfer from 88 Singer Yoko 89 Leaks slowly

90 To no extent 94 Mismatched collection 99 Knife of old infomercials 101 — Kippur

103 Witches in 107 Cantaloupe

64 Fall away

bodies

72 Homeland, affectionately

102 Stream of

or honeydew 108 Body gel additive 109 There's haven't heard!" 110 - prayer for

111 Univ. Web site suffix 114 Beach hills 116 '77 Sunset Strip" actor, tamiliarly 122 Mrs. Bunker

124 Posts again 125 Hunter's lure 126 Fusible 77 Toque or fez

electrons

11 Western treaty inits. 12 Pope before

Gregory XIII 13 More nonsensical 14 Prison, informally - and haw 16 Pizza herb 17 More irritated

Winter

19 Plow pioneer 24 Noisy clamor 62 Guitarist 29 Basic idea 31 Actor Jimmy 32 Granny, e.g. 123 Use an umbrella, say 33 At -- of (priced at)

34 Item in a P.O. box 35 Part of NATO: Abbr allovs 127 Bad-mouth 36 Acne spot 37 Performed DOWN

on stage 1 "Lo!," to Livy 38 Lies in war 39 Apocryphal 2 Golf norms 3 Don of radio archangel 4 Deadlock 43 With 115-5 100% Down. 6 Tableland nervous and 7 Units of appreheninductance

8 Chug-44 Part of i.e. (guzzle) 45 "... wife could 9 Suffix with - lean" Caesar 47 Injure badly 10 Mu - pork

49 DEA agent 53 "Shape

ship out!"

56 Alphabet

opener

57 "May -- of

59 Missile's

60 "Deathtrap"

path

Paul

64 "Green" sci

67 Sci-fi power

service?"

92 Christie's cry 93 - many words

95 Coloring stuff 96 Caméra -58 Burglar's job 97 Ones toeing the line 98 Tag anew

100 In the habit star Michael 61 "For - us a 103 Crossed a

child is born" 104 Get by 105 Like a charged atom 68 Robert De --

106 Cyclical, at **69** 1990s the beach 107 - tai (drink) exercise fad 70 Bldg. units 110 "The - the 71 Virus, e.g. limit!" 111 Markey of

72 Not closed 73 Jay of NBC Tarzan films 112 Nixing 74 Biblical verb 77 Belittling frat mark brother 113 Stalin's 78 Circus venue land

79 Touchy 115 See 43-81 Bohemian-Down 117 English 82 Meanders dramatist 83 Question's Thomas opp.

118 Lyrical verse 84 Turndowns 119 Bruin 85 Like Brutus Bobby 89 Prince -120 Peru's von Sumac Bismarck 121 Campaigned

Sudoku

3					4			9
	6			8		2		
		8	1		5		3	
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	8			5			9	

Level: Challenging

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Magic Maze • Billys and Billies

ITONGLJGDAXUROL GDAXNLPVSPNKNI FCAXVSIEQO(C)LI ECAXVPTKHRATPNL J H F G E D B O N C R Y X V T R P Y R D O L M L A T S Y R C KIGAEIEEMDEIBEZ XWUHDEKTORRJMDQ ONLAJNBEIJGBULC F D Y M C A U O H Y X W V I T RPONLKSBTAOGWJ

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Goat Joel Beer Carter Graham Martin Mitchell Club Holiday Jean King Crystal Piper

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HOROSCOPE

Salome's Stars

deal with problems that are no fault of your own. But you can turn the annoyance into an asset by showing how quickly and how well you can resolve them.

TAURUS (April 20 to May 20) The Bovine's fondness for tidiness cynicism and let yourself believe pays off when you untangle a situsnarled. You might later be surprised to learn who will be expressing his or her gratitude.

GEMINI (May 21 to June 20) Although you can tackle your assignment the way you prefer, it might be a good idea to at least not accept that you'll do just as ask for suggestions. Who knows? well, or better, in dealing with the One or two might even turn out to new challenge ahead? be helpful. CANCER (June 21 to July 22)

or proposals that you feel are necessary before - repeat, before you submit them to your coltion and let events unfold without leagues. You'll come off looking your assistance. more decisive that way.

ARIES (March 21 to April 19) You new environment, be it a job, a overeating (especially of the wrong might be upset about having to classroom or meeting the future foods), or drinking too much, or in-laws. But enter with a big smile, and everyone will see you as a real take-charge Cat.

VIRGO (August 23 to September for you if you can set aside your that someone really cares. If ation that seems hopelessly you're already in a relationship, ex-

> LIBRA (September 23 to October 22) It's a good time to shed any doubts about your abilities. You've Never mind. Defending your methproved yourself in the past, so why

SCORPIO (October 23 to November 21) Your suspicions might be Make all the changes in your plans on the mark, but unless you can prove what you assume, you need to exercise that Scorpion discre-

SAGITTARIUS (November 22 to ple believe and trust in you. LEO (July 23 to August 22) You December 21) Be careful not to go

working too hard. You can do it all,

but in moderation. CAPRICORN (December 22 to January 19) A family matter is 22) This could be a romantic time given to you to resolve because you have the gift for bringing quar-relsome kinfolk together. But while you're playing Dr. Phil, don't neglect your career obligations.

pect your partner to be extra-lov-ing. AQUARIUS (January 20 to Febru-ary 18) Someone of importance shares your goals but disagrees with your plan to achieve them. ods with logic and facts earns you admiration and respect.

PISCES (February 19 to March 20) Consider getting away, perhaps for the weekend, despite all the demands made on your time and energies. You'll return refreshed and ready to tackle it all with your usual finesse.

BORN THIS WEEK: You have a sense of honesty that makes peo-

might feel a mite intimidated in a over the top this week. Avoid (c) 2015 King Features Synd., Inc.

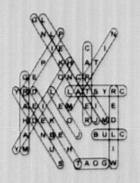
SOLUTIONS

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a	3	S	0	H		0	1	d	0	S	3	V		н	d	¥	1	1	d	7

Sunday

The Kid

Wilder



3	1	7	2	6	4	8	5	9
5	6	4	3	8	9	2	7	1
2	9	8	1	7	5	4	3	6
8	2	1	5	3	6	9	4	7
9	7	5	8	4	1	3	6	2
4	3	6	7	9	2	5	1	8
1	5	9	4	2	7	6	8	3
6	4	3	9	1	8	7	2	5
7	8	2	6	5	3	1	9	4

CALENDAR

HOW TO SUBMIT

Planning an event? Send your event information by email to scalendar@wickedlo-cal.com or by fax to 781-837-4543. Listings must be submitted at least two weeks prior to the event. Email photos as a jpeg attachment at a resolution of at least 200 dpi and no smaller than 3 X 5 inches in size. For more information call 781-837-4518.

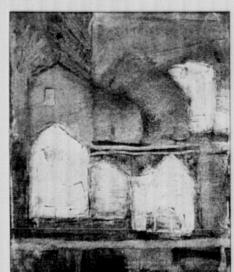
South Shore artists Donna Ingemanson and Trish Berube exhibit new works at the James

WHEN: on view April 10-30. Free opening reception Friday, April 10 from 6 to 8

WHERE: James Library & Center for the Arts, 24 West St in Nor-

INFO: Art gallery hours are Tuesday through Friday 1 to 5 p.m. and Saturday 10 a.m. to 1 p.m. Paintings are available for purchase with a portion of the proceeds to ben-

efit the non-profit **Ingemanson** James. 781-659-7100, visit www.jameslibrary.org



Print by Braintree artist Donna

Juror Virginia Wilson's "The Harmonica Man" won 2014 Best in Show The Front Street Art Gallery hosts Scituate Arts Association annual

WHEN: April 1 to April 19. First Friday reception April 10 from 6:30 to 9 p.m.

WHERE: The Front Street Art Gallery, 124 Front St., Scituate Harbor.

INFO: Jurors are Mary Felton, Michael McNabb and Virginia Wilson. Awards and Reception will take place April 10. One \$500 prize for Best-in-Show will be awarded. An additional \$1,000 in prizes will be given out. The Gallery is closed on Mondays. 781 545-6150 or www.frontstartgallery.com

New exhibit of paintings by South Shore artists Dennis Doyle and Chuck Sullivan at South Street Gallery

WHEN: April 1 to 30. Reception Saturday, April 11 from 2 to 4 p.m.

WHERE: South Street Gallery, 149 South St., Hingham. INFO: Gallery Hours are from Tuesday to Saturday, 10 a.m. to 6 p.m. For additional information, call 781-749-0430 or visit www.south-

streetgallery.com.



Oil painting by Dennis Doyle called "Whale Island Winter"



Oil painting by Chuck Sullivan called "Field's Corner"

SATURDAY, APRIL 4

Marshfield Winter Farmers Market at the Marshfield Fairgrounds from 10 a.m. to 2 p.m. indoors, under the grandstands with 32 vendors of 100 percent local produce, fish/meat/dairy, prepared and baked foods, artisans. Free talk All About Gourds at noon, free kids' activity and bunnies to pet all day. Live music. Parking/Admission is free. Easy Stroller/wheelchair access and parking next to building. More info on website www.MarshfieldFair.org/fm.htm or call 781-635-0889.

The Y'ise Gardeners and the Ventress Library Staff will be presenting their 14th annual Books in Bloom from 9 a.m. to 4 p.m. Enjoy this "Sign of Spring", where talented designers interpret their favorite books in flowers. Designs are by members of the Y'ise Gardeners, the garden club which meets on the second Wednesday of the month at Marshfield's YMCA, and the Library Staff. There will be a raffle of garden books, a Popular Prize voted upon by the attendees, and a book sale of wonderful used gardening books. Light refreshments will be served. This is a free event, open to the public, no tickets required.

Annual Easter Eggstravaganza! at 10 a.m., at First Congregational Church, 12 Elm St., Braintree Watch an Easter themed movie, kids will work on crafts, play games and partake in festive activities. The Easter Egg hunts will be organized by age this year - one for ages 5 and under, and a second, for ages 6 and up. There will also be an opportunity for kids to get their pictures taken with the Easter Bunny. Suggested donation of \$3/person or \$10/family. For more information, or to reserve tickets, call the church office at 781-843-3616.

Hingham resident, Ray Wolfe, will exhibit his photography in the Hingham Public Library's Clemens Gallery, 66 Leavitt St., Hingham through April 30.

Jesus Christ Superstar presented by the Company Theatre Center for the Performing Arts through April 4 at The Company Theatre, 30 Accord Park Drive, Norwell. Performances of Jesus Christ Superstar are held at 7:30 or 8 pm from Wednesday through Saturday, with Sunday matinee performances at 3 pm. Tickets range from \$37 to \$39. For a complete performance schedule or to order tickets, visit www.companytheatre.com.

Dinner theater at the John Carver Inn & Spa, at 25 Summer St. in Plymouth. Dinner and the show is \$59.95 per person and includes premium seating and buffet dinner. Show-only tickets may be available for \$25 each. For reservations, visit www.johncarverinn.com or call 855-318-9749. Doors open at 7 p.m. for dinner theater events. Tonight: "Psychic Mind-Blowing Comedy Show" with Jon Stetson (comedian/mentalist).

The Kennedys hosted by the South Shore Folk Music Club, will perform at 8 p.m.; doors open at 7:30 p.m., at The Beal House of the Kingston, MA Unitarian Church, 222 Main St. Members \$20, nonmembers \$22. Advance tickets are available from www.brownpapertickets.com/event/870470. Information: www.ssfmc.org. The venue is handicapped accessible.

Patty Larkin will perform at 8 p.m. at The Spire Center for Performing Arts, 25 1/2 Court St., Plymouth. Tickets are \$20. For more information, to order tickets online, or to learn more about The Spire, visit www.spirecenter.org, or follow Spire Center for Performing Arts on Facebook.

Sleeping Monkey at The Banner Pub, 167 Union St., Rockland, 781-878-8717, thebannerpub.com.

The Fat City Band at Players Sports Bar & Grille, 86 VFW Drive, Rockland, 781-681-9999, southshoresportsbar.com

Splash at The Meadow Brook, Hanson, 1486 Main St., Route 27, Hanson, 781-293-7900, meadow-brookhanson.com.

Undercover at Venus III, 252 Main St., Hanson, 781-293-0000, venus3.com.

Wendy Keith and Jim Gordon at Wildflower Cafe & Tavern, 8 Chestnut St., Duxbury, 781-934-7814, wildflowercafe.us/

Syd Slacks at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

Shindig at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, www.britishbeer.com.

57 Heavy at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, www.britishbeer.com.

SUNDAY, APRIL 5

Traditional Irish Session with Skip Toomey every Sunday from 11 a.m. to 2 p.m. at The Tinker's Son. 707 Main St., Norwell, 781-561-7361, thetinkerson.com.

Hard Case at The Banner Pub, 167 Union St., Rockland. 3:30 to 7:30 p.m. 781-878-8717, the-banner pub.com.

Open mike with Bill Downes at The Tinker's Son, 707 Main St., Norwell, 4 to 8 p.m. 781-561-7361, thetinkerson.com.

Juried Show

Nick Pangakis, live music, 4 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-

MONDAY, APRIL 6

Author Hallie Ephron. returns to the Tufts Library, 46 Broad St., Weymouth with her latest mystery "Night Night, Sleep Tight." Email mdeedy@ocln.org or call 781-337-1402 or visit http://www.weymouth.ma.us/library/

South Shore Artists Dennis Doyle and Chuck Sullivan will exhibit paintings for the month of April with a reception on April 11 from 2 to 4 p.m. at South Street Gallery 149 South St., Hingham. South Street Gallery is located at 149 South Street in Hingham, Hours are from Tuesday to Saturday, 10 a.m. to 6 p.m. 781-749-0430 or www.southstreetgallery.com.

New Beginnings Singles Support Group. Inc. for newly widowed, separated or divorced adults. meets on Monday evenings at 6:30 p.m. at The Cushing School's Knights of Columbus Culinary Arts Center, 391 Washington St., Hanover, NB is a singles support organization dedicated to healing, growing and learning; not a dating service. Information: visit http://nbnorwell.org/, email at info@nbnorwell.org or call 781-499-2659.

Italian-American Cultural Organization of the South Shore: meets at 7 p.m. at Grove Manor, Braintree. IACO is an Italian culture group that fosters a greater awareness of the Italian culture based on the South Shore of Massachusetts. A guest speaker will do a presentation on the "Villa del Balbianello," an Italian villa built in 1787 on the site of a Franciscan monastery that is located on the tip of the Lavedo peninsula on Lake Como. Refreshments will be served. General public and visitors are always welcomed.

Trivia with DJ Highpoint, 6 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

Texas Hold'em at Black Raspberry, free Texas Hold'em with the Northern Poker League at 7 and 10 p.m. at Black Raspberry Pub. 36 Cordage Park Circle, Plymouth, 508-830-0022.

Open mic night, 8:30 p.m. Mondays at Main Street Sports Bar & Grill, 39 Main St., Plymouth, 774-283-4129, www.mainstsportsbarandgrill.com.

TUESDAY, APRIL 7

Sprouts for ages 3-5, drop-off, Tuesdays starting today from 9:30 to 11 a.m. at South Shore natural Science Center, 48 Jacobs Lane, Norwell, Plant, grow, and taste our way through the warming months and meet the feathered and furry friends who also enjoy fresh garden treats. Space is limited. Fee: \$40 Member: \$52 Non-Member. April 7, 14, 21, 28, 781-659-2559 or www.southshorenaturalsciencecenter.org

Supper with the Authors hosted by Buttonwood Books and Toys at 6:30 p.m. at Buttonwood in Cohasset. Featured authors are Hallie Ephron presenting "Night Night, Sleep Tight" and Holly Robinson presents "Haven Lake". Light supper arranged through Fresh Feast of Cohasset. Reservations and tickets (\$12 each) are required. Call Buttonwood at 781-383-2665 to reserve.

Ballroom Dancing every Tuesday from 7:30 to 11 p.m. at The Viking Club, 410 Quincy Avenue. Route 53, Braintree. Live bands every week. Singles and couples welcomed. Admission is \$10. Information: 781-784-2678 or 781-335-3171.

South Shore Men of Harmony rehearse every Tuesday at Hingham Community Center, 70 South St., Hingham, from 7:30 to10:30 p.m. 781-337-SING (7464). Information: 781-337-7464.

Open mike with Jackson Wetherbee at The Tinker's Son, 707 Main St., Norwell, thetinkerson.com, 781-561-7361.

Jazz at Martini's, Tuesdays from 7 to 10 p.m. at Martini's, 50 Court St., Plymouth, featuring the Kenny Wenzel jazz group. Kenny Wenzel plays trombone and flute; drummer is Gene Roma. Call 774-773-9782 or visit www.martinisplymouth.com for information.

Dave Foley performs at the British Beer Company, 6 Middle St., Plymouth, 508-747-1776, www.britishbeer.com.

Wicked Trivia with Pat Lally, 7:30-9:30 p.m. at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999,

Acoustic trio of Mike Rahman, Stevey Burke and Ryan Souza, 8 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

WEDNESDAY, APRIL 8

Parents and Tots Nature Walk - Ages 5 and under (with a caregiver) at South Shore Natural Science Center, 48 Jacobs Lane, Norwell, Wednesdays starting from 9:45 to 10:45 a.m. Take

a leisurely guided walk with your tot to discover the wonders of the woods, pond, garden, and more! Explore the outdoors and investigate the change of seasons with one of our naturalists. Dress for the weather. Fee: \$5 Full Member: \$7 Non-member. Caregivers and infants under 1 are free: 781-659-2559 or www.southshorenaturalsciencecenter.org.

Suzanne Mahler, popular speaker, Mariner columnist, and self confessed "plant-a-holic will be doing a talk and slide presentation at the Ventress Memorial Library 15 Library Plaza, Marshfield, at 7 p.m. Presented by the Y'ise Gardeners, her topic will be "Perennial Color, Spring through Fall."

Bridgewater poet Faye George reads from her new collection. "World of Hard Use" to celebrate National Poetry Month at 6:30 p.m. at Holmes Public Library. 470 Plymouth St., Halifax. Copies of her book will be available for sale, but no purchase is necessary to attend this free event. Light refreshments will be served. 781-293-2271 or holmespubliclibrary.org.

Sons of Union Veterans of the Civil War Satuit Camp 3188 meets at 7 p.m. the second Wednesday of the month at Grand Army Hall, 353 Country Way in Scituate. The Sons of Unions Veterans of the Civil War (SUVCW) is a patriotic and educational organization. Membership is open to males, ages 14 and older, who are direct descendants of a soldier, sailor, or Marine who served during the Civil War. Junior and associate memberships are also available. The camp will help prospective members with the paperwork to determine eligibility. Members do not have to be Scituate residents. For information contact Conley Ford at cfordcon@comcast.net or call 781-545-0054. Camp webpage satuitcamp3188.org.

Cadillac Walk original blues band, every Wednesday at Shanty Rose Pub, 16 Town Wharf, Ply-

Jason Cardinal at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999 or visit www.britishbeer.com.

Hitch & Jimmy C., live music, 9 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

THURSDAY, APRIL 9

Plymouth Farmers' Market at Plimoth Plantation on Warren Avenue in Plymouth. The indoor season runs from November to May, from 2:30 to 6:30 p.m. the second Thursday of the month, presenting regional farmers and artisans. Shoppers are encouraged to take their own shopping bags or baskets if possible. Homemade and reusable shopping bags will be available for purchase. EBT/SNAP/debit/credit cards and WIC are welcome. The market is free and open to the public, year round. See www.plymouthfarmersmarket.org for details.

Miss Jen's Nature Fun for ages 2.9 to 5. Drop-off Thursdays. 9:30 to 10:45 a.m. April 2 – May 21 (No class April 16) at South Shore Natural Science Center, 48 Jacobs Lane, Norwell. Join Miss Jen in a circle time to share stories, songs and finger plays about a variety of nature themes. Enjoy games, movement, and a craft as we explore animals and nature. Fee: \$10 Member; \$13 Non-Member per class. 781-659-2559 or www.southshorenaturalsciencecenter.org.

Open mike with Erin Dale and Mark Darling at Wildflower Café & Tavern, 8 Chestnut St., Duxbury, 781-934-7814, wildflowercafe.us/

Cheryl Aruda on vocals with The Willie J Laws Band. Followed by open mike with Willie J Laws. Jammers invited and welcome. Free pizza. Free pizza at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

Mark T. Small performs at 7 p.m. every Thursday at New World Tavern, 56 Main St., Plymouth, 508-927-4250.

Mark Purcell performs at the British Beer Company, 6 Middle St., Plymouth, 508-747-1776, www.britishbeer.com.

Jeff Hilliard performs at the British Beer Company, 6 Middle St., Plymouth, 508-747-1776, www.britishbeer.com.

Karaoke w/Liz Solomon at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, www.britishbeer.com. The Joneses at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999 or visit www.britishbeer.com.

Text request dance party with DJ Skip, 9 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth. 508-591-8393.

FRIDAY, APRIL 10

Book Sale at the Ventress Memorial Library, 15 Library Plaza, Marshfield from 10 a.m. to 2 p.m. 781-834-5535 and visit www.ventresslibrary.org.

African Children's Choir will perform at 7 p.m. today and tomorrow at the Performing Arts Center at Plymouth North High School, 41 Obery St., Plymouth. Tickets for the concerts are \$12. Proceeds benefit the ACC, which utilizes music to provide food, shelter, education, and medical relief to children in need in Africa. All seating is reserved this year and must be purchased online. Friday night tickets may be purchased at www.eventbrite.com/e/african-childrens-choir-friday-tickets-15587373253, while Saturday night

tickets may be purchased at www.eventbrite.com/e/african-childrens-choir-saturday-tickets-15621091104. Those requiring handicapped seating should call the Plymouth VPA office at 508-830-4469. For more information, visit www.sscmusic.org/pure_treble.html.

Spirit medium. Heidrea for Heroes will hold a fundraiser. "The Gift Beyond: An Evening with Spirit Medium Marybeth Sheehan," at 7 p.m. at the Adams Center, 33 Summer St., Kingston. During the evening. Sheehan will channel her gifts of afterlife connection to offer audience experiences. Tickets are \$35 per person and are available at www.heidrea4heroes.org/events or by calling 774-773-3951. Tickets are limited and not every person is guaranteed a reading.

Performathon - Kids Helping Kids fundraiser hosted by South Shore Conservatory and Barnes & Noble in Hingham at the Derby Street Shoppes from 4 to 9 p.m. Performathon participants perform in hourly "sets" throughout the day. Audience members stay for one, two or more "sets," and have time to browse the aisles of Barnes & Noble. Performances include solo and chamber pieces on piano, saxophone, flute, trumpet, guitar, oboe, clarinet, percussion, violin, viola and cello, as well as voice. Audience members, parents and friends of SSC are encouraged to lend their support by sponsoring a Performathon participant. Donations and pledges can also be made online at www.sscmusic.org/Performathon.html.

South Shore artists Donna Ingemanson and Trish Berube exhibit new works at the James Library & Center for the Arts, 24 West St in Norwell during the month of April. The public is invited to the free opening reception tonight from 6 to 8 p.m. Art Gallery hours are Tuesday - Friday 1-5 p.m. and Saturday 10-1 p.m. Paintings are available for purchase with a portion of the proceeds to benefit the non-profit James. 781-659-7100. visit www.jameslibrary.org.

Hanover pianist Allison Barr and James piano instructor Janna Bruene present "Chopin: Poet of the Piano" at the James Library & Center for the Arts, 24 West St. in Norwell at 7:30 p.m. This free lecture/recital will focus on the works by Frederic Chopin. Free. Sponsored by the Stewards of the Steinway.

Annual Scituate Arts Association (SAA) Juried Show, open to all artists, to be held at the Front Street Art Gallery from April 1 through Sunday, April 19. A First Friday reception will take place from 6:30 to 9 p.m. Friday, April 10. Awards and Reception will take place Friday evening, April 10 from 6:30 to 9 p.m. One \$500 prize for Best-in-Show will be awarded. An additional \$1000 in prizes will be given out.

Matt Stubbs Band at Next Page Café, 550 Broad St., Weymouth, 781-340-1300.

The Waves at Players Sports Bar & Grille, 86 VFW Drive, Rockland, 781-681-9999, southshoresportsbar.com

Afterthought at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, www.britishbeer.com.

The Force at Venus III, 252 Main St., Hanson. 781-293-0000, venus3.com.

John Foster at The Meadow Brook, Hanson, 1486 Main St., Route 27, Hanson, 781-293-7900, meadowbrookhanson.com.





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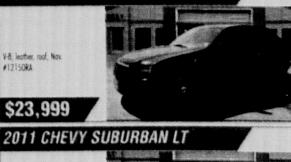
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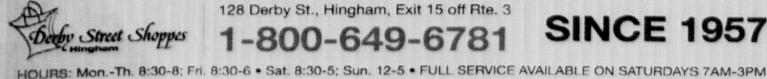
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